



Short-term Residential Program
Admissions Information/Packing List

What to bring:

- 30-day supply of prescribed medications.
- Photo Identification Card.
- Social Security Card.
- Proof of income for the last year or proof of unemployment.
- Calling card to make phone calls.
- Money for vending machine (one dollar bills and quarters only).
- Stamps, envelopes and writing materials/art materials.
- Any books must be faith based, recovery based, and positive non-fiction. (Limit 3)
- Cigarettes.
- Hygiene items:
 - body wash
- Shoes must closed at the toe, sides and heel. Closed toe shoes must be worn in all common areas. Tennis shoes/sneakers are allowed for working out.
- Slippers, flips-flops and/or shower shoes are permitted only in the dorms.
- Clothing (1 weeks' worth)
 - Must have jeans or pants to wear during the day, no tank tops. Shorts are only allowed outside and at recreation center.
 - Workout clothes.
 - Sweater, jacket or hoodie.
 - Undergarments, socks, undershirts:
 - *Undergarments are required at all times and ladies must wear a bra.*
 - *Clothing should fit appropriately – nothing too large or tight. Clothing must be free of holes, rips and tears.*

Clothing/item not permitted:

- clothing/accessories advertising, advocating or displaying:
 - alcohol
 - drugs
 - gambling
 - tobacco
 - affiliation with a gang
 - political messages
 - obscenities
 - profanity
 - racist, sexist and/or sexually suggestive slogans, symbols and/or pictures, halter/tank/tube tops, tops with no straps or spaghetti straps, midriff-length tops, shirts that are too tight or reveal too much chest, cleavage or back
- pants with logos across the backside
- sandals - “Crocs” (those that do not enclose the entire foot) or high/medium heels

- hats are not permitted, except for outdoor activities or when required for religious purposes or cultural tradition (subject to pre-approval by facility manager)
- large or expensive jewelry
- mouth jewelry/"grills" and/or excessive facial piercings must be removed prior to admit

Clothing/Items needed for outdoor activities:

- At or below-the-knee shorts, sweat or track pants (these items are approved only for outdoor activities), T-shirts, and tennis shoes/sneakers.

What not to bring:

- Cell phones.
- Electronic cigarettes.
- Electronics, radios, or MP3 players.
- Hygiene Items:
 - bar soap
 - products with alcohol
 - perfume/cologne or aerosol spray
 - fingernail polish, remover, or fingernail clippers
 - tweezers
- Food, gum, or candy, or breath mints.
- Over the counter (OTC) medication.
- Towels, blankets, or pillows; these items supplied by the facility.

Visitation:

- Residential: Sunday – females: 1pm to 2:25pm; males: 2:35pm to 4pm.

Phone Calls:

- Residential clients can make phone calls on Saturday afternoon, with phone card only.

***If you need to reschedule, please do so 24 hours before your scheduled appointment time.**

Client Dress Code

Appropriate Clothing/Items:

- Jean or pants/Capri pants – must be free of holes, rips and tears. Pants must not “sag” and must cover undergarments at all times.
- Men must wear shirts tucked-in and pants must be worn with a belt.
- Dresses are permitted only when required for religious purposes or cultural tradition (subject to pre-approval by facility manager).
- Robe and/or appropriate sleepwear. “Pajama pants” are permitted only for bedtime and may not be worn outside the dorms.
- Once issued, name tags are to be worn at all times. They will be worn on the outside layer of clothing and on the upper, left chest.