



Long-term Residential Program
Admissions Information/Packing List

What to bring:

- Admission Fee.
- Photo Identification Card.
- Social Security Card.
- Proof of income for the last year or proof of unemployment.
- Calling card to make phone calls.
- Cigarettes. (up to 2 cartons)
- Alarm clock/radio.
- Hygiene items:
 - body wash
 - shampoo & conditioner (recommend 2 in 1)
 - deodorant
 - toothbrush/toothpaste
 - mouthwash (alcohol free)
 - comb/hair brush
 - disposable razors
- **Shoes:**
 - 2 pairs – tennis shoes
 - 2 pairs – dress shoes
 - 2 pairs – work boots (men only)
 - 1 pair – sandals
- **Clothing:** *Clothing should fit appropriately for both men and women. No form fitting/tight clothes, or clothes that are too large. Clothing must be free of holes, rips, frayed edges, and tears. Pants must not “sag” and must cover undergarments at all times.*
 - 12 pairs of jeans/casual/dress pants
 - 12 T-shirts/casual shirts/dress shirts
 - 7 undershirts
 - 5 pairs of shorts – men’s shorts must have belt loops
 - 2 coats
 - 2 sweaters/hoodies
 - 2 dresses and/or suits (women)
 - 2 suits (men)
 - 10 pairs of socks
 - 10 pairs of underwear (women – no thongs)
 - 4 belts (men)
 - 5 ties (men)
 - 1 bathing suit (women – one piece)
 - 1 bath towel
 - 1 pair of shower shoes

Clothing/items not permitted:

- clothing/accessories advertising, advocating or displaying:
 - alcohol
 - drugs
 - gambling
 - tobacco
 - affiliation with a gang
 - political messages
 - obscenities
 - profanity
 - racist, sexist and/or sexually suggestive slogans, symbols and/or pictures (skulls, guns, war, swords), halter/tank/tube tops, tops with no straps or spaghetti straps, midriff-length tops, shirts that are too tight or reveal too much chest, cleavage or back
- pants with logos across the backside
- sandals - "Cros" (those that do not enclose the entire foot) or high/medium heels
- hats are not permitted, except for outdoor activities or when required for religious purposes or cultural tradition (subject to pre-approval by facility manager)
- mouth jewelry/"grills" and/or excessive facial piercings must be removed prior to admit
- piercings, gauges, belly button rings, etc.

What not to bring:

- Cash (or access to money), credit/debit cards.
- Cell phones.
- Electronic cigarettes.
- Electronics, radios, laptops, or MP3 players, DVDs.
- Tattoo guns or any device used to make tattoos, including homemade devices.
- Hygiene Items:
 - products with alcohol
- Food, perishable items, gum, or candy, or breath mints.
- Over the counter (OTC) medication or vitamins.
- Blankets, or pillows; these items supplied by the facility.

***If you need to reschedule, please do so 24 hours before your scheduled appointment time.**