

# A PLACE FOR CHANGE

Cenikor Foundation | 2015 Annual Report



**CENIKOR**  
A PLACE FOR CHANGE  
Better Health. Better Lives.

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## CENIKOR FOUNDATION

Cenikor is committed to helping people with behavioral health issues and addictions by providing a full continuum of care. Cenikor has a variety of programs including short-term and long-term inpatient programs, detoxification, outpatient and intensive outpatient services. Cenikor also provides adolescent short-term inpatient treatment, outpatient and intensive outpatient care.

Cenikor Foundation is one of the oldest and most successful substance abuse treatment organizations in the nation with services throughout Texas and Louisiana. Since 1967, Cenikor has expanded to assist approximately 1,000 people a week achieve better health and better lives.

Cenikor Foundation is a 501(c)(3) non-profit organization, dedicated to providing quality behavioral health care services to the communities we serve.

## MISSION

Cenikor. A Place for Change. Providing a Foundation for Better Health and Better Lives.

## VISION

Cenikor will be a leader in providing quality behavioral health care services in the communities we serve through a continuum of care for adults and adolescents.

## CORE VALUES

Health and Wellness | Education | Recovery | Work  
Faith | Respect and Accountability

# LEADERSHIP

## NATIONAL BOARD OF DIRECTORS

Michael D. Viator, Chair  
Dee Murray, Secretary  
Keith D. Peterson, Treasurer  
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William Grinnan, Jr.  
Alex Howard  
Marianne Marcus, Ed.D., RN, FAAN  
Senator Willie Mount  
Abelino Reyna, J.D.  
Lynn Sherman, J.D.

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Stephen Bloom, Ph.D.  
Robert Sutter  
Captain Reeves R. Taylor  
Ellis L. Tudzin

## ADVISORY BOARDS

### Baton Rouge

Charles W. Lamar, III  
Kenneth Reed, Ph.D.  
Richard Stiltner, Ph.D.  
Susan Thornton, Ed.D.  
Mae Belton, BSN, RN  
Eric Bertolet  
Miles Williams  
Alison Walker

### Fort Worth

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Ross Taylor  
Scott Jones  
Stephen Gebren

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Tanner Bailey  
Kelty Baker, M.D.  
David Berrier  
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Diana Burney  
Howard Bushart  
Brian Daigle

Sherrie Johnson  
Becky Khan  
Marianne Marcus, Ed.D., RN, FAAN  
Dee Murray  
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Andy Stewart  
Tom Stewart  
Ralph Valdez

### Odyssey House

Oscar Bukstein, M.D., MPH  
Marianne Marcus, Ed.D., RN, FAAN  
Dee Murray  
John O'Neill, LCSW, LCDC, CSAT, CAS  
Keith D. Peterson  
Jean Trebus  
Michael D. Viator  
Susan Wolff, LCDC

### Waco

Abelino Reyna, J.D.  
Bruce Neatherlin  
Preston Dyer, Ph.D.  
David Pooler, Ph.D.  
Martie Sauter  
Paul Gonzales  
Teri Holtkamp

## SENIOR MANAGEMENT STAFF

### Corporate

Bill Bailey,  
*President/CEO*  
Jerry Hall, LCSW, LCDC,  
*Senior Vice President*  
Kellee Webb, SHRM-SCP, SPHR,  
*Vice President, Human Resources*  
Matt Kuhlman, *Assistant Vice President, Accounting & Finance*  
Reyna Bouchard-Kilp, RN, CARN,  
*Senior Director of Ambulatory Detox & Outpatient Services*  
Kim Smart, M.A., *Director of Business Development & Marketing*  
Nora Belcher,  
*Director of Development*  
Melissa Garcia-Martinez, *Director of Payor Relations & Access Center*  
Brandi Dunning, M.A., LPC, *Director of Quality Assurance & Compliance*

### Baton Rouge

#### Long-term Facility

Dennis Forrest, M.A., LCDC,  
*Facility Director*

#### Care Counseling Services

Treniece Landry, M.A., CAC,  
*Outpatient Manager*

### Houston

#### Long-term Facility

Eugene Hall, LCDC,  
*Facility Director*

Dwayne Parr,  
*Senior Manager*

#### Detox/Short-term Residential Facility

Jacyl Calico, B.S., LCDC,  
*Senior Manager*

#### Odyssey House Adolescent

Nicole Huff, LCSW,  
*Facility Director*

### Fort Worth

#### Long-term Facility

Don Goad, LCDC,  
*Senior Manager*

### Killeen, Temple, Waco

#### Care Counseling Services

Nick Vache, B.S., LCDC, SAP,  
*Senior Outpatient Manager*

### Tyler

#### Detox/Short-term Residential Facility

Jessica Medcalf, MS, LCDC, CART,  
*Facility Director*

#### Care Counseling Services

Derrick Lott, LCDC,  
*Outpatient Manager*

### Waco

#### Detox/Short-term Residential Facility

Eric Jeter,  
*Senior Manager*

#### Care Counseling Services

Linda Rodriguez, LPC, LCDC,  
*Outpatient Manager*



## LETTER FROM THE PRESIDENT

Six years ago our leadership team, Board and staff began to craft a sustainable vision for expanding our services. I'm proud to say that during that time, we have more than doubled the number of people we serve.

Our business plan now includes an expanded list of third party payors, state funding, Medicaid, self-pay and indigent care because we never want the inability to pay to be a deterrent to a healthy life. Nor do we want location to be an issue. Our staff has created a satellite service model that takes outpatient individual and group counseling opportunities to underserved rural communities. We are in four communities now and expanding rapidly. Both of these models contribute to our success today and into the future.

Our family of services — an exceptional continuum of care — allows us to meet our clients where they are, whether they need detoxification, short- or long-term programs, outpatient services or workforce development. This year, we opened a facility in Tyler to offer detox, short-term residential and outpatient care. In the first part of 2016, we'll open a similar program in Austin.

There's no doubt our services are needed more than ever before. Cenikor will continue to grow to meet the needs of communities that are losing services or require additional ones.

On daily newscasts, we see the destructive consequences of addiction and mental health problems play out across the nation. Approximately 85 percent of our clients deal with mental health issues, as well as substance use disorders. Substance abuse and mental health issues not only impact the health, relationships, and employment of affected individuals, but these issues have cascading effects on their families and communities as well. By providing resources to help individuals with substance abuse and behavioral health issues attain and sustain a successful recovery, Cenikor changes lives and in doing so, provides exponential benefits to society. Every day, Cenikor helps real people with real families living in real communities. I'm very proud of this and I think you can be too.

In this report, along with the stories shared by our clients, you'll also hear from their family members. Each story is different, but they all agree: recovery isn't easy, but it's certainly worth the effort.

Thank you for the part you play.

Bill Bailey  
President/CEO



## LETTER FROM THE CHAIRMAN

Cenikor is a “bullet train”— you know, high speed with a well-considered course to reach our destination. Really, metaphors are helpful to understand trajectory, but they don’t do enough to explain the gravity. Consider that growth is sometimes the “death knell” of an organization because planning does not correspond with aspirations, and they end up having operational, financial or regulatory problems.

Cenikor considers growth to be a critical and essential process rather than a lucky anomaly — that is to say a strategic process, with every step of the process carefully considered: community need, available real estate, staffing, finance, and board representation.

In the last fiscal year, Cenikor opened a new facility in Tyler, Texas and acquired the real estate to open another location in Austin. We also registered growth in our non-traditional outpatient and adolescent treatment services. In every place we’re able to open a facility, we are helping people, and we’re doing so in cooperation with these communities. Initially, communities don’t know what to expect, as drug and alcohol treatment conjures up images that if true, would indeed blight a neighborhood. Fortunately, in every instance, we become a vital part of these communities because the burden of NOT having treatment available is a far worse circumstance.

Our goal is to be a positive community partner — pairing the mission to help individuals who fundamentally contribute to the communities they live. This is an organization that seeks to draw out the best in people, and give them the tools to capitalize on those strengths. When we enter a community, it is critical for us to have all the tools in place to ensure success: a safe and sound facility; a capable staff at the local level; a capable staff at the executive level; business partners who actively employ clients as they progress in their treatment; adequate funding; and local board representation, because local board members know the community — its leaders, and its customs and norms.

How are we doing? The proof is in the tally of people we help, and that number continues to grow every year. Our staff and our board growth is commensurate with our territorial growth, and Charity Navigator just awarded Cenikor another much coveted four star rating — in short, I think we’re on track and I am very, very proud of the committed people at all levels of the organization who make it happen.

Mike Viator  
Chair, National Board of Directors



*“In this world you’re either growing or you’re dying so get in motion and grow.”*

*- Lou Holtz*

*Imelda met Daniel just prior to his graduation from Cenikor, so she never saw him in his addiction. Still, she knows recovery can be a struggle. "I sometimes have doubts and concerns, but we share a faith in God and connection with our church. It helps to be accountable to couples in our church family. And volunteering focuses our attention on helping others. I often thank Daniel for choosing God and family over drugs. He's willing to acknowledge issues that arise and work on them. I love that about him."*

**Imelda T., wife**



## **TESTIMONIAL FROM DANIEL T. FORT WORTH LONG TERM FACILITY**

When Daniel T. found his way to Cenikor's Fort Worth Facility in February 2011, he was relieved. "I knew I had a long time to focus on becoming the man I wanted to be: a good father, husband and son." The road to Cenikor had been rough.

In Michigan, Daniel learned to party, found a good job, married and had a child. When his marriage ended in divorce and his ex-wife and son moved to Texas, he covered the pain with drugs. "My family was the only thing holding me together. When they moved, I gave up."

"I knew I'd die or go to prison. I was stealing and dealing some, so it was just a matter of time." He hopped on a bus bound for Texas.

He lived in a shelter in Arlington until he got a job and moved into a motel closer to work. Unfortunately, a crack cocaine dealer lived on one side of him, a heroin dealer on the other. Within a few months, he wasn't working. Arrested for stealing food, Daniel landed in the Tarrant County jail where a cellmate told him about Cenikor. But Cenikor turned him away — there was an outstanding warrant in Michigan. He turned himself in, got the charges dropped, then came back to Texas, straight to Cenikor.

"I had no idea what I was getting myself into," he said, "but I knew I wanted to change and embraced the program. The highlight was working with Dennis Forrest in Outreach. He became a mentor, and we still talk."

Today, Daniel is the man he set out to be. He's married, expecting a baby and rebuilding a relationship with his 10-year-old son. He has a job he loves and has bought a home.

"I never thought I could be where I am today. If I'm having a bad day, I go back to Cenikor and remember what's important."

# CENIKOR GROWTH PROVIDES NEW HOPE

*On an individual level the cost of addiction is high: a life not fully lived.*

*Families pay the cost too in the form of broken promises, unfulfilled dreams and, in some cases, neglectful or abusive relationships.*

Societal costs are considerable. Substance use and mental health disorders play a significant role in community and national concerns regarding poverty, homelessness, unemployment, crime and healthcare.

According to the National Institute on Drug Abuse (NIDA), substance abuse costs the nation \$484 billion each year. This is compared to annual expenditures of \$131.7 billion for diabetes — and \$171.6 billion for cancer-related care. Incarceration claims a sizable portion of the total price tag. The NIDA reports that 60 percent of adults in federal prisons are there as a result of drug-related crimes.

Treating substance abuse and mental health issues is complex because of the intricate relationship between the two issues. For example, substance abuse exacerbates anxiety or depression; just as mental illness can result in self-medicating with alcohol or drugs.

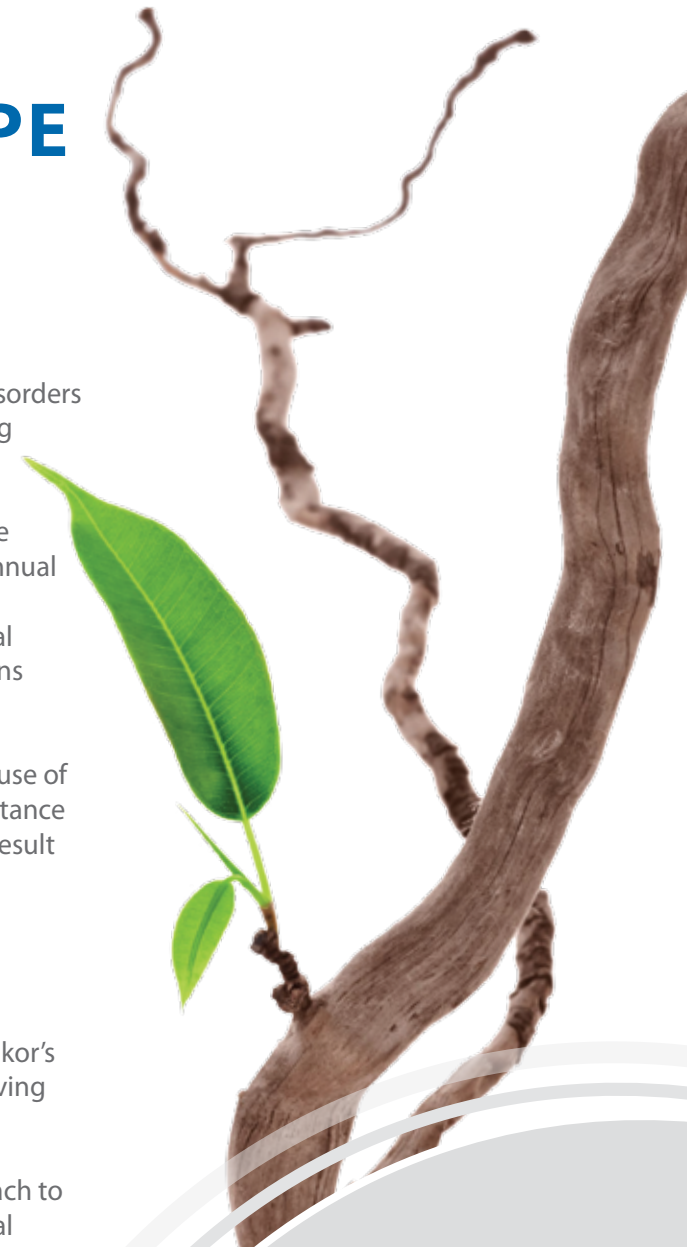
Cenikor Foundation understands the complexities of treatment.

*"In our 48-year history, we have kept our commitments of providing services that help individuals and communities,"* said Bill Bailey, Cenikor's President/CEO. Now, more than ever before, the Foundation is receiving political support at the local, state and national levels.

*"We are seeing broad support from all parties for our holistic approach to recovery,"* he said. *"We are also encouraged by healthcare and mental health providers and are diligently working with them to add and expand services."*

One of Cenikor's many friends and supporters, David Vitter, the senior U.S. Senator from Louisiana, has co-sponsored legislation to overhaul and strengthen America's mental health system. He has lauded Cenikor as a "model for the nation, focusing on work, faith, safety, sobriety and personal accountability."

The need is great. For example, recent SAMHSA (Substance Abuse and Mental Health Services Administration) statistics show that in Louisiana alone, 95,000 individuals 12 or older were dependent on or abused illicit drugs in the prior year. Cenikor is available to help these individuals turn their lives around. As Vitter says, "Cenikor gives people new hope, and recovery emerges from hope. Hope is the catalyst for a better future. Cenikor is there helping hundreds of Louisiana citizens rebuild themselves, their families and communities."



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*- David Vitter, U.S. Senator*



## TAKING HELP WHERE IT'S NEEDED

As in Louisiana and nationally, the need in Texas is also great. An estimated 8.9% of adults in Texas are alcohol or drug dependent and in need of treatment. For this reason, Cenikor has continued to expand throughout Texas, opening new facilities and offering outpatient treatment in rural locations. This year, Cenikor opened a 30-bed facility in Houston and a 32-bed facility in Tyler, Texas, that offer medically supported detox, short-term residential and outpatient services. Both are seeing steady growth. A similar facility will open in Austin in early 2016. "The communities are working with us," said Senior Vice President Jerry Hall, LCSW-S, LCDC, "and eager to make referrals."

*"Cenikor can make a difference in our community. It can keep people alive."*

*- Ed Moore, Tyler City Council member*

There's no shortage of substance use and mental health disorders in small towns, but there is a shortage of providers. Cenikor created a satellite model that takes outpatient services to smaller communities. Counselors are available to conduct six-week group sessions.

"The need is there," says Nick Vache, Senior Outpatient Manager at Cenikor, "but it can be hard for people to get to cities where services are provided. We are going where the need is."

"People from these communities come to our residential programs," says Jerry Hall. "Then they travel long distances for follow-up outpatient services. Now we take it to them."

Satellite outpatient facilities are currently located in seven Texas towns — with more locations to be added.

Additionally, returning to a home environment isn't always an option for people whose sobriety is new. Cenikor's sober house in Waco provides stable housing for a successful transition. Female residents have a safe place to live for four to six months as they work, learn to live independently and practice the tools of success.

## SUPPORT FROM THE COMMUNITY

The new Tyler and Austin facilities are based on the model of Cenikor's successful Waco facility, which has received strong support from Waco and the surrounding community. Waco Mayor Malcolm Duncan Jr. says, "Cenikor does an excellent job of communicating with the community as evidenced



by the number of supporters at Cenikor's 2015 annual recovery luncheon, as well as the wide range of referring agencies."

Cenikor is regarded as a good neighbor, says Bill Bailey, Cenikor CEO. "We sometimes encounter resistance at first, but our clients are only interested in recovery. Once we open, local residents don't even notice us."

For every community member who worries that a treatment center or sober house can be problematic, there are many who understand the importance of second chances.

Ed Moore, Tyler City Council member, was ready to welcome Cenikor to the neighborhood. "People are afraid of the unknown," he told us. "I was eager to convince our citizens that Cenikor would be good for Tyler. There is a huge need for affordable treatment here and throughout the county. Cenikor gives the area what we have been lacking. Cenikor can make a difference in our community. It can keep people alive."

## TREATMENT VS. INCARCERATION

More and more people in the legal system are recognizing the effectiveness of offering offenders an opportunity for treatment rather than prison. Baton Rouge Facility Director Dennis Forrest, MA, LCDC, sees the benefits. "A judge once told me there are two types of offenders: criminals who start young and become addicts and addicts who commit crimes to support their addiction. Addicts can't work, but they need money."

The problem isn't isolated to adults. Nick Vache, who works with Cenikor's adolescent population, says, "Roughly 70-80 percent of the criminal activity we see is related to possession or crimes committed while under the influence."

"Treatment is less expensive than incarceration for a couple of reasons," Forrest said. "It's less of a drain on state budgets, and it returns the offender to society as a contributing member. Incarcerated people aren't supporting a family or the community."

"We can help people get clean and reinvent themselves."

## RE-BUILDING FAMILIES

Family counseling plays an important role in the recovery process. Vache maintains, "We must look at the family as a system and educate everyone if we're going to help the individual make strides. Blaming and shaming only lead to relapse. Families learn to support and encourage sobriety."

Changing patterns is important for everyone. Forrest saw evidence of this when he attended his first Cenikor graduation. "A new graduate looked at her daughter sitting in the audience and said, 'You have your mother back.' It doesn't get any better than that. One person who changes affects so many others in their families and communities. It begins to happen when he or she decides, 'I'll do whatever it takes.'"

*"A new graduate looked at her daughter sitting in the audience and said, 'You have your mother back.' It doesn't get any better than that. One person who changes affects so many others in their families and communities. It begins to happen when he or she decides, 'I'll do whatever it takes.'"*

*- Dennis Forrest, Baton Rouge Facility Director*



**J**essica knew Daniel used drugs when she married him 10 years ago, but she never expected it to be so damaging. "It was a bad season in our lives, a nightmare, awful. We never knew which personality to expect from him. He sometimes disappeared for days. I was ready to give up. Now, healing between us is an ongoing process, but life is so much better. This is the longest I've ever seen him sober. He's happy. The kids know they have a dad and that he will be there for them."

*Jessica R., wife*



## TESTIMONIAL FROM DANIEL R. WACO SHORT TERM FACILITY

Daniel R. discovered alcohol and weed in middle school. By 16, he was dealing. He also had his first child, but he was abusive to his girlfriend, Jessica, and not a good father.

Soon after, when Jessica was pregnant with their second daughter, Daniel spent seven months in jail for theft. Once out, he violated his probation and went back for another 13 months. And so it went for several years. He and Jessica tried to be a family. Daniel found and lost jobs, and he found his drug of choice — crack cocaine. When their third child, a son, was born, they married.

At one point, Daniel dedicated his life to Christ. By now, there were four children, and the whole family was active in church. Daniel stayed sober for two and a half years. "I was dry, but not in recovery," he said. "Underneath it all, I was consumed with anger." When he got in a fight and lost his job, Jessica was through. She wanted a divorce. He relapsed.

"I couldn't manage. I lost my dignity." Friends took him to Cenikor's Waco Facility and told him, "If anyone can make it, you can. Be honest with these people, but more important, be honest with yourself."

"The thought of drinking and drugs went away," Daniel said. "That was God. I was introduced to AA and found a sponsor who walked me through the steps. I could relate to my counselors and others in Cenikor. I learned to love myself again."

Since Cenikor, Daniel has remained active in AA; he and Jessica received marriage counseling through their church; and he started a prayer ministry at Cenikor. Sober for 18 months, he's part of his family again. "It's been a journey. Not everything is perfect, but in the end, we love and encourage each other."

"Cenikor gave me time. They showed me that I don't have to be defined by who I was. I am defined by who I am today."

## EMPOWERED BY WORK

Texas Senator Larry Taylor, District 11, a supporter of Cenikor, says that Cenikor's "innovative workforce training model ... empowers individuals to develop work skills and career paths, reducing one of the greatest obstacles persons in recovery face." The Cenikor model, he says, "should not only be recognized but replicated."

In its decades of perfecting long-term treatment, Cenikor has become expert at applying workforce solutions to helping rebuild lives. Cenikor has built on and uses that expertise in its subsidiary, Trusted Employment Solutions (TES), to provide comprehensive support — work and life skills, transportation and education — for anyone with obstacles to employment.

Cenikor partners with service providers to offer pre- and post-placement support, job coaching, social service referrals, and places participants in a position with one of its growing number of business partners. The program is available to everyone, whether or not they are involved in a Cenikor recovery program.

## HOPE FOR A BETTER FUTURE

Recovery requires a determination to make a change. At Cenikor, the recovery process begins when a call is placed to our Access Center — 1.888.CENIKOR.

Cenikor's Access Center is a busy place. From 7 a.m. to 7 p.m., a concierge answers all calls and, in less than a minute, provides initial information and match callers with the specialist best able to provide assistance. The Access Center was recently expanded and streamlined, helping us to improve efficiency and reach more individuals. In FY2015, the Access Center handled 24,306 calls.

Callers aren't always the person in crisis. They may be referring partners or family who research solutions, often making several calls to the Access Center, as they develop a plan and reach out for tools and resources to help the affected person.

Access Center specialists offer information and encouragement needed until the potential client is ready for help. Availability is essential, but compassion is the access specialists' greatest strength, and seeing someone enter treatment is their highest reward. It's the beginning of providing hope for a new and better future.



*"In our 48-year history, we have kept our commitments of providing services that help individuals and communities."*

*- Bill Bailey,  
President/CEO*

## TRUSTED EMPLOYMENT SOLUTIONS

Trusted Employment Solutions (TES) is a non-profit staffing agency that places individuals in a job where they can earn a living wage, and also provides access to additional outside resources, services and referral agencies to be successful in the workplace.

### TES MISSION

- Deliver value to client businesses.
- Promote workplace success for individuals with barriers to employment.
- Raise standards for sourcing entry-level workers (TES associates).



Stacey Kerek, *Business Development Manager*  
Kristen Sandberg, *Recruiting Manager*  
Gayle Maza, *Administrative Assistant*

**713-395-3178**  
**[www.trustedjobs.org](http://www.trustedjobs.org)**





Cenikor's family of services provides an impressive continuum of care, from help with symptoms of withdrawal through assistance with employment once our clients gain sobriety. Cenikor's promise that "we meet our clients where they are" speaks to our services available at every stage of the recovery journey.

## FAMILY OF SERVICES

### ADULT INPATIENT PROGRAMS

#### Detoxification

Medically supported detoxification stabilizes clients going through active withdrawal symptoms associated with substance abuse. Professional assistance is especially important in this critical period.  
*In Texas: Houston, Tyler, Waco*

#### Short-term inpatient

Our short-term inpatient facilities provide non-emergency care and treatment for people with substance use and mental health disorders. Comprehensive, individualized treatment plans include individual and group counseling, education for gender-specific issues, life skills training for clients and education for family members.  
*In Texas: Houston, Tyler, Waco*

#### Long-term inpatient

The long-term program is designed for people who are physically ready, mentally capable and willing to participate in all aspects of the recovery program, including education and workforce development. Cenikor's inpatient therapeutic community model uses peer influence and clinical counseling to help residents change attitudes, behaviors and perceptions associated with substance use disorders. The program lasts approximately 18 to 24 months.  
*In Louisiana: Baton Rouge • In Texas: Houston, Fort Worth*

#### Sober house

Sober houses provide stable, secure and structured housing for clients who complete short-term treatment and need a structured environment as they gain independence. Clients pay below-market rent and are expected to be employed or find employment within 30 days.  
*In Texas: Waco*

## OUTPATIENT PROGRAMS

### Outpatient counseling

Care Counseling Services are outpatient programs that provide mental health and recovery services to adolescents and adults on an individual, group and/or family basis. Licensed clinical staff provide comprehensive services, including screening, assessment, early intervention, issue-specific classes, recovery after-care services and more.

*In Louisiana: Baton Rouge · In Texas: Killeen, Temple, Tyler, Waco*

### Specialized adolescent outpatient counseling

Licensed clinical counselors conduct six-week evidence-based outpatient group counseling programs for adolescents and their families. This satellite model, created by Cenikor, makes recovery services available in underserved communities.

*In Texas: Cameron, Franklin, Gholson, Henderson, Hillsboro, Marlin, Marshall, Tyler with future sites in central Texas, East Texas and the surrounding-Houston area*

## ADOLESCENT INPATIENT PROGRAM

Odyssey House Texas provides intensive inpatient treatment and outpatient programs that focus on recovery for adolescents, ages 13-18. Residents learn how to live with structure as behaviors and attitudes are addressed by peers and counselors. In addition to individual, group and family therapy, teens continue their education and learn how to have fun in a sober environment.

*In Texas: Houston*



## PURSUING EXCELLENCE

This past year, Cenikor was repeatedly recognized for excellence:

- 4-star rating for the fifth consecutive year, an honor that only 5% of charities receive nationally. — *Charity Navigator*
- 3-year renewal accreditation by the Commission of Accreditation of Rehabilitation Facilities — *CARF*
- 2015 Best Companies to Work for in Texas — *Texas Monthly*

**T**he highest accolades we receive are from our clients — the testimonials you'll read in this report — and hundreds of others.



**D**eEllen is happy to have her daughter at home again. She's especially grateful for family counseling at Odyssey House. "Seeing what Sara went through hurt all of us," she said. "But it also brought us closer. Counseling opened my eyes and helped us start a deeper conversation. I learned how to really talk to my child, how to help her make choices and how to be involved in her recovery."

*De Ellen, mom*



## TESTIMONIAL FROM SARA M. ODYSSEY HOUSE

Sara describes herself as outgoing, a giver, a big ball of energy.

Maybe she always needed to push the envelope. She started drinking when she was 12. By age 13, she and her friends were drinking every weekend. Her circle had access to plenty of alcohol and cars, so they partied hard. "It was how we had fun," she said.

She and her mother clashed, so Sara moved to live with her dad. Things were great for a while. He kept a refrigerator full of beer in the garage. Perfect! But if he found her sneaking it, he grounded her – for months. Not good. Still, she found a way to get what she needed: weed, uppers and coke.

One morning she took a water bottle full of vodka to school. She passed out before third period and failed a sobriety test. This stunt led to an introduction to a wise probation officer (PO). Sara continued to use, and it wasn't long before the PO offered an ultimatum – Odyssey House Texas or juvie. "I didn't care," she said. "I planned to do my time, then get out and do what I wanted."

At first, Sara thought Odyssey House was a waste of time. She didn't relate to the other kids, and thought the program was stupid. "After three weeks, I woke up and thought, 'This can change my life.' Without the drug mindset, I became more aware, more motivated. I learned that sobriety has to come first for me to accomplish what I need."

"The staff helped me so much. They saw straight through the bull. My counselor was great. She was always straight with me."

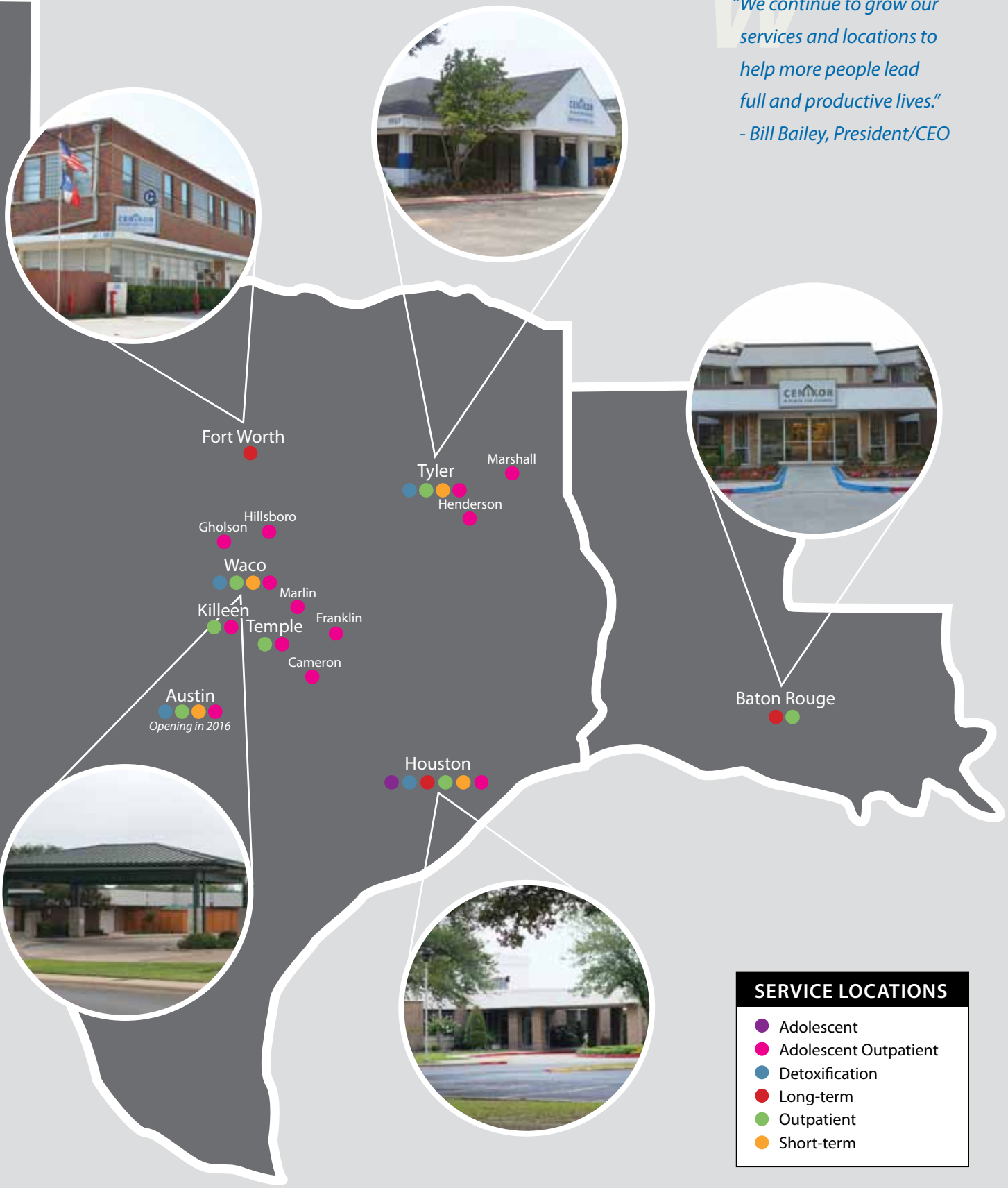
As a new graduate of the program, Sara is still feeling her way. She's living with her mother again. Her days are full of school, recovery meetings, caring for horses, practicing barrel-racing and carefully choosing new friends. "It's a lot to take in, but that's what I need."



*Upon completion of the program at Odyssey House, adolescents have an opportunity to leave their mark on the wall, and sign and date when they graduate.*

# FAMILY OF SERVICES

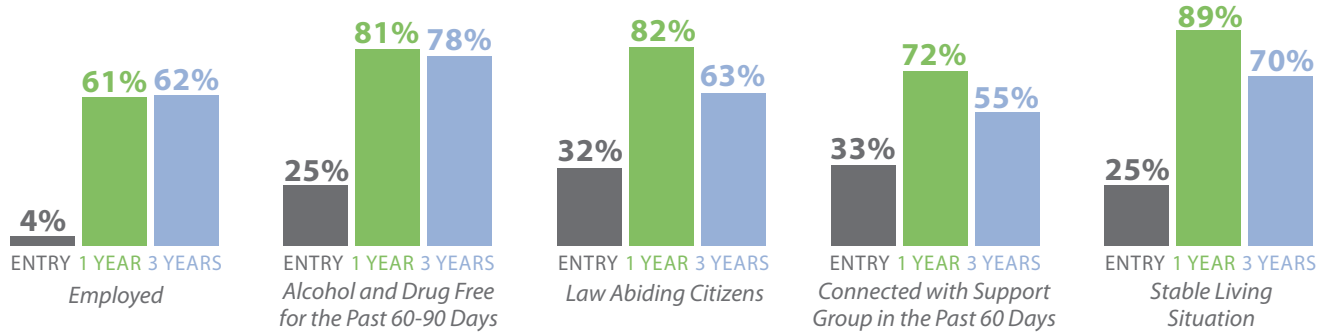
*"We continue to grow our services and locations to help more people lead full and productive lives."*  
 - Bill Bailey, President/CEO



# PROGRAM OUTCOMES

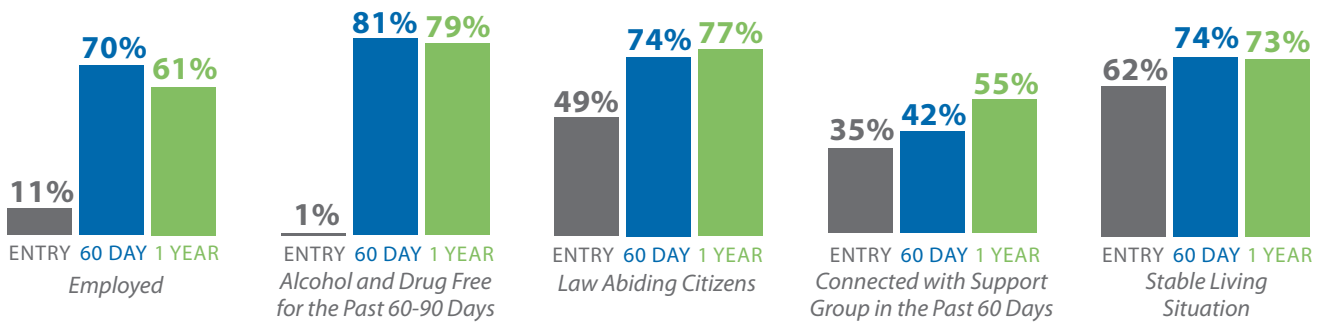
## LONG-TERM PROGRAMS

Data from graduates of the program between July 1, 2014 to June 30, 2015.



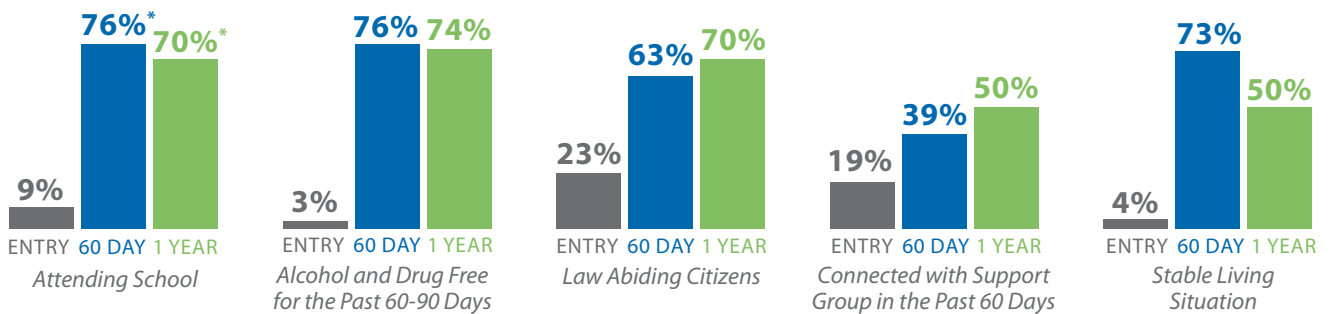
## SHORT-TERM PROGRAMS

Data from graduates of the program between July 1, 2013 to June 30, 2015.



## ADOLESCENT PROGRAM

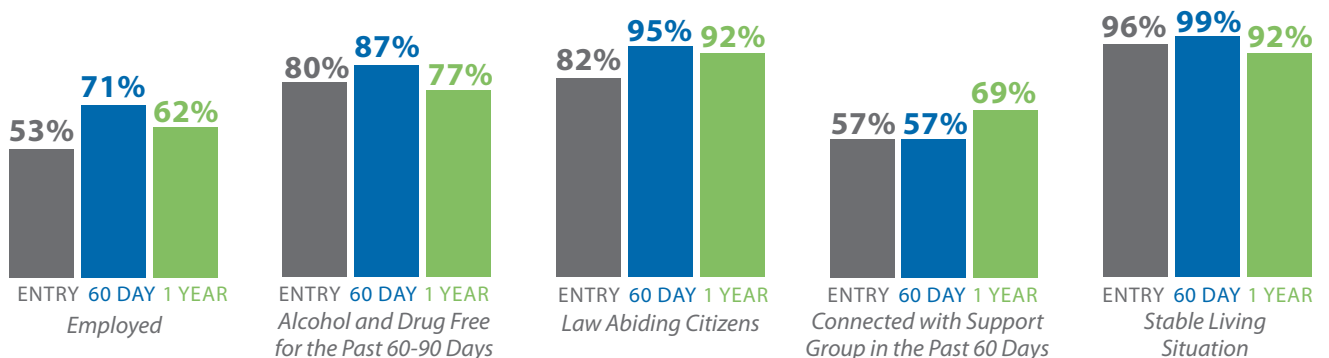
Data from graduates of the program between July 1, 2013 to June 30, 2015.



\*Adolescents who have graduated are not reflected in the numbers for school attendance.

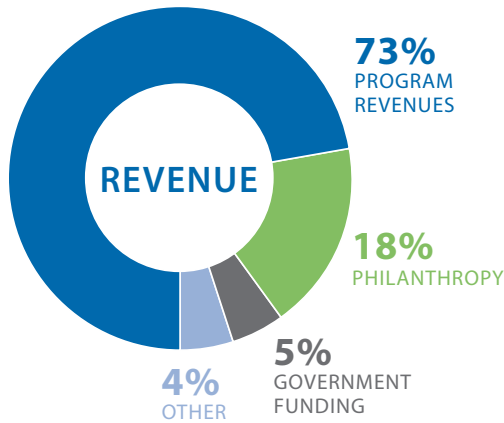
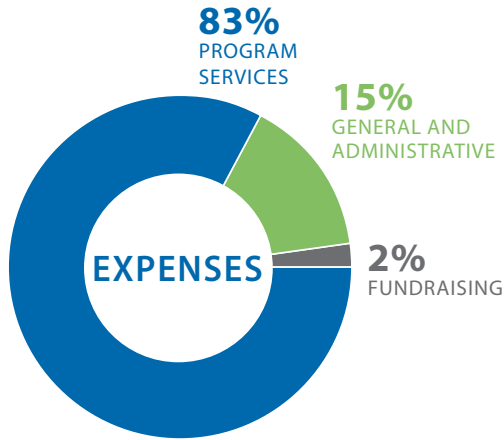
## OUTPATIENT PROGRAMS

Data from graduates those who completed the program between July 1, 2013 to June 30, 2015.





# CENIKOR FINANCIALS



Since 2010, Cenikor has had a 171 percent increase in revenue and a 67 percent increase in expenditures. In the past 5 years, Cenikor has also seen a growth in its employees by doubling in size.

## STATEMENT OF ACTIVITIES

(Unaudited)

|                                |                      |
|--------------------------------|----------------------|
| Total Revenues                 | \$ 16,339,503        |
| <b>Expenses</b>                |                      |
| Program Services               | \$ 12,424,763        |
| General & Administrative       | \$ 2,217,161         |
| Fundraising                    | \$ 374,551           |
| <b>Total Expenses</b>          | \$ 15,016,475        |
| Total Change in Net Assets     | \$ 1,323,028         |
| Nets Assets, Beginning of Year | \$ 13,105,661        |
| <b>Net Assets, End of Year</b> | <b>\$ 14,428,689</b> |

## COMMUNITIES MAKE A DIFFERENCE

Become a **business partner** and employ our residents and graduates. 88 percent of long-term graduates are hired by our business partners.

**Donate money**, personal hygiene products, clothing, paper goods or office supplies.

**Volunteer or register for our annual events** including awards luncheons, golf tournaments and our sporting clay shoots.

Become a **mentor or tutor** to a resident or teach a skill or class.

**Tell others** about Cenikor's programs and recovery process.

*Your support is vital to our mission.*

*The donations and involvement from individuals, worship centers, businesses and foundations help change lives.*



# TREATMENT DEMOGRAPHICS

## LONG-TERM INPATIENT

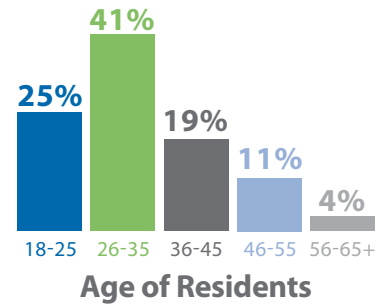
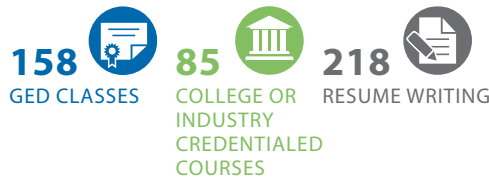
1,312 clients sought long-term treatment from July 1, 2014 to June 30, 2015.

### Gender

**82%** MALE  
**18%** FEMALE

### Education

Number of individuals who were working on their education and work skills while treatment.



## SHORT-TERM INPATIENT

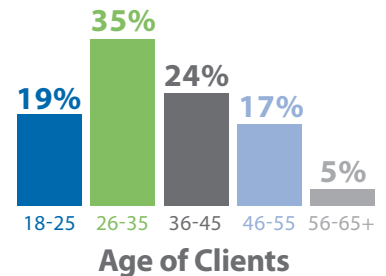
1,661 clients sought detox/short-term treatment from July 1, 2014 to June 30, 2015.

### Gender

**60%** MALE  
**40%** FEMALE

### Education

Cenikor offers opportunities for clients to learn about employment, education and workforce training while receiving treatment. We also provide a library with more than 300 books and magazines that encourage them to learn something new. Cenikor partners with local community resources to offer assistance with resume writing, interviewing, employment opportunities, health screenings and physical fitness activities.



## ADOLESCENT INPATIENT

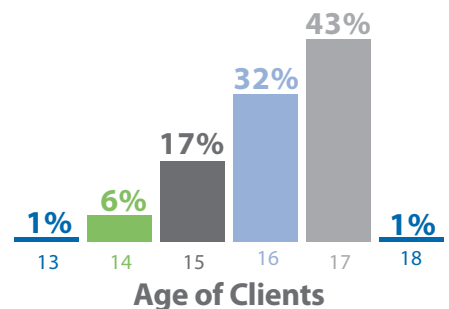
240 adolescents sought treatment from July 1, 2014 to June 30, 2015.

### Gender

**77%** MALE  
**23%** FEMALE

### Education

Through our partnership with Houston Independent School District, we are proud that our adolescent clients are able to work on their education and learn about job and other educational opportunities while receiving treatment.



## OUTPATIENT

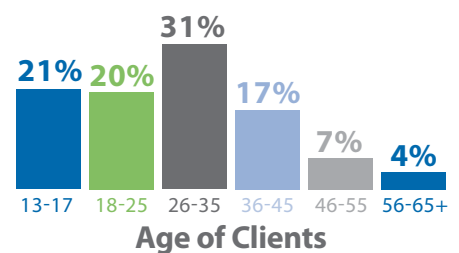
909 clients sought outpatient services from July 1, 2014 to June 30, 2015.

### Gender

**57%** MALE  
**43%** FEMALE

### Education

Cenikor encourages clients to actively pursue education, employment and training opportunities to increase their ability to provide for their families and be contributing members of their communities. We refer clients to local community resources that assist them with a multitude of available services.



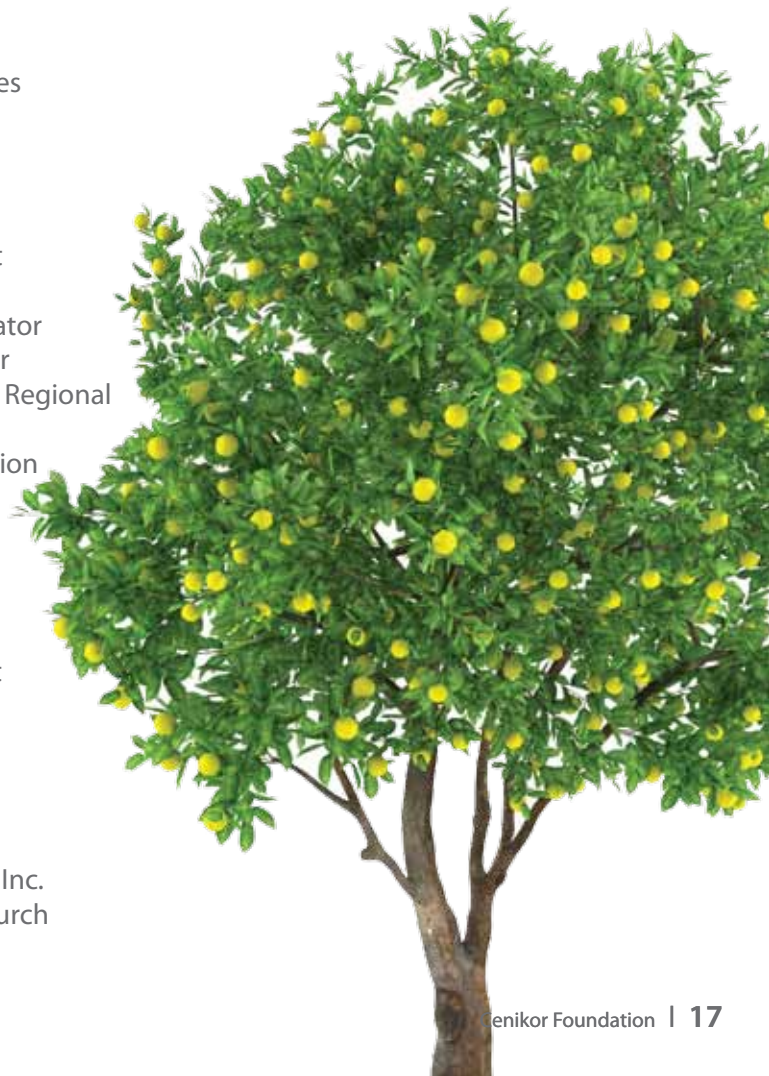
# SUPPORTERS

*Contributions from supporters enable us to fulfill Cenikor's mission to provide treatment services as well as a support system to treat each client as a whole, including a strong emphasis on educational and career opportunities. **Thank you!***

A #1 Air  
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4525 Glenwood Avenue  
Deer Park, Texas 77536

## Odyssey House Texas A

5629 Grapevine Street  
Houston, Texas 77085

## KILLEEN O

4520 E. Central TX Expressway  
Killeen, Texas 76543

## TEMPLE O

1708 W. Avenue M  
Temple, Texas 76504

## TYLER D O S AO

1827 W. Gentry Parkway  
Tyler, Texas 75702

## WACO

3015 Herring Avenue D S  
Waco, Texas 76708

2505 Washington Avenue O AO  
Waco, Texas 76703

## BATON ROUGE L O

2414 Bunker Hill Drive  
Baton Rouge, Louisiana 70808

## ADOLESCENT OUTPATIENT PROGRAMS AO

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Henderson, Texas  
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