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CENIKOR FOUNDATION

We are committed to helping people with substance use disorders and behavioral health issues through a full continuum of care. We offer a variety of programs including Prevention, Short-Term Inpatient, Long-Term Inpatient, Ambulatory Detoxification, Inpatient Detoxification, Adult Outpatient, Adolescent Inpatient, Adolescent Outpatient and Sober Living Programs with services throughout Texas and Louisiana. Our focus is to provide high-quality, affordable services to the clients and the communities we proudly serve. Cenikor is a 501(c)(3) nonprofit organization, proudly serving over 1,000 clients per week to achieve better health and better lives.

MISSION


VISION

Cenikor will be a leader in providing quality behavioral health care services in the communities we serve through a continuum of care for adults and adolescents.

CORE VALUES

Health and Wellness | Education | Recovery | Work | Faith | Respect | Accountability
LETTER FROM THE PRESIDENT

The face of addiction has changed with an estimated 22.1 million people with substance use disorders. Drug and alcohol abuse does not discriminate. The new synthetic drugs and the opioid epidemic have created more high-functioning addicts, able to sustain employment while maintaining a false appearance of sobriety. Although addiction and recovery touches the lives of everyone, the stigma remains. People need help but are afraid to speak up, to ask for help, to admit their addictions. Since I joined Cenikor Foundation over 13 years ago, I have heard many negative comments about addicts. I have seen people hide their addictions. I have seen families destroyed by denial or by death. I have also seen people succeed. This is where treatment is a game-changer. By offering a safe place for people to seek help, Cenikor saves lives.

We have established new locations, new programs, and have enhanced our treatment modalities to meet the evolving demand for treatment. Our 60-bed Austin facility opened in August 2016, offering detoxification and short-stay treatment program for adults. As the only state funded provider in the area, we are proud to provide a local solution. Our 32-bed Tyler facility opened in September 2015, which provides short-term inpatient, detoxification services, and ambulatory detox. In the past year, we served over 400 clients in the Tyler facility. Our newest program model in Waco, Sober Living, provides a safe, supportive environment for those in recovery ready to reintegrate into their communities. The world of recovery is changing and we must evolve so we can continue to make a difference.

Finances can be a big barrier to treatment. With the support of the State of Texas, we provide state funding for indigent clients. With state funding, multiple payment sources, and scalable rates, we strive to eliminate financial barriers to treatment. Access can also be a barrier to recovery with little options for treatment in rural locations. To break down those walls, we launched multiple satellite outpatient locations working with local parole, probation, and school systems to provide quality clinical care in these communities. With strategic focus, Cenikor looks to continuously improve and evolve.

With the support and guidance of Cenikor’s Executive Leadership and our National Board of Directors, we recently launched a new three-year strategic plan. Our strategic plan directs our staff’s coordinated action toward purposeful projects, while maximizing efficiency, and ensuring benchmarks are in place for accountability. It is the difference between being reactive or proactive. Each location impacts our mission. Each department shapes our operations. Each person has a vested interest in our financial viability. With a plan, we make better decisions. We see measurable results. We all work together to ensure people in need will have a place to turn for many years to come.

We could not do all we do without the generosity of our donors. Your donations help children, women, and men confront their addictions and take control of their lives. We launched our Austin program. We opened new sober living houses for men and women. We rebuilt and expanded our Deer Park location to construct a new women’s only wing. We built a recreation area for our adolescent clients (see page 11 to learn more) at Odyssey House. We are doubling our short-stay program in Houston to 60 beds. We did all this and more, and we proudly served over 5,500 clients this year alone.

The burden is on us to answer the call for help. Each of us is asked to show kindness to those who are struggling. It is our mission to offer a supportive environment to help people in the recovery process. To those who helped us make a difference, we thank you.

Bill Bailey
President/CEO

"All that is necessary for the forces of evil to win the world is for enough good men to do nothing."

-EDMUND BURKE
LETTER FROM THE CHAIRMAN

Service – the act of helping those in need and contributing to the welfare of others – is at the heart of Cenikor’s daily mission. This commitment to service fuels all of Cenikor’s efforts to provide substance abuse treatment in response to the ever-growing addiction crisis impacting our great Nation. Though the Foundation has made some significant leaps in growth both in program offerings and footprint, our expansion is based on a genuine desire to make things better for those in need. It is all about service.

Over the past 50 years, Cenikor has evolved to offer prevention, outpatient, detoxification, sober living and inpatient therapeutic treatment services along with mental health treatment for co-occurring disorders; has expanded into multiple states; has broadened to treat both adults and adolescents; and has impacted more than 100,000 lives in the process. Most recently, we established satellite programs in rural communities, bringing treatment to underserved communities. Our mission today shares the legacy of our origin – a pledge to provide a foundation for better health and better lives for those we serve. That service-centered approach is what appealed to me about Cenikor.

As an entrepreneur, business owner, community activist, and public servant serving at the local and state level, I remain committed to serving, supporting and advocating for those in need. Sadly, the populace in need is growing each day. With addiction rates in the U.S. rising, the demand is greater than ever for quality treatment and care. According to data from the Substance Abuse and Mental Health Services Administration, 2011, 8.9% of the U.S. population aged 12 or older would meet criteria for substance use disorder. People in every State, in every community, in every family are impacted by addiction and therefore we are called to serve and to offer a path to recovery.

As an active community partner, Cenikor is dedicated to helping our clients to rebuild their lives as responsible, law-abiding, contributing members of society. We work with local law enforcement agencies, hospitals and medical practices, community centers and beyond, to offer help to those who are ready to change their lives. We provide professional, responsible, and quality driven treatment options that help individuals get back to a happy, healthy, and productive lives.

Achieving sobriety is a personal win for the addict in long-term recovery. However, it is also a win for their families, their friends, their communities, and beyond. Forging those community relationships allows Cenikor to extend the hand of service, which in turn provides local treatment resources that reduce recidivism, yield economic returns, build safer communities, and improve the productivity and quality of life for so many.

In the past three years, Cenikor has made some tremendous strides in growth with new locations, new programs, growing staff, and national Board growth, all while maintaining quality care, fiscal responsibility, operational transparency and meeting the needs of the communities we serve. Those efforts have yielded great company success, industry recognition, and accolades from third party organizations such as Charity Navigator (4-Star Rating) and GuideStar (Gold-level status). As a long-time advocate for those in need, I am so proud of the work we do each day with each client we serve. What we do in service each day changes a life, rebuilds a life, saves a life.

Senator Willie Mount
Chairman of the Board – Cenikor

“WE MAKE A LIVING BY WHAT WE GET, WE MAKE A LIFE BY WHAT WE GIVE.”
- WINSTON CHURCHILL
LEADERSHIP

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Former Louisiana Senator
Michael D. Viator, CPA - Past Chairman
Dee Murray - Secretary
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William “Rick” Grinnan, Jr.
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Abelino “Abel” Reyna, J.D.
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Josh Erwin
Kirk Kuykendal
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Jude Prather
Kay Urbina
Howard Williams
Roya Williamson

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Darryl Bowdrey
Eric Broughton
Jeanette Deas Calhoun, Ph.D.
Robert Carlson
Anika Cooper

Dwayne Cox
Dr. Carolyn Harvey
Dr. Dorothy Jackson
Rabbi Neal Katz
Raymond Martinez
Ed Moore
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Kelly Pace
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Lauren Roberts
Jimmy Toler
Mildred Witte
Debra Wyatt

Waco, TX
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Bruce Neatherlin
David Pooler, Ph.D.
Martie Sauter
Paul Gonzales
Teri Holtkamp
Lance Kelley, Ph.D.

Baton Rouge, LA
Dianne Andrews
Mae Belton, BSN, RN
Eric Bertolet
Dr. Susan Thornton
Alison Walker
Miles Williams

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Kellee Webb, SHRM-SCP, SPHR - Vice President, Human Resources
Matt Kuhlman, CPA - Vice President/CFO
David Lee, Ph.D. - Vice President
Kari Schoeffler - Assistant Vice President, Marketing and Government Relations

Senior Management
Corporate
Michelle Carey-Redic, M.A., LCDC - Director of Admissions and Access Center
Melissa Garcia-Martinez - Director of Insurance & Payor Relations
Grace Davis, LCSW - Board Approved Supervisor, Director of Outpatient Services - Region 7
Allyson Buckner, M.A. - Director of Outreach and Business Development

Austin, TX
Detox/Short-term Residential Facility
Ayden Liles, MBA, LPC, EAGALA - Facility Director

Houston, TX
Long-term Facility
Eugene Hall, LCDC - Facility Director
Detox/Short-term Residential Facility
Amy Hansen, LPC, LCDC - Program Director
Odyssey House - Adolescent
Lourdes Carrillo, LMSW - Facility Director

Fort Worth, TX
Long-term Facility
Don Goad, LCDC - Senior Manager

Killeen, TX / Temple, TX
Care Counseling Services
Nick Vache, B.S., LCDC, SAP - Senior Outpatient Manager

San Marcos, TX
Prevention
Carla Merritt, LMSW, LCDC, CPS - Senior Prevention Manager
Care Counseling Services
Jennifer Barry, LCSW - Outpatient Manager

Tyler, TX
Detox/Short-term Residential Facility
Holliis Hill, B.A., LCDC - Facility Director
Care Counseling Services
Derrick Lott, LCDC - Outpatient Manager

Waco, TX
Detox/Short-term Residential Facility
Eric Jeter - Senior Manager
Care Counseling Services
Kiran Virani, M.A., M.S., LCDC, QCC - Outpatient Manager

Baton Rouge, LA
Long-term Facility
Dennis Forrest, M.A., LCDC - Facility Director
Drug addiction is a crisis in the United States. We have seen a 137% increase in deaths associated with drug addiction. If you look specifically at opioids, we have seen a 200% increase in deaths associated with opioid addiction. So again, this is a real crisis that we are facing nationally.

In Louisiana, at home, we are seeing a different trend, in that kids as young as twelve years old are becoming addicted to drugs…as young as twelve! As a father of an eleven year old, that really hits very close to home, as it likely does for many of you who are affected by drug addiction, or have lost a family member as a result. We have to break this trend.

Seeing what Cenikor is doing and the model that they are using - providing community counseling services, mentoring, job skills, and a transitional environment – it is a great model that shows great promise and efforts to break this trend we are seeing. You can have folks in a vacuum and you can break the addiction, but let’s all keep in mind that at some point the clients are going to be graduating and going back into the environments where they got the addiction to begin with. We have to make sure that folks have that skill and that strength to understand and appreciate the transitional environment, and that knowledge on how they are going to remain strong. Cenikor really seems to have been very successful in those efforts.

I had a chance to visit with Bill Bailey (President and CEO) and Dennis Forrest (Facility Director) at the Baton Rouge Facility. I got a chance to see the facility, meet with some of the staff, talk to the clients, and I am really excited about the efforts that are happening here at home. They are complimenting some of the things we are doing in DC, where we have recently passed legislation to provide the resources needed for community-based education efforts, helping to prevent and thwart drug addiction to begin with, and providing alternatives to some of the opioids and the highly-addictive drugs by providing alternatives that are less addicting (contact Cenikor to learn more about Suboxone treatment).

We are complimenting the efforts that are going on at the ground-level. We are going to continue working with partners like Cenikor to make sure we are providing the tools and resources for our health care community and for our friends, family and communities, to see a better outcome to break these trends of increases in drug addiction.
Milestones Mark the Way to Recovery

There comes a time in successful recovery when a person must decide, “I’m all in.” That is the moment when the motivation for recovery is internalized, when the man or woman recognizes the value of treatment and fully engages.

Cenikor Senior Vice President Jerry Hall, LCSW, LCDC, and a former Cenikor graduate, was 31 when he entered the program, which was his sixth attempt at treatment. The light came on for him nine months into treatment. “It was one moment of clarity,” he says. “It wasn’t guilt or shame, but a moment when things just fell into place.”

Different people call it different things: an awakening, an epiphany, a moment of clarity. Cenikor calls it a milestone.

Graduation from the program has long been considered the red-letter day, but there are many other days and moments worth celebration, constituting achievement. Perhaps the most important step in recovery is making that first phone call to seek help. Often the initial call is made by a parent, spouse or friend. With information they learn, they can help the person in need to see a possible solution. The true milestone is achieved when a client accepts that he or she needs help, and seeks a way out.

Recognizing the incremental achievements like that first call are essential to re-building health and self-esteem necessary for lasting recovery. Each day, Cenikor staff strive to help clients make incremental changes in their behaviors and attitudes. Our goal is to prepare and assist them in developing soft and
MILESTONES MATTER
SUPPORT AND TREATMENT IS CRITICAL FOR THOSE IN NEED. THIS YEAR AN ESTIMATED 700,000 PEOPLE WILL LEAVE PRISON AND ANOTHER 12 MILLION WILL LEAVE LOCAL JAILS. THEY RETURN TO COMMUNITIES LACKING APPROPRIATE SUPPORT SERVICES FOR SUBSTANCE ADDICTION AND BEHAVIORAL HEALTH ISSUES, WITH LIMITED JOB PROSPECTS AND LIMITED AFFORDABLE HOUSING OPTIONS. (SOURCE: BUREAU OF JUSTICE STATISTICS)

For clients who are successful in their recovery, each day is a milestone, one that cannot be underestimated. If you know someone in need of treatment, contact us today to help them hit their first milestone.

SHORT-TERM MILESTONES
For those in our short-term programs, recovery milestones include completing the detoxification process, ‘opening up’ with the counselor or in group therapy, transitioning to the next level of care (i.e. move from detox to non-intensive residential care), involvement in a 12-Step program, or a first visit with children. Because relationships with family are often challenged or destroyed by drug abuse, rebuilding family connections is a tremendous milestone of success.

LONG-TERM MILESTONES
Our long-term clients walk through all those markers and more. They begin to mentor others, remedy education deficits, find and hold a job, maintain a bank account, secure reliable transportation and find safe housing. For some clients, this is the chance to complete parole and probation requirements.

These milestones are about taking responsibility and building self-reliance.

No matter the program or level of care, each client who truly owns their recovery achieves monumental milestones. Those milestones include renewed relationships with family and friends, personal and financial independence, reinforced personal values, morality and integrity, diminished recidivism or incident with criminal justice, spiritual independence, and a balanced and holistic lifestyle free of drugs or alcohol.

All of Cenikor’s continuum of care programs use proven, evidence-based practices and curriculum to guide clients toward enduring sobriety and success. Addicts enter treatment with distorted, often self-centered thinking. Therapeutic programs and peer accountability identify misleading thinking patterns and help clients see through a clearer filter. With clearer vision and changed behaviors and attitudes, clients can hit some major milestones in their respective program and level of care.

hard skills to help them become responsible citizens free of substance use disorders. As Jerry says, “For addicts, feeling stable is feeling great.” These internal changes translate to significant milestones of success for our clients that positively impact their lives far beyond treatment.
He Has Spent a Lifetime Earning Trust

Glen’s story is a true testament to how far substance abuse treatment has come – from treating the symptoms of addiction to dealing with underlying issues that cause addiction – and how far recovery can take a person who is ready for change. Glen is a two-time graduate of Cenikor, first in 1993 and again in 2014, where with maturity and self-discipline, Glen made the necessary changes to embrace a life of sobriety.

Glen’s decades-long addiction started when he was only 12 years old. His addiction began with drinking and smoking marijuana, which he quickly started to use at every opportunity. By age 16, Glen was injecting cocaine. Glen came from an upper middle class family, who despite their best efforts were unsure how they could help their son, how they could keep him safe. When Glen graduated high school, he went to work for his dad, with a hopeful goal that environment might improve Glen’s situation and personal choices. When Glen stole from the company, his dad gave him an option – the military or jail. He chose the U.S. Air Force. Unfortunately even the honor of service and the discipline of the military were not able to weaken Glen’s addictions. Glen’s drinking and fighting led to an early honorable discharge.

At this point, a pattern of his life was set in motion. He lost one promising job after another. Four marriages to four good women failed. “I met them when I wasn’t drinking, and they married a person different from who I really was,” he says. Even with the birth of his son, Glen’s alcoholism and use continued. Recognizing that his son needed a positive environment, Glen allowed the grandparents to raise his son.

When he hit bottom in 1993, Glen’s parents opened the phone book and found Cenikor. When Glen asked for help to pay the registration fee at Cenikor’s downtown Houston location, his mother said, “Take me to this person. I’ll give him $125, but not you.” He had lost her trust.

“In Cenikor, I learned discipline and to accept consequences for my mistakes,” Glen says. He was soon resident-in-training, supervising the facility’s screen printing shop.

He graduated and earned his parent’s confidence back. His father offered him a job, this time as a profit-sharer. Things looked promising for Glen until four months later, a friend offered him crack cocaine, which he accepted. “It never crossed my mind not to. I thought I could handle it.” Instead, he spiraled downward, lost his job – and most significantly lost his parents’ trust – again.

This personal decline would last almost 20 years with brief periods of abstinence and sobriety. Glen left his family, which he reflects on by saying “I could see I was hurting them and stayed away, not understanding that staying away hurt them too.” He found and lost jobs, bought and lost homes, served prison sentences that included treatment programs, attempted sobriety supported by AA and the church, and eventually spiraled further out of control.

Then his beloved mother, his only link to the family, got very sick. Once more she asked him to get his life together. He replied, “I’m trying.” And it hit him, “I had been telling her that for 35 years.” When she died, he lost his anchor. Almost ready to give up, he remembered his mother’s words, found the courage, called his parole officer and said, “Issue a warrant. I’ll turn myself in.” The impact of that moment would set his life in motion in a different direction and new constructive pattern.

The officer suggested Cenikor’s Houston/Deer Park facility. “I took to the program wholeheartedly.” It is easy to wonder what was different this time around. “Cenikor was different, and I was older. This time, I addressed my issues and my self-esteem. I changed. I did this myself, but Cenikor gave me the opportunity to change.”

Glen made great strides to tackle his substance use disorders and to change himself personally and professionally. With coaching from Career Services, Glen learned new life skills, addressed his computer illiteracy, and began work on a theology degree. After
Cenikor graduation, Glen took part in our intern program, working in Cenikor’s Baton Rouge facility.

Today, he oversees Cenikor’s construction projects, never taking the responsibility for granted. “Bill Bailey (Cenikor President and CEO) put a lot of trust in a three-time convict,” he says.

In his oversight of the construction projects, Glen leverages his experience and knowledge in the construction industry to assist Cenikor in fulfilling our mission. Bill had some positive words to share about all Glen has done in his recovery and with his efforts as a part of the Cenikor family. “At every turn during our various facility construction and renovation projects, Glen’s personal commitment comes through in his work to reduce costs while maintaining quality. Glen puts our mission into action daily in his work, and efforts like his help Cenikor continue to grow and impact the lives of those in need.”

Glen has not stopped his efforts for growth and personal change. Glen has taken part in Cenikor’s mentor program multiple times, where he was individually mentored by Cenikor’s CEO, CFO and Senior VP. He learned so much about himself and was proud to say that he earned their trust. “I’m where I should be and couldn’t be happier.”

Pursuing Excellence

This past year, Cenikor was repeatedly recognized for excellence:

- 4-star rating for the sixth consecutive year, an honor that only 5% of charities receive nationally. — Charity Navigator
- Awarded Gold-level — GuideStar
- Members of the Better Business Bureau in Houston, Texas
- 3-year renewal accreditation by the Commission of Accreditation of Rehabilitation Facilities — CARF
- United Way in Central Texas, Greater Fort Hood Area, Tarrant County and Greater Philadelphia & Southern New Jersey

THE HIGHEST ACCOLADES WE RECEIVE ARE FROM OUR CLIENTS — THE TESTIMONIALS YOU’LL READ IN THIS REPORT — AND HUNDREDS OF OTHERS BRING US THE GREATEST SENSE OF ACCOMPLISHMENT.
He Found His True Potential

Zefferino started drinking at just 14 years old to mask his depression. By 21, he was exhausted and ready to ask for help.

Life for Zefferino was difficult as he had to take on a mature role despite his young age. Raised by a single mother who worked hard to support them, he and his three siblings were expected to do laundry at age 5. At 8, they were assigned a night to cook dinner. With each year, new responsibilities and obligations fell on Zefferino.

Alcohol and drugs medicated the pain. With the substance abuse, his scholastic efforts declined from top student to mediocre at best. After high school, he worked only enough to support his habits. What he did not get from work, he stole from his grandparents and mother. He struggled personally and his familial relationships disintegrated.

His criminal activity worsened and every few months he went to jail for DUls. “I thought I had it all figured out,” he says. “My problem wasn’t drinking, it was driving.” He vowed to stop driving, but that was not an answer to his bigger problem. He hit bottom during a three-month jail stay when he finally acknowledged to himself that another conviction could lead to 10 to 20 years in prison.

With a goal of change, but perhaps unrealistic expectations, Zefferino entered the Cenikor long-term program. “I heard I could go leave with a driver’s license and $1500. That was the place for me, I would be rich and could drive again.” Reality was a little different. “Staying wasn’t hard, but working the program was,” he says. “Around four months in, I finally bought into the program. I learned to communicate, to ask for help. I developed coping skills to deal with life without drugs or alcohol.”

When asked about the best part of his time in Cenikor, he declared “I found my true potential”. After graduation, Zefferino worked full-time at Cenikor as a substance abuse counselor-in-training and enrolled in Louisiana State University as a full-time student. He graduated with two degrees, Philosophy and Psychology, with a minor in Sociology. Currently, he is working on a Master’s Degree in Urban Forestry at Southern University.

In 2006, he launched his business Biggz Professional Tree Care with a good idea and positive mission. “I knew how to build rapport with people and how to find clientele, but very little about trees.” He learned on the job, and built a quality business. He now partners with Baton Rouge-area YMCAs to teach pre-school and kindergarten students about the urban forest. He is educating the next generation on how to take care of their environment.

Married now, with three young children (ages 5, 3 and almost 1), Zefferino is open to the next stage of life. “I have a purpose, and something to live for because of Cenikor,” he says. “Cenikor offers exponentially more than substance abuse treatment. It taught me the skills to navigate life, to ask: Who am I? Who do I want to become? What am I capable of? What’s my moral code? Cenikor helps people function well in society. It put me in a position to live life, to go further. I’m grateful.”

“CENIKOR HELPS PEOPLE FUNCTION WELL IN SOCIETY. IT PUT ME IN A POSITION TO LIVE LIFE, TO GO FURTHER. I’M GRATEFUL.”

-ZEFFERINO

Pictured are Zefferino with wife Ashley and their children Maximus, Zeffy and Stella Blue.
A Partnership that Works

Work. Many of us take it for granted. But for someone who is rebuilding a life, work can be life-saving. With employment, comes stability, financial freedom, self-esteem, and most importantly self-reliance.

“While there is very little data that quantifies the clinical value of work,” says Bill Bailey, “our clients personally thrive through it – they benefit from the structure of work, the discipline of work and the socialization of work. It motivates them to succeed on their own path to recovery.” Meaningful work opportunities are essential for men and women who are building a new future.

Working with Cenikor and its clients is a win-win situation for companies like KWS Manufacturing Company in Burleson, Texas. Bill Mecke, President of KWS, says, “They’re here to help us, and we’re here to help them.” Our clients fill roles in need, while the vocation inspires purpose, strength and stability for the client’s recovery.

KWS designs and manufactures conveying equipment for the bulk material handling industry. It partnered with Cenikor 10 years ago when the company experienced a growth spurt and needed skilled labor. Cenikor had the answer. Clients at the Fort Worth facility had skills which made them immediately productive as painters, machinists, welders and more.

“Over the past 10 years, we’ve had 30 to 40 Cenikor clients on the team,” Mecke says. “Cenikor has the flexibility to meet our specific labor needs on a daily basis. While the country has a shortage of skilled workers, we must train people to handle these jobs. Thankfully, Cenikor is doing just that.”

Cenikor’s Vocational Services program looks at two indicators: the needs of its business partners and the community, and the talents and interests of its clients, and match the clients to the roles accordingly. With training which includes job safety, life skills, conflict resolution, team work, customer service, professional expectations and more, Cenikor is helping each client to have success long after they have left treatment. This is all in addition to the support and guidance to maintain long-term recovery. The clients develop marketable career skills to help them be responsible and employable.

Mecke is impressed every day when Cenikor clients show up for work. “One of Cenikor’s clients has been with us about six months. We recently purchased a highly technical lathe. He had taken some programming classes, and within two weeks, he had the lathe up and running. Now he’s training other employees to use it. Another one of Cenikor’s clients came in as an entry level grinder, but he wanted to learn to weld. One of our certified welding instructors offered to teach him after a shift. Now he is qualified as an entry-level MIG welder. Cenikor clients come to us with skills, and while they are with us they build on them.”

Bailey hears similar stories across the Foundation. He says, “Most of our clients grow in their jobs – when they perform well, their employers give them opportunities for greater responsibility. Vocation is a part of their long-term success in rebuilding their lives: finding personal and professional accountability, and becoming responsible citizens.”

Several Cenikor clients have been hired full-time at KWS after graduation. Mecke says the reasons are simple, “They did a great job as clients. They showed up on time with a great attitude, worked hard and learned the trade.”

Bill Mecke and Bill Bailey agree: it’s a win-win situation.
Where a Kid Can Be a Kid Again

A very smart and much beloved man named Mr. Fred Rogers, yes THAT Mr. Rogers, brilliantly said “Play gives children a chance to practice what they are learning.”

At Cenikor’s Odyssey House program, we recognize the benefits of play and recreation for our adolescent clients. At-risk youth are influenced by their leisure time which, without positive direction, can often lead to boredom, unhealthy relationships, destructive behaviors, and substance use. According to a study conducted by the United States Department of Health and Human Services, participating in positive, goal-directed activities helps teens develop important life skills and can decrease their chances of engaging in risky behaviors, such as cigarette smoking and drug use. With those goal-directed activities in mind, we sought community support to give our kids a new place to play.

Through the generosity of donors from the Houston area and surrounding communities, in 2016 we constructed a Fun Court for the youth to engage in quality recreation time and physical fitness. Our Fun Court is a multi-sport court which includes a regulation-sized basketball court, full-size volleyball, badminton, four square, and more. Through team activities and recreation time, adolescents in our program deploy the positive skills they have learned in counseling while having fun. Play gives them a chance to improve social skills, self-esteem and self-efficacy, foster teamwork capabilities, and rebuild cooperation and trust. They also learn to handle the lessons everyone faces in life – winning and losing.

Our young clients’ success in recovery is our top priority and we are focused on ways to help them achieve and maintain freedom from substance use disorders. Our evidence based program offers comprehensive and quality treatment that guides adolescents away from continual substance abuse through counseling, substance abstinence, proper diet, and participation in experiential and recreational activities. We strive to provide a community setting where adolescents can share their experiences with their peers, provide mutual support to each other’s struggles with drug or alcohol, and encourage a substance-free lifestyle. Some of our clients experienced childhood trauma that stunted their youth, or they had home lives that propelled them toward a life far more mature than their age. With play and recreation, we give the kids a place to be a kid again. We help teens to not only heal their bodies, but also their minds and spirits, and to better understand that sobriety is part of a happier and healthier long-term lifestyle.

Over 138,000 people ages 12 to 17 were treated at a specialized facility in the year 2010.

-National Survey on Drug Use and Health

TO TOUR ODYSSEY HOUSE AND SEE OUR FUN COURT, CONTACT US TODAY AT 1.888.CENIKOR.
Coping with Life on Her Terms

Jacqueline came to Odyssey House after she attempted to take her own life. Suicide was just one example of her efforts to end her suffering. For years, she had looked for ways out of the pain and suffering that she had felt daily. Jacqueline did not understand the effects of depression, until it was almost too late. She just knew that she needed a release, she needed to be soothed, and so she tried cutting and self-bruising. Unsure of where to turn, or who to ask for help, she looked for ways to self-medicate.

At just 15, Jacqueline thought she had found the answer when she was introduced to marijuana for the first time. She quickly escalated her drug use from marijuana each morning before school, to harder substances like cocaine, LSD, methamphetamines and synthetic drugs.

“I thought the drugs helped,” she says. “But then when you can’t use, when you run out of money, it’s hard to be sober.” She tried staying sober several days, but couldn’t function. Her desolation continued while she kept looking for ways to cope. “I honestly couldn’t do it on my own,” she says. That is when she decided to take her own life.

Thankfully her attempt was unsuccessful, but while recovering in the hospital she met caring hospital staff who explained depression. They also recommended Cenikor’s Odyssey House.

When she first came to Odyssey House, she resisted the therapeutic program. “I didn’t pay attention or follow the rules. I tried sneaking out, and even planned my drug use after I got out.”

Then she had her lightbulb moment (what Cenikor calls a milestone – read more on pages 5-6). “I started paying attention to the counselors and I quit thinking about the program as day care. I started working on my self-esteem and my relationships with others and myself. Most important, I learned how to solve my problems without drugs.”

Jacqueline says she got the most benefit from her individual counseling and group sessions where she learned coping skills. “Now if I have a problem, I grab a journal and write it out. I think positive things, and I spend a lot of time with my family.” Jacqueline fought through the pain through her recovery and has found things that she loves. She sketches, skateboards, bakes and cooks with her mother. Odyssey House helps adolescents not only to rebuild themselves, but to improve family relationships and to build communities. Through peer activities, the clients get to see others with the same struggles, and see them achieve and grow in sobriety. Jacqueline has built a community with Cenikor graduates and stays in touch with her Odyssey House friends.

The oldest of eight, Jacqueline feels her younger siblings have learned from her experience. The family counseling sessions offered at Odyssey House helped her parents understand what she was going through, and how to provide additional support.

Her dad Aure says life is much better now for Jacqueline. “Odyssey House made a difference. If you want to change, and will try real hard, the program will help you change” Aure says.

Jacqueline is a perfect example of the change that is possible through recovery. “I was in jeopardy of dropping out of school. I didn’t feel useful anymore. But there’s a time and place for everything. As long as you’re alive, you can manage to make it better. You can shape your life any way you want. Odyssey House helped me do that. Now I have a new appreciation for life.”

We are so proud of Jacqueline for her achievements and her major milestones in recovery. We are also grateful to her family for their strength and positive reinforcement. Lastly, we are thankful to the hospital staff who saved Jacqueline’s life and helped her to find a new way to get out of the pain.

If you or someone you know has suicidal thoughts, encourage the person to call a suicide hotline number. In the U.S., call the National Suicide Prevention Lifeline at 800-273-TALK.
The First Step is Prevention

Sometimes a child’s simple look on life is exactly what we need to see. For example, a second grader might declare to his parents “drinking isn’t good for you” while they all sit down for dinner one evening. The parents might be surprised by the mature discussion or even embarrassed if they have any issues with substance use. Likely, that second grader learned some important lessons about alcoholism and addiction in prevention care. Cenikor has a strategic partnership with Hays Caldwell Council on Drug and Alcohol Abuse (HCCADA) to provide Prevention Services. Serving regions in Texas within Hays and Caldwell counties, HCCADA now reaches 30,000 students in grades 1 through 12 through a variety of school and community events.

Prevention is a part of Cenikor’s full continuum of care which leads to incremental change. Grace Davis, LCSW, Cenikor’s Director of Outpatient Services - Region 7, explains, “We educate our youth, inform the adults in their lives, and create a format for real conversation around substance abuse. We plant seeds that change thinking.” Quality prevention services can lead to long-term abstinence or help mitigate the potential for addiction.

“Sixth grade is a typical time for a child to be offered tobacco, alcohol or drugs. By that time, we’ve been teaching him for five or six years. If that child says, ‘I don’t want to do that because it’s not good for me,’ then we’ve done a good job,” says Grace.

The classroom and small group meetings warn students of the dangers of substances. They also arm them with coping strategies. Some strategies include managing stress, communicating, decision-making and goal-setting, among others. School and community-based programs identify and support children and families who need additional services and crisis intervention.

Armed with healthy skills, young people are more likely to develop good self-esteem and resist peer and media pressure. On the surface, the program aims to keep kids from alcohol and drug use that can lead to poor school performance, car accidents, family violence, poor mental health, reduced job performance and much more. On a deeper level, the program and resources gives individuals the tools to lead whole, healthy lives and create whole, healthy families.

Pregnant & Postpartum Intervention

Substance abuse is an ever-growing crisis that knows no discrimination for age, gender, education, background or circumstance. Sadly, sometimes the substance use has an immediate impact on both mother and child. In Bell County, teens and women who are pregnant or have children under 18 months old and are at risk for abusing alcohol or drugs, can turn to Cenikor’s Pregnant and Postpartum Intervention (PPI) services. The program is also available to pregnant teens and women who have a history of domestic violence, who live with a substance abuser, who have had no prenatal care or who are in financial distress. PPI improves the health of mother and baby by helping the women become and stay drug, alcohol and tobacco free.

Nick Vaché, LCDC, SAP, Senior Outpatient Manager with Cenikor describes, “Cenikor’s PPI program is uniquely designed to benefit the community by strengthening the building blocks of a healthy family. When parents have the tools and support needed to raise their children, we can make a dramatic impact on the rate of substance abuse in the community.”

PPI staff and participants are especially excited about the Nurturing course, which is a parenting program that teaches moms to care for themselves and their children. With topics ranging from self-respect to discipline, moms look forward to homework and the opportunity to put classroom discussions into practice at home.

To learn more about Prevention and PPI services, contact us today at 1.888.CENIKOR.
**PROGRAM DEMOGRAPHICS**

**Short-term Inpatient Treatment**
2,673 clients sought detox/short-term treatment from July 1, 2015 to June 30, 2016.

**Education & Career Development**
Cenikor offers opportunities for clients to learn about employment, education and workforce training while receiving treatment. We also provide a library with more than 300 books and magazines that encourage clients to learn something new. Cenikor partners with local community resources to offer assistance with resume writing, interviewing, employment opportunities, health screenings and physical fitness activities.

**Long-term Inpatient Treatment**
1,414 clients sought detox/short-term treatment from July 1, 2015 to June 30, 2016.

**Education & Career Development**
Clients work on their education and work skills while in treatment. The number of individuals improving their employability:

**Adolescent Inpatient Services**
218 adolescents sought treatment from July 1, 2015 to June 30, 2016.

**Education & Career Development**
Through our partnership with Houston Independent School District, we are proud that our adolescent clients are able to work on their education and learn about job and other educational opportunities while receiving treatment.

**Adult Outpatient Services**
1,047 clients sought outpatient services from July 1, 2015 to June 30, 2016.

**Education & Career Development**
Cenikor encourages clients to actively pursue education, employment and training opportunities to increase their ability to provide for their families and to be contributing members of their communities. We refer clients to local community resources that assist them with a multitude of available services.
Inpatient Detoxification
Cenikor’s Inpatient Detoxification Program provides medically supported detoxification and stabilization for adult clients going through the active withdrawal symptoms associated with a recent substance use disorder. This is a critical period in the treatment process and professional assistance is especially important. Medical support, including individualized medication protocols, is provided around the clock along with individual counseling.

Austin, TX  l  Houston, TX  l  Tyler, TX  l  Waco, TX

Short-term
Cenikor’s short-term inpatient programs provide non-emergency care and treatment for people with substance use disorders and related behavioral health disorders. Comprehensive, individualized treatment plans include assessment, screening, individual and group counseling, life skills training and education for family members.

Austin, TX  l  Houston, TX  l  Tyler, TX  l  Waco, TX

Long-term
Cenikor’s long-term inpatient program is designed for people who are physically ready, mentally capable and willing to participate in all aspects of the recovery program, including education and workforce development. Our therapeutic community (TC) model uses peer influence and clinical counseling to help clients change the attitudes, behaviors and perceptions associated with substance use disorders.

Houston, TX  l  Fort Worth, TX  l  Baton Rouge, LA

Adolescent Inpatient
Cenikor’s inpatient treatment focuses on recovery for adolescents ages 13-17. Clients learn how to live with structure as behaviors and attitudes are addressed by both peers and counselors. In addition to individual, group and family therapy, teens continue their education with qualified teaching staff at an accredited school on site.

Houston, TX
**Ambulatory Detoxification**
Cenikor’s medically-supported Ambulatory Detoxification outpatient services are available for individuals experiencing minimal withdrawal symptoms from opioids. Ambulatory Detox clients are provided with a physical exam, supervised care overseen by a licensed medical director, an individualized treatment plan, medication to assist with withdrawal symptoms, counseling with licensed substance abuse therapist, orientation to AA/NA support groups, discharge planning and referral during flexible evening hours.

*Houston, TX  l  Tyler, TX*

**Adult Outpatient**
Cenikor’s evidence-based outpatient programs provide substance use disorder and behavioral health recovery services to adults on an individual, group and/or family basis. Licensed clinical staff provide comprehensive services, including screening, assessment, early intervention, recovery after-care services and more.

*Anahuac, TX  l  Cleveland, TX  l  Houston, TX  
Killeen, TX  l  Liberty, TX  l  Temple, TX  
Tyler, TX  l  Waco, TX  l  Baton Rouge, LA*

**Adolescent Outpatient**
Cenikor’s adolescent outpatient program provides treatment for those whose lives are impacted by substance abuse. Licensed clinical counselors conduct evidence-based outpatient group counseling programs for adolescents ages 13-17 and their families. Our outpatient satellite model makes recovery services available in underserved communities.

*Cameron, TX  l  Henderson, TX  l  Hillsboro, TX  
Marlin, TX  l  Marshall, TX  l  Tyler, TX  l  Waco, TX*

**Sober Living**
Cenikor’s Sober Living program provides a safe, supportive environment for those in recovery who are ready to reintegrate into their respective communities. We offer both men’s and women’s Sober Living homes, providing an intermediate phase between the controlled environment of treatment and the challenges of the real world. Sober Living provides those in recovery with essential support, structure, resources and security to take their first steps toward independence.

*Waco, TX*

**Prevention**
Cenikor’s Prevention Services provide age appropriate evidenced-based curriculum to students of all ages. Students are taught the skills necessary to develop good self-esteem, resist peer and media pressure, and explore tobacco, alcohol and drug-free activities. Our Prevention Services for students are provided by the Hays Caldwell Council on Alcohol and Drug Abuse and serve the San Marcos, Texas and surrounding area.

*San Marcos, TX*

**Prevention PPI**
Pregnant and Postpartum Intervention (PPI) is a program to assist pregnant and post-partum women to become and stay drug, alcohol and tobacco free. PPI strives to improve the health of both mother and baby, and women at risk for using substances. Our PPI services provide case management, assessment, education and support groups for females who are either pregnant or have babies under 18 months and are at risk or abusing alcohol or other drugs.

*Killeen, TX  l  Temple, TX*
## Program Outcomes

### Short-term Inpatient Treatment
Data from graduates of the program between July 1, 2015 to June 30, 2016.

<table>
<thead>
<tr>
<th></th>
<th>1 Year</th>
<th>3 Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employed</td>
<td>52%</td>
<td>52%</td>
</tr>
<tr>
<td>Stable Living Situation</td>
<td>63%</td>
<td>66%</td>
</tr>
<tr>
<td>Law Abiding Citizens</td>
<td>57%</td>
<td>60%</td>
</tr>
<tr>
<td>Alcohol and Drug Free for the Past 60-90 Days</td>
<td>94%</td>
<td>95%</td>
</tr>
<tr>
<td>Connected with Support Group in the Past 60 Days</td>
<td>84%</td>
<td>89%</td>
</tr>
</tbody>
</table>

### Long-term Inpatient Treatment
Data from graduates of the program between July 1, 2013 to June 30, 2016.

<table>
<thead>
<tr>
<th></th>
<th>1 Year</th>
<th>3 Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employed</td>
<td>78%</td>
<td>100%</td>
</tr>
<tr>
<td>Stable Living Situation</td>
<td>89%</td>
<td>80%</td>
</tr>
<tr>
<td>Law Abiding Citizens</td>
<td>29%</td>
<td>29%</td>
</tr>
<tr>
<td>Alcohol and Drug Free for the Past 60-90 Days</td>
<td>89%</td>
<td>80%</td>
</tr>
<tr>
<td>Connected with Support Group in the Past 60 Days</td>
<td>24%</td>
<td>70%</td>
</tr>
</tbody>
</table>

### Adolescent Inpatient Treatment
Data from graduates of the program between July 1, 2015 to June 30, 2016.

<table>
<thead>
<tr>
<th></th>
<th>1 Year</th>
<th>3 Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employed</td>
<td>67%</td>
<td>75%*</td>
</tr>
<tr>
<td>Stable Living Situation</td>
<td>92%</td>
<td>75%</td>
</tr>
<tr>
<td>Law Abiding Citizens</td>
<td>92%</td>
<td>100%</td>
</tr>
<tr>
<td>Alcohol and Drug Free for the Past 60-90 Days</td>
<td>92%</td>
<td>75%</td>
</tr>
<tr>
<td>Connected with Support Group in the Past 60 Days</td>
<td>3%</td>
<td>17%</td>
</tr>
</tbody>
</table>

*Adolescents who have graduated are not reflected in the numbers for school attendance.

### Adult & Adolescent Outpatient Services
Data from graduates of the program between July 1, 2015 to June 30, 2016.

<table>
<thead>
<tr>
<th></th>
<th>1 Year</th>
<th>3 Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employed</td>
<td>37%</td>
<td>55%</td>
</tr>
<tr>
<td>Stable Living Situation</td>
<td>94%</td>
<td>100%</td>
</tr>
<tr>
<td>Law Abiding Citizens</td>
<td>93%</td>
<td>95%</td>
</tr>
<tr>
<td>Alcohol and Drug Free for the Past 60-90 Days</td>
<td>93%</td>
<td>91%</td>
</tr>
<tr>
<td>Connected with Support Group in the Past 60 Days</td>
<td>16%</td>
<td>9%</td>
</tr>
</tbody>
</table>
Since 2010, Cenikor has had a **207 percent** increase in revenue and a **91 percent** increase in expenditures. In the past 6 years, Cenikor has also seen an increase in employees by **198 percent**.

### Statement of Activities
(UNAUDITED)

**REVENUE**

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Revenues</td>
<td>$13,951,299</td>
</tr>
<tr>
<td>Philanthropy</td>
<td>$2,238,557</td>
</tr>
<tr>
<td>Government Funding</td>
<td>$942,803</td>
</tr>
<tr>
<td>Other</td>
<td>$1,347,381</td>
</tr>
<tr>
<td><strong>TOTAL REVENUE</strong></td>
<td><strong>$18,480,040</strong></td>
</tr>
</tbody>
</table>

**EXPENSES**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$14,161,514</td>
</tr>
<tr>
<td>General &amp; Administrative</td>
<td>$2,603,009</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$422,947</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td><strong>$17,187,470</strong></td>
</tr>
</tbody>
</table>

**TOTAL CHANGE IN NET ASSETS**

<table>
<thead>
<tr>
<th>Net Assets, Beginning of Year</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net Assets, End of Year</td>
<td>$15,743,887</td>
</tr>
</tbody>
</table>

**NET ASSETS, END OF YEAR**

<table>
<thead>
<tr>
<th>Net Assets, End of Year</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>$15,743,887</td>
<td></td>
</tr>
</tbody>
</table>

### Communities Make a Difference

- **Become a business partner** and employ our clients and graduates. 88 percent of long-term graduates are hired by our business partners.
- **Donate money** for personal hygiene products, clothing, paper goods or office supplies.
- **Volunteer or register for our annual events** including recovery luncheons, golf tournaments and sporting clay shoots.
- **Become a mentor or tutor** to a resident or teach a skill or class.
- **Tell others** about Cenikor’s programs and recovery process.
Eighty-two cents of every dollar donated goes toward program costs.

SUPPORTERS

Abel Advisors
Abel Reyna
AKS/Hangmans
Albermarle Foundation
Albert & Ethel
Herzstein Charitable Foundation
Alex Howard
Alligion
Allison Walker
Amber Williams
American Leather
Anchor Fabrication
Annette Brown
Anthony Troxclair
Apolonio Fonseca
B. Miles Circle
Bank of America
Baton Rouge Area Foundation
Baylor L. Agerton Trust
Baylor Scott & White
Becky Alford Khan
Ben E. Keith
BHTI Employees
Humanity Fund
Bill & Mary Lee Dixon Fund
Bill & Michelle Bailey
Blair Lewis
Blair Mercer
Bradley Booth
Brandon Smyrl
BrandWood Wireless
Brian Fox
Brown Foundation
Bruce LeBoon
Bumblebee Occasions, LLC
Capital Bank
Captain Reeves R. Taylor, U.S. Navy Retired
Casey Curry
Charles Lamar Foundation
Charles Prescott
Charles Yardley
Charli Lamar, III
Chevron (Employee Matching)
Christine McWilliams
Christopher Applequist SA
City of Fort Worth
City of Waco
Cody Walker
Community Bank Trust
Cooper Foundation
CRC Insurance Services
Cypress Sawmill
Dana Vaters
Daniel Stacker
David Gregory
DB Western
Debra Furst
Dee & Bill Murray
Deer Park Rotary Club
Deer Park Vision
Diane Nix
Distribution Now
Douglas Rowe
Dutan Foundation
Dwayne Parr
E&S Construction
Ed Brandon
Edward Cote
Ellis Tuzdini
Ellwood Foundation
Empire Roofing
Exxon
Farmbacher Memorial Fund
Finish Line Sports
First Eagle Credit Union
FIRST Fund of Austin
Community Foundation
Fort Construction
Frost Bank
Gary Littlefield
General Plastics
George and Mary
Josephine Hamman Foundation
Gerry Lane
GP Rubber
Gregory & Evette Sissel
Gwun Hybrid
Halcyon Investments
Halliburton
Hamill Foundation
Harris Kirk
HCIS
Healing Place Church
Heath Blackhorn
Heidi Birdwell, Inc.
Highpoint Insurance
Hillar Moore
HKR
Houston Livestock Show & Rodeo
Houston Master Sports Association
HPC
Huey and Angelina Wilson Foundation
Industrial Pipe
Interstate Battery
J.E.S. Edwards Foundation
Jack Hornsby
Jacobs Cathey
James & Nora Belcher
James Johnson
Je Dunn
Jeff Hunter Toyota
Jeff Wiley
Jennifer Osborn
Jerry Hall
Jimmy Klawetter
Joel Dewey
John Kolbe
John P. McGovern Foundation
Johnnie Musso
Joshua Pettijohn
Kari Schoeffler
Karl Hesser
Katherine Hill
Katherine Mitchum
Kathy Miller
Kayla Lehmann
Keith D. and Sandra Peterson
Kelley & Ron Webb
Kelty Baker, M.D.
Kemper Corporate Services
Ken W. Davis Foundation
Kiwanis Foundation of Houston
KWS Manufacturing Company
Lakeshore Lions Club
Larry & Karen Anfin
Larry Hobbs
Lisa Heath
Locke Lord LLP
Lockheed Martin
AERO Club
Lockwood International Lubrizol Foundation
Maalt Transport
Marianne Marcus, Ed.D., R.N., F.A.A.N.
Marie Roch
Martin & Moo Svenson
Mary Cox
Mary Seaman
Matt Kuhlman
Merchants Company
Michael & Bobbye Smith
Michelle Gomez
Mike & Ginger Viator
Miller Valentine Group
MN Davidson Foundation
Nancy Perryman
Neighbors Credit Union
Noel Campos
O. Duane Gaither, II
One Source Cleaning
Opes Holding LLC
Patronus Petroleum
Paul Gonzalez
Paul Piepenbrok
Pennington Foundation
The Raftery Family
Ramco
Randy & Debra Quigley
RG Reynolds
Regions Bank
Rick Fountain
Rick Grinnan
Rindie Egan
Robert Blanchard
Robert Harbour
Robin Franks
Robin Sutter
Robinson Walstad
Rogers Foundation
Ronald Martin
Ronnie Smith
S. Marshall Isaacs, MD.
Sam’s Club
Sanford
Sara Ballejo
Scott Jones
Senator Willie Mount
SGS Petroleum
Shaw Thompson
Shawn Connor
Shell Federal Credit Union
Shelton Plumbing
Sherrie Johnson
Sigma Consulting
Simple Leadership
Speciality Application Services
Spencer Peterson
Spindletop Charities
SRR
Stacy Smith
Stephanie Childress
Stephen Hadikins
Stephen Richardson
Steve Leaman
Steve McCarley
Steven Palm
Stuart & Company
Superior
Susan Dupuis
Susan Wright
SySCO Foods
T&T Construction
Tanner Schaefer
TC & Renee Sadler
Terence Harris
Teresa Lusk
Texas Citizens Bank
Texas First Bank
Thomas Lafargue
Thomas M., Helen McKee & John P. Ryan Foundation
Tioga Pipe
Todd Guilbeau
Tom Montgomery
Trustmark Bank
Turner Industries
& Foundation
Union Pacific Foundation
United Way of Central Texas
United Way of Fort Hood
United Way of Greater Philadelphia & Southern New Jersey
United Way of Tarrant County
University Building
USI Southwest
VAI Architects
Vernon Lee Sautier
Vicki & Robert Birenbaum
Vicki West
Waco Foundation
Welsh Collision
William Ferguson
William Mecke
William Dubuis
Young Women’s Christian Fund
Zenefits

And many Cenikor Employees

CONTRIBUTIONS FROM SUPPORTERS ENABLE CENIKOR TO PREPARE AND ASSIST CLIENTS TO BECOME RESPONSIBLE CITIZENS FREE FROM A SUBSTANCE USE DISORDER. THANK YOU!

THANK YOU
“WE ARE BLESSED WITH A MISSION THAT CALLS ALL OF US TO SERVE.”
- BILL BAILEY, PRESIDENT/CEO

**LOCATIONS MAP**

- **Austin**
  2209 South Main Street
  Fort Worth, Texas 76110

- **Fort Worth**
  2209 South Main Street
  Fort Worth, Texas 76110

- **Houston**
  Deer Park Facility
  4525 Glenwood Avenue
  Deer Park, Texas 77536

  Odyssey House Texas
  5629 Grapevine Street
  Houston, Texas 77085

- **Killeen**
  4520 E. Central TX Expwy., Suite 102
  Killeen, Texas 76543

- **Temple**
  416A N. 3rd St.
  Temple, Texas 76501

- **Tyler**
  1827 W. Gentry Parkway
  Tyler, Texas 75702

- **Waco**
  3015 Herring Avenue
  Waco, Texas 76708

  2505 Washington Ave
  Waco, Texas 76703

- **Baton Rouge**
  2414 Bunker Hill Drive
  Baton Rouge, Louisiana 70808

- **Adult Outpatient**
  Anahuac, Texas
  Baton Rouge, Louisiana
  Cleveland, Texas
  Houston, Texas
  Killeen, Texas
  Liberty, Texas
  Temple, Texas
  Tyler, Texas
  Waco, Texas

- **Corporate Office**
  11111 Katy Freeway, Suite 500
  Houston, Texas 77079
  713.266.9944

**SERVICE LOCATIONS**

- Inpatient Detoxification
- Short-term Treatment
- Long-term Treatment
- Ambulatory Detoxification
- Adult Outpatient
- Adolescent Inpatient
- Adolescent Outpatient
- Sober Living
- Prevention/PPI
THE FOUNDATION OF OUR SUCCESS IS BUILT ON OUR STAFF

Sara Abebe  l  Estelle Abner  l  Dishawn Adams  l  Bridget Agnew  l  Mariana Aguilar-Olalde  l  Tracy Aldridge  l  Karla Alfaro  
Paticia Allen  l  Stephanie Alzate  l  Edia Antoine  l  Maria Arce  l  Jennifer Arguelles  l  Selicia Bailey  l  Bill Bailey  l  Jeffrey  
Ball  l  Nina Ball-Miles  l  Soledad Barker  l  Jennifer Barry  l  David Bass  l  Timothy Belk  l  Zurisadai Benitez  l  Dessie  
Benton  l  Selena Bermudez  l  Virginia Berry-Green  l  Katherine Bishop  l  Lori Bloom  l  Whitney Bonds  l  Anthony Borja  
Lisa Bowen-Springer  l  Anthony Boydstun  l  Kristin Brake  l  Heather Bransom  l  Zoe Bredlove  l  Amanda Breese  
QunAndria Briscoe  l  Andrea Brooks  l  Milton Brown  l  Stephanie Brown  l  Lizabeth Brunett  l  Sara Buckler  l  Allyson  
Buckner  l  Donna Bunn  l  Mauricio Caldera  l  Joy Caldwell  l  Sheryl Canida  l  Wendell Carey  l  Michelle Carey-Redic  
Lourdes Carrillo  l  Brenda Carter  l  Mary Angela Casanova  l  Kristina Cedillo  l  Melanie Cefalu  l  Keith Chapman  l  Thomas  
Chapmond  l  LaKeisha Charles  l  Zelina Chinwoh  l  Martha Clark  l  Menda Clark  l  Danita Clarke  l  Natasha Clayton  
Chris Cochran  l  Juanita Coleman  l  David Colter  l  Shawn Conner  l  Felicia Cooley  l  Constance Cormier  l  Carla Crochet  
Jamie Cronin  l  Debra Crovo  l  Lisa Davidson  l  Vera Davis  l  Shanquavia Davis  l  Grace Davis  l  Lauren Dawkins  l  Alma  
De La Cruz  l  Jakki Deery  l  Jennifer De Leon  l  Jeremy Dennis  l  Carla Diaz  l  Mona Dorsey  l  Savanna Driscoll  l  LaToya  
Duckworth  l  Richard Dutke  l  Blan Dysart  l  Ty Etmon  l  Pauline Edwards  l  Katherine Emmitt  l  Carrie Etheridge  
Colleen Evans  l  Dona Fazarro  l  John Ferguson  l  Jericho Fleming  l  Dennis Forrest  l  Margaret Garcia  l  Raul Garcia  
Melissa Garcia-Martinez  l  Mimsy Gathright  l  Linus Gilbert  l  Benita Gill  l  Bonnie Gill-Hutto  l  Maranda Gilmore  l  Don  
Goad  l  Mario Gomez  l  Kendall Gonzales  l  Jennifer Gore  l  Connie Guilbeau  l  James Haase  l  MarQuita Hackett  l  Mary  
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Hamilton  l  Amy Hansen  l  Nancy Harris  l  Laura Hawkins  l  Hope Hayslip  l  James Head  l  Heath Hernandez  l  Christy  
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Jasmyne Jenkins  l  Eric Jeter  l  Marshall Johnson  l  Tatiana Johnson  l  Tiersa Johnson  l  Bertha Jones  l  Kelly Jones  
Thelma Joseph  l  Lance Joseph  l  Pamela Kanes  l  Tameka Kegler  l  Tami Kennedy  l  Anthony  l  King  l  Barbara Kiser  
Christina Knotts  l  Bennetta Knox  l  Matt Kuhlman  l  James Laird  l  Andrea Lash  l  Dexter Leassears  l  David Lee  l  Ayden  
Liles  l  Deborah Rodrigue  l  Derrick Lott  l  Brenda Lozano  l  Lorena Luna  l  Jason Luu  l  Bea Lytle  l  Stacey Maddox  
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Perla Moreno  l  Emily Morgan  l  Keisha Morris  l  Jasmine Mostiller  l  Leslie Motschenbacher  l  Jennifer Netzel  l  Linette  
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Thompson III  l  Tami Tidwell  l  LaToy Traveler  l  Nereyda Trevino  l  Gary Urena  l  Nick Vaché  l  Elizabeth Vaught  l  Debra  
Veal  l  Andrea Vigneault  l  Kiran Virani  l  Alberto Walker  l  Kenneth Warren  l  Kellee Webb  l  John Weber  l  Pamela Jo  
White  l  Carletta Whiteside  l  Arabia Whitfield  l  Krystal Whitworth  l  Teresa Wilburn  l  Stacy Williams  l  Darrell Williams  
Clarence Williams  l  Rene Wilson  l  Angela Wilson-Rush  l  Sylvester Wood  l  Kristy Wright  l  Loretta Young  l  Gina Young  
Stuart Zidell  l  Brandi Zink

INPATIENT DETOXIFICATION
Austin, Texas  l  Houston, Texas  l  Tyler, Texas  l  Waco, Texas
SHORT-TERM INPATIENT
Austin, Texas  l  Houston, Texas  l  Tyler, Texas  l  Waco, Texas
LONG-TERM INPATIENT
Baton Rouge, Louisiana  l  Houston, Texas  l  Fort Worth, Texas
ADOLESCENT INPATIENT
Houston, Texas
AMBULATORY DETOXIFICATION
Houston, Texas  l  Tyler, Texas
OUTPATIENT SERVICES
Anahuac, Texas  l  Baton Rouge, Louisiana  
Cleveland, Texas  l  Houston, Texas  l  Killeen, Texas  l  Liberty, Texas  l  Temple, Texas
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Waco, Texas
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