

A PLACE FOR CHANGE

2018 Annual Report



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CENIKOR FOUNDATION

We are committed to helping people with substance use disorders and behavioral health issues through our full continuum of care. We offer a variety of programs, including Detox, Short-Term Residential, Long-Term Residential, Adolescent Residential, Outpatient Detox, Adult Outpatient, Adolescent Outpatient, Sober Living and Prevention services throughout Texas and Louisiana. Our focus is to provide high-quality, affordable services to the clients and the communities we proudly serve. Cenikor is a 501(c)(3) nonprofit organization, proudly serving over 1,000 clients per week to achieve better health and better lives.

MISSION

Cenikor. A Place for Change. Providing a Foundation for Better Health and Better Lives.

VISION

Cenikor will be a leader in providing quality behavioral health care services in the communities we serve through a continuum of care for adults and adolescents.

CORE VALUES

Health and Wellness | Education | Recovery | Work | Faith | Respect | Accountability

LETTER FROM THE PRESIDENT



In this annual report, you'll read about one of Cenikor's guiding tenets: there is no wrong door to recovery. That's why we provide so many doors, from detoxification through outpatient support and sober living. We will continue to explore new thresholds to help people maintain sober, healthy and productive lives.

The need for our services is staggering as our nation's opioid crisis continues. I am proud that Cenikor is part of the national conversation about this issue, and proud to work with Senator John Cornyn and other legislators who are searching for solutions. I thank Senator Cornyn for his contribution to this report.

This has been another busy year. Cenikor celebrated its fifty years of service with a successful gala. We increased our audience by honing our messaging to be more client and referral centric, increased our brand awareness, and allocated resources to better train our employees; we're already seeing the benefits in employee satisfaction and retention. Our Access Center size grew and they increased their hours of availability. We invested in a client intake assessor program that not only assesses their needs, but helps us place them in the correct level of care—helps us open the right door. We increased resources to retain clients through our robust continuum of care, moving them to the next level of service without gaps in care.

We welcomed new National Board members who are eager to be part of making Cenikor available to more people who need us. It is an honor to work with men and women who are not only dedicated to Cenikor's mission, but who bring their own talents and strengths to the table. I personally thank the Board members for their leadership, time and support.

I believe you'll agree—the hard work of our Board and dedicated professional staff makes a difference. In the last year, we have helped over 7,000 people achieve better health and better lives. The numbers are impressive, but knowing the stories behind the numbers is even more striking. You'll read the accounts of three people in these pages: George, who learned life skills he believes will set him apart; Craig, who transitioned from short-term to long-term because he recognized he needs more time; and Andrew, who has learned valuable life lessons as an adolescent.

I'm proud of our accomplishments this year and eager to get started with all we have in store for next year. Thank you in advance for your continued support!

Bill Bailey, President/CEO

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LETTER FROM THE CHAIR

"If you can quit for a day, you can quit for a lifetime." -Benjamin Sáenz.

It is my honor to greet you on behalf of Cenikor Foundation's National Board of Directors. It is a privilege to work with such a talented volunteer board and professional staff.

I've been asked why I choose to volunteer with Cenikor. It's simple. In my line of work as the Criminal District Attorney for McLennan County, I see firsthand the damage drugs and alcohol can do to an individual, a family and a community. Yes, there is absolutely an element of personal decision-making when a person first decides to use a substance. However, we have to look at the addictive aspects and underlying issues. I firmly believe people should be held accountable for their actions, but without the proper tools to overcome addiction, we're merely setting individuals up to fail. I believe Cenikor not only provides the proper tools, but quality tools to help in the day-to-day fight.



Cenikor continues to broaden its reach, to take those tools into communities where the services may not otherwise be available. Our goal is to reach our clients where they are – geographically, in or near their communities, and clinically in their addiction. Tools are of no use unless we can get them to the user. Once there, Cenikor delivers care in an efficient, sustaining and well-rounded manner. Our services are unparalleled.

Many doors lead to recovery, and none of them are wrong. In this annual report, you'll read about George, a young attorney on the rise who got sidelined by drugs. George walked through three doorways. Cenikor greeted him and offered tools that led to success. We celebrate his success.

I appreciate Bill Bailey's leadership and the dedication of our clinical and professional staff. I stand in awe of my fellow Board members. As a group, I would put them up against any other board, for profit or nonprofit. Individually, they bring to the table areas of expertise that compliment and support each other. It's a complicated dance that's done well.

Thank you for your generous support of Cenikor and for joining me in believing in its mission. Remember, if we can help them quit for a day, they can quit for a lifetime.

Abelino "Abel" Reyna, J.D., Board Chair

LEADERSHIP

EXECUTIVE LEADERSHIP

Bill Bailey - President/CEO Matt Kuhlman, CPA - Vice President/ CFO

Kellee Webb, SHRM-SCP, SPHR - Vice President, Human Resources David Lee, Ph.D. - Vice President of Client Engagment

SaKora Perkins - Senior Director, Revenue Cycle

George Mills - Assistant Vice President Angel Hull, Ph.D., MSSW, MBA PMP -Assistant Vice President of Clinical Services

CORPORATE MANAGEMENT

Becky Howland - Director of Development

B. Victor Honadijy, MHA - Director of Business Development & Marketing Heather Robertson, LMSW - Director of Utilization Review & Admissions Monique Krolak - Director of Training Averil Sylve - Senior Manager, Client Registration and Intake

Tequila Henderson - Senior Manager of Revenue Integrity

Austin, TX

Detox/Short-term Residential

Nick Vache, MBA, LCDC-**Facility Director** Kerry Smith - Senior Business **Development Manager**

Houston, TX

Long-term Residential and Detox/ Short-term Residential

Eugene Hall, LCDC - Facility Director Dwayne Parr - Senior Business Manager

Odyssey House - Adolescent Residential

Derrick Lott, LCDC - Facility Director

Fort Worth, TX Long-term Residential

Don Goad, LCDC - Facility Director Kimberly Reaves - Senior Vocational Services Manager

San Marcos, TX Prevention Services/ Care **Counseling Services** Carla Merritt, LMSW, LCDC, CPS -Senior Prevention Manager

Tyler, TX

Detox/Short-term Residential Hollis Hill, LCDC - Facility Director

Waco, TX

Detox/Short-term Residential

Eric Jeter - Regional Director of Reaion 7

Care Counseling Services

Stacie Woodall, MCJ, LCDC -Senior Outpatient Manager

Baton Rouge, LA Long-term Residential

George Mills - Assistant Vice President and Facility Director Patrick Odom, CAC, COSS - Senior Vocational Services Manager

Short-term Residential

Christopher Harrell, BSN, MHA -**Program Director**

BOARDS

NATIONAL BOARD OF DIRECTORS

Abelino "Abel" Reyna, J.D. -**Board Chair** Willie Mount -Past Chair William Ferguson -**Board Secretary** William "Rick" Grinnan, Jr. -**Board Treasurer**

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Michael D. Viator, CPA O. Duane Gaither II **Ralph Hawkins**

Rick Fountain, J.D.

EMERITUS

Captain Reeves R. Taylor Ellis L. Tudzin **Robert Sutter**

ADVISORY BOARDS

Austin, TX Chad Cantella Kama Harris

Fort Worth, TX Mimi Coffey Stephen Gebren **Scott Jones Ross Taylor**

Houston, TX Vanessa Ayala Tanner Bailey Brian Daigle Sherrie Johnson

David Berrier

Baker, Kelty, M.D. Dee Murray Warren Brooks David Harrell **Howard Bushart** Keith Peterson Andy Stewart Kevin Baimbridge

Odyssey House Houston

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Tyler, TX **Eric Broughton** Anika Cooper Ricky Garner Dr. Dorothy Jackson Deborah Jones Lieutenant David Long Councilman Ed Moore Brittney Nichols, LPC-S Tony Rand Debra Wyatt

Waco, TX Jackye Clayton Teri Holtkamp Dr. Lance Kelley Robert Lanning Bruce Neatherlin Dr. David Pooler Martie Sauter

Baton Rouge, LA Susan Thornton Patril Young Alison Walker Miles Williams Dianne Andrews **Treasure White**



There is no wrong door to recovery.

While that concept was gaining nationwide traction over the past couple of years, Cenikor was already opening doors at every level, clinically and geographically. As the Foundation spread its reach to under served communities, it was also providing whatever clinical opportunities a client may require for a successful recovery.

The need is enormous. According to the Centers for Disease Control and Prevention, "40 million Americans ages 12 and older—or more than 1 in 7 people—abuse or are addicted to [substances]. This is more than the number of Americans with heart conditions (27 million), diabetes (26 million) or cancer (19 million)."

Add to that co-occurring disorders, substance misuse combined with mental health problems are more the norm than the exception, which presents additional challenges to caregivers.

Cenikor's approach—bridging the gap between mental health and addiction—is multi-disciplinary, evidence-based and integrated, with complete continuity of care.

People are asking for help. Each year, Cenikor hears from more people who need our services. In 2016, the Access Center fielded 50,172 calls. In 2017, the number jumped to 76,109; and in October 2018, we have already received 70,477 requests for help.

For all these calls, all these people asking for help, how many doors are there? Perhaps more than we can name.

Melissa Mayo, LCDC, Clinical Manager of the Fort Worth Facility, says, "We often hear that a person has to hit rock bottom to consider getting help. But everyone's bottom is different. People can be ready for recovery at different stages of addiction. That's why we have so many different programs at Cenikor.

And within each program, each clinician has different strengths and will be matched with clients who need those strengths.

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FOR EACH CLIENT, THERE IS A **DOORWAY TO SUCCESSFUL RECOVERY.** "

Cenikor's care is personalized. Each treatment plan is as individual as the client."

Care begins with the first phone call.

Cenikor's Access Center is the front line. Specialist Mario Gomez says, "It takes courage to ask for help. Callers are nervous about admitting they have a problem, and they're giving us very personal information. We don't judge. Our goal is to help them feel comfortable and to get them into treatment as quickly as possible."

Each call takes as long as it needs, depending on the caller's circumstances. Access Center specialists follow specific qualifying protocols about substances, struggles, physical and mental health. They set an appointment for the caller to talk with a clinical counselor, and they begin to help the client with funding. Most important, they encourage the caller to stay engaged.

Mario says, "The Center is staffed with caring and concerned people. We know callers are at their wit's end. We have empathy for their plight and are dedicated to help them begin healing."

The Access Center has expanded its hours to midnight, with the intention of soon being available 24/7. "Addiction doesn't prompt a call during normal business hours," says SaKora Perkins, Senior Director, Revenue Cycle, which includes Access Center, Admissions, Insurance and Utilization Review. Clients may never know what goes on behind the scenes to get them into the program. "Addiction doesn't care about a person's finances or any other struggle," she says.

"We try to mirror that by removing finances as a









barrier. We create a financial plan for any caller." Cenikor offers significant discounts, grants, payment plans and government funding to help the uninsured or under-insured. "Our focus is more about getting them (clients) into treatment" SaKora says.

The client's next step is walking through the first of many right doors. Pam Karnes, LCDC, the Admissions Manager at the Fort Worth Facility says

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THE EPIDEMIC [OF ADDICTION] MORPHS EVERY DAY, AND SO DO WE."

This is why Cenikor's unique continuum of care is so important. There are multiple options at every stage of the recovery process, including short-term residential and a variety of outpatient services." [See Family of Services]

For many, the process begins with detoxification. In addition to inpatient detox, there are two outpatient detox programs, according to Stacie Woodall, BS, MCJ, LCDC, Senior Manager, IOP.

Cenikor offers Detox, a clinical model that includes a daily visit with a medical professional and full IOP program. This intensive level of care is a four-to-seven-day protocol that allows participants to maintain their work and life schedules. Medication-Assisted Therapy (MAT), being piloted in Waco, is a medical ambulatory model that helps clients detox off opioids.

IOP is also an ideal step-down from residential programs. The eight-week program includes one individual session each week as well as three, three-hour group sessions led by licensed professional counselors.

Stacie says, "Cenikor understands recovery. That's why we offer as many treatment programs as possible to meet clients at their need and why we have a higher rate of sustaining recovery. For clients to be productive members of society, they must play a role in their own recovery.

Also unique to Cenikor: there are no clinical silos.



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WE'RE ONE OF THE FEW PROVIDERS THAT OFFERS A FULL CONTINUUM **OF CARE TO EVERYONE – INDIGENT** OR PRIVATE PAY. THAT'S **UNIQUE** IN THIS FIELD."

The goal, says Angel Hull, PhD, MSSW, MBA PMP, Assistant Vice President, Clinical Services, is a fluid hand-off from service to service without a gap in care.

"This comes from awareness," she says. "Awareness of client needs, awareness of services—from the first call, throughout treatment. We look at immediate and long-term needs as we help clients build an emotional support network outside Cenikor."

"Relationships are important. The client must have faith and trust in the care team to buy into our

services. If they are willing to listen and take advice, we can help get them where they want to be. It's the clinician's job to be aware and connect to other services. It's a team approach. Every member of the team is crucial in the process."

Each Cenikor department is connected to the client, pointing to a right door. SaKora sums it up, "As a financial officer, my purpose is still recovery. The things this leadership team will do to get a person to a place to restore his or her life is amazing. I'm honored to be part of the team."

In the end, our clients are the heroes. We provide the doors, but they walk through them.

OPIOID CRISIS: A NATIONAL CONVERSATION

"It's hard to imagine the impact the opioid crisis is having on our nation. In 2016, drug overdose deaths exceeded the number of deaths in the entire Vietnam war, two-thirds of them were from opioids," says Bill Bailey, Cenikor's President and CEO. "Think of the people affected by each death—family members, friends, co-workers, community members. The impact is staggering."

Senator John Cornyn (R-TX) is making a difference in the struggle against opioids. He, along with Dianne Feinstein (D-CA), introduced the bi-partisan Substance Abuse Prevention Act. In September, it passed as part of The Opioid Crisis Response Act of 2018.

The senators believe the legislation is critical to combating the supply of opioids as well as helping people, and their families, who suffer from substance abuse. The bill reauthorizes drug abuse programs and aids agencies to better combat opioid addiction and people recovering from substance abuse.



From Left to Right: Bill Bailey and Senator John Cornyn pictured in a meeting.

It includes the Office of National Drug Control Policy, drug abuse prevention programs, support for families with substance abuse challenges and substance abuse treatment among other programs.

According to the Centers for Disease Control and Prevention, the nation's estimated economic burden of prescription opioid misuse alone is \$78.5 billion a year. That includes the costs of healthcare, lost productivity, addiction treatment and criminal justice involvement.

PEOPLE OF ALL RACES, ETHNICITIES, AND REGARDLESS OF GENDER, ARE DYING. DRUGS, OF COURSE, DO NOT **DISCRIMINATE**."

-SENATOR JOHN CORNYN

"At Cenikor, we focus on one aspect of that picture—addiction treatment, which is vital to restoring lives," Bill says. "We're also involved in the national conversation about all aspects of this crisis. I'm grateful to Senator John Cornyn and others for leading the charge."

In September, Senator Cornyn addressed his fellow Senators: "People of all races, ethnicities, and regardless of gender, are dying. Drugs, of course, do not discriminate. And even when people survive an overdose, they often come back only to return to the prison of their addiction. Sometimes they rob, they steal or they sell themselves in order to get their fix for oxycodone, hydrocodone, heroin or fentanyl. All opioids. Meanwhile, for the rest of their lives, their relationships, their families crumble."

First elected to the U.S. Senate in 2002, Senator Cornyn is currently in his third term. In addition to serving on the Senate Finance, Intelligence and Judiciary Committees, he serves as the Majority Whip, the second-highest ranking position in the Senate Republican Conference.

"I appreciate that Senator Cornyn understands the importance of a strong infrastructure to address this crisis," Bill says, "and that he carries the message to the highest levels of our government."

FROM STRUCTURE TO TRUST

At 16, Andrew N. is discovering some things he likes. He likes responsibility. He likes to learn. And he likes to be trusted. Before coming to Odyssey House, he didn't know these things about himself.

Andrew started smoking marijuana at age 12, then moved on to liquor and cocaine. At first, he was just experimenting, then he thought the drugs helped him deal with stress. Soon they were causing stress. Once after leaving a party at 3 a.m., he climbed into a car with three equally drunk friends. Instead of stopping for police who noticed their weaving car, they led a high-speed chase, crashed into a tree and ran.

Andrew was charged with evading arrest. He was later charged with criminal trespass, and still later for possession, driving without a license and a DUI. When he failed a second drug test, he was sent to juvenile detention. That's when his probation officer suggested Odyssey House.

"I felt welcomed at Odyssey House," he says. "Everyone is nice, and I'm able to stay out of trouble. My mom comes to visit and keeps me motivated. I think about my mom a lot here. I don't want to hurt her again."

"When I go home, I expect to be sober and stop hanging around with a bad crowd."

"Being here has helped me change my life and my mindset." There's a lot Andrew likes about Odyssey House. "The staff, the environment, responsibility, my peers."

46 I USED TO WONDER IF I WAS **WORTH ANYTHING. I DON'T** THINK THAT WAY ANYMORE. " -ANDREW N.

The program, for teens 13-17, focuses on strengths and rewards good behaviors. In addition to individual, group and family counseling, the teens attend classes such as smoking cessation, anger management and 12step groups. Participants learn life skills, responsibility and leadership. They continue their education with qualified teaching staff in an on-site accredited school.

As dorm manager and activity manager, it's Andrew's job to be sure everything is clean and in place and to monitor his peers. "This is my first time to have any responsibility, and I'm learning how to do it. The staff trusts me. It's nice to know people trust me."

"I like to learn. I learned a lot when I came here." When I leave, I plan to take it with me and apply it in the outside world. My mother is proud of me now. She knows Odyssey House has helped me. I want to finish high school and become an electrician. My counselors are helping me figure out how to do that."





FROM DETOX TO SHORT-**TERM TO LONG-TERM**

Craig W. started drinking when he was 11 and was shooting up hard drugs by the time he was 15. He's not sure why. Maybe it was because his friends did. Maybe it was anger. Maybe it was because his father was into law and order, and Craig wanted to rebel. He excelled at rebellion. For instance, when he was accepted into Clemson University, he refused to go. Instead, he got construction iobs and continued to use.

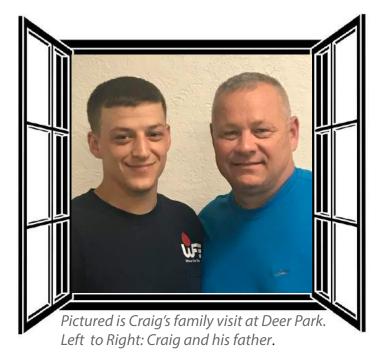
Since he was 17, Craig has tried 19 rehab programs across the country. Originally from Baltimore, he came to Houston to try another one. He picked up a few tips from each of them, but he wasn't ready.

After he left the last program, he attended AA meetings and saw Cenikor people who were getting 18-month chips. "I Googled Cenikor and got into detox at Deer Park. After three days, I decided, 'I've got this,' and left. Things got worse. I scheduled three more appointments before I finally showed up. They welcomed me back. I was in detox 11 days, then started the shortterm program."

Craig's counselors were shocked when he asked to transfer to Deer Park's long-term program.

"I've done 90-day programs. I needed to do the long-term program to show myself I could do it. I was tired of the cycle and really wanted to get clean, but I had a bumpy start. I wasn't getting my way, and that made me angry until I realized I was making it harder for myself. Doing things my way was what got me into this mess. My program got easier when I started listening. Being held accountable is what I love about this place. They hold me accountable for my attitude, and I say 'thank you."'

When his parents, who he had not seen for four years, came to visit, they didn't recognize him.



He was polite. He wasn't angry. Craig says, "When my dad, who's a state trooper, said he was proud of me, I teared up."

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MY FAMILY WAS DONE WITH ME. NOW THEY'RE IN MY LIFE AGAIN. **CENIKOR DID THAT FOR ME."** -CRAIG W.

Craig is 26 now and can't name enough successes: family relationships, respect of his peers, a job he loves in maintenance at the Deer Park Facility. "This is the first time I've set goals and completed them. It's beyond amazing. It makes me want to set bigger ones. I know I can count on my peers, and they can count on me. For the first time, I'm proud of myself."

"Anyone who struggles with an addiction as bad as mine needs long-term treatment. You need the time to look at yourself and your problems and learn to set boundaries. Give it a shot. It's a hard program. Wait for the miracle. Work for the miracle. It will happen."

"I can't stress how awesome this program is. For the first time, I have convictions, I have boundaries. I have my family. I have a voice, and my voice matters."

RELAPSE IS NOT THE END

George L. agrees there's no wrong door to recovery. He's walked through three of them.

Starting when he was 12, George occasionally abused substances, and, until he discovered opiates, he was a high-functioning addict. Through high school, college and law school, he could abuse substances and still keep up.

His first hiccup came in his second year of law school when his mother passed away. The loss was monumental. That's when he found pain killers. Once he graduated law school and moved home to Marshall, TX, he found the dark web and used it to purchase many different types of drugs. By the end of his run, he was using numerous hard drugs intravenously. "That's a different monster," he says.

He soon had amassed a string of misdemeanors, including reckless driving charges that probably should have been DUIs. "A lot of people were trying to help me, but I was too far gone to take a hint"

There was a reason. "The physical addiction to opiates is different than any other. Without it, the symptoms are worse than the flu. The only solution is more."

George's family had talked to him about Cenikor, but without failing a drug test and landing in the county jail for 30 days, he may not have listened.

Once released, he went straight to Deer Park. "I never knew what it meant to be an adult. There, I learned what a sober lifestyle looks like. I learned to stay out of my feelings and make logical decisions." Then he relapsed, rationalizing, "I'm sober now, what can it hurt?" After departing the Deer Park facility he ended shooting up within three days.

"The success of Cenikor is not in doing the program, but in finishing it," he says. "For some of us, relapse is part of recovery."



His sister, who lives in Baton Rouge, got him into Cenikor's long-term program there, and accountability took on new meaning. "I learned how real [addiction] is. [Relapse] opened my eyes."

During his re-entry phase, George entered his third Cenikor door. He enrolled in the Intensive Outpatient Program where he participated in three-hour process groups three times a week. "I attribute a lot of my success to IOP. I looked deeply at my emotions and how they played out in real life. I learned to own my mistakes, learn from them and move forward."

George's suspended law license was recently reinstated, and he is working as a law clerk until he takes the Louisiana Bar exam.

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CENIKOR IS MORE THAN DRUG AND ALCOHOL REHABILITATION. IT'S A PLACE TO LEARN LIFE SKILLS THAT SET PEOPLE APART."

-GFORGE L.

"Finishing Cenikor was part of my destiny," – one he fulfilled on September 1, 2018.

George sets himself apart as a positive role model for others: his nieces, who he never wants to disappoint; Cenikor residents, who he encourages every week; members of his AA groups, with whom he shares hope. He's grateful Cenikor opened the right doors.

PROGRAM DEMOGRAPHICS

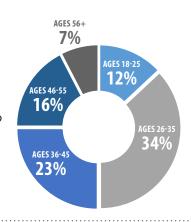
SHORT-TERM RESIDENTIAL TREATMENT

2,000 clients sought treatment from July 1, 2017 - June 30, 2018.



Education & Career Development

Cenikor offers opportunities for clients to learn about employment, education and workforce training while receiving treatment. We also provide a library with more than 300 books and magazines that encourage clients to learn something new. Cenikor partners with local community resources to offer assistance with resume writing, interviewing, employment opportunities, health screenings and physical fitness activities.



LONG-TERM RESIDENTIAL TREATMENT

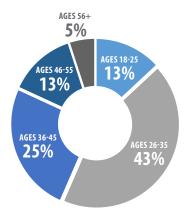
1,151 clients sought treatment from July 1, 2017 - June 30, 2018.



Education & Career Development



Cenikor offers opportunities for clients to learn about employment, education and workforce training while receiving treatment. Clients are encouraged to earn GED credentials, post-secondary education and training, and develop job readiness skills for successful employment: positive work behaviors, resume development, presentation skills, job search strategies and participate in rehearsal interviews.



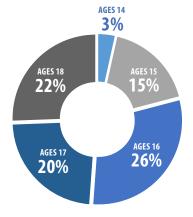
ADOLESCENT RESIDENTIAL TREATMENT

190 clients sought treatment from July 1, 2017 - June 30, 2018.



Education & Career Development

Through our partnership with Houston Independent School District, adolescent clients are able to work on their education and learn about job and other educational opportunities while receiving treatment.



ADULT & ADOLESCENT OUTPATIENT SERVICES

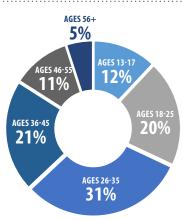
1,859 clients sought treatment from July 1, 2017 - June 30, 2018.



Education & Career Development



Cenikor encourages clients to actively pursue education, employment and training opportunities to increase their ability to provide for their families and to be contributing members of their communities. We refer clients to local community resources that assist them with a multitude of available services.







FULL CONTINUUM OF CARE

We are committed to helping people with substance use disorders and behavioral health issues through a full continuum of care. We offer a variety of programs including Detox, Short-Term Residential, Long-Term Residential, Adolescent Residential, Outpatient Detox, Adult Outpatient, Adolescent Outpatient, Medication-Assisted Treatment, Sober Living and Prevention Programs with services throughout Texas and Louisiana. Our focus is to provide high-quality, affordable services to the clients and the communities we proudly serve.

DETOX

Cenikor's Detox program provides medically supported detoxification and stabilization for adult clients going through the active withdrawal symptoms associated with a recent substance use disorder. This is a critical period in the treatment process and professional assistance is especially important. Medical support, including individualized medication protocols, is provided around the clock along with individual counseling.

Austin, TX | Houston, TX | Tyler, TX | Waco, TX | Baton Rouge, LA

SHORT-TERM RESIDENTIAL

Cenikor's Short-Term Residential programs provide non-emergency care and treatment for people with substance use disorders and related behavioral health disorders. Comprehensive, individualized treatment plans include assessment, screening, individual and group counseling, life skills training and education for family members.

Austin, TX | Houston, TX | Tyler, TX | Waco, TX | Baton Rouge, LA

LONG-TERM RESIDENTIAL

Cenikor's Long-Term Residential program is designed for people who are physically ready, mentally capable and willing to participate in all aspects of the recovery program, including education and workforce development. Our therapeutic community (TC) model uses peer influence and clinical counseling to help clients change the attitudes, behaviors and perceptions associated with substance use disorders.

Houston, TX | Fort Worth, TX | Baton Rouge, LA

ADOLESCENT RESIDENTIAL

Cenikor's Adolescent Residential treatment focuses on recovery for adolescents ages 13-17. Clients learn how to live with structure as behaviors and attitudes are addressed by both peers and counselors. In addition to individual, group and family therapy, teens continue their education with qualified teaching staff at an accredited school on site.

Houston, TX

OUTPATIENT DETOX

Cenikor's medically-supported Outpatient Detox services are available for individuals experiencing minimal withdrawal symptoms from opioids. Clients are provided with a physical exam, supervised care overseen by a licensed medical director, individualized treatment plan, medication to assist with withdrawal symptoms, counseling, orientation to support groups, discharge planning and referral during flexible evening hours.

Houston, TX | Tyler, TX | Waco, TX | Baton Rouge, LA

ADULT OUTPATIENT

Cenikor's evidence-based outpatient programs provide substance use disorder and behavioral health recovery services to adults on an individual, group and/or family basis. Licensed clinical staff provide comprehensive services, including screening, assessment, early intervention, recovery after-care services

Killeen, TX | San Marcos, TX | Temple, TX | Tyler, TX | Waco, TX | Baton Rouge, LA

ADOLESCENT OUTPATIENT

Cenikor's adolescent outpatient program provides treatment for those whose lives are impacted by substance use. Licensed clinical counselors conduct evidence-based outpatient group counseling programs for adolescents ages 13-17 and their families. Cenikor's outpatient satellite model makes recovery services available in underserved communities and our programs through independent school districts allow students to maintain their educational efforts while receiving quality clinical care on campus.

San Marcos, TX | Tyler, TX | Waco, TX | Baton Rouge, LA **Independent School Districts:** Katy ISD



Cenikor's Sober Living program provides a safe, supportive environment for those in recovery who are ready to reintegrate into their respective communities. We offer both men's and women's Sober Living homes, providing an intermediate phase between the controlled environment of treatment and the challenges of the real world. Sober Living provides those in recovery with essential support, structure, resources and security to take their first steps toward independence. Waco, TX

PREVENTION

Cenikor's Prevention Services provide age appropriate evidenced-based curriculum to students of all ages. Students are taught the skills necessary to develop good self-esteem, resist peer and media pressure, and explore tobacco, alcohol and drug-free activities.

San Marcos, TX

PREVENTION PPI

Pregnant and Postpartum Intervention (PPI) is a program to assist pregnant and post-partum women to become and stay drug, alcohol and tobacco free. PPI strives to improve the health of both mother and baby, and women at risk for substance use. Our PPI services provide case management, assessment, education and support groups for females who are either pregnant or have babies under 18 months and are at risk or using alcohol or drugs. Killeen, TX | Temple, TX

MEDICATION-ASSISTED TREATMENT

Cenikor's Medication-Assisted Treatment provide medically supported detoxification and stabilization for adult clients going through the active withdrawal symptoms associated with a recent substance use disorder. Psychosocial treatment, also known as behavioral health treatment, is used in conjunction with all drug therapies for opioid use disorder. Waco, TX







PROGRAM OUTCOMES

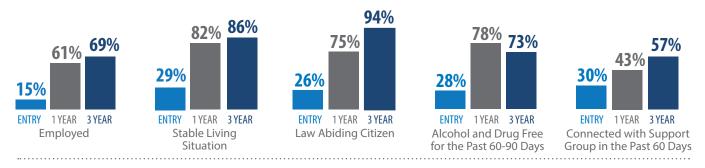
SHORT-TERM RESIDENTIAL TREATMENT

Data from graduates of the program between July 1, 2016 to June 30, 2017.



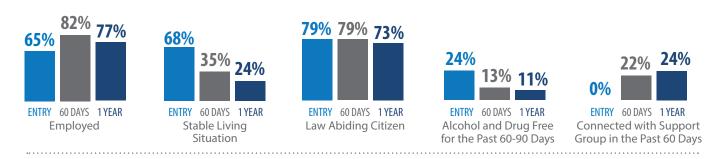
LONG-TERM RESIDENTIAL TREATMENT

Data from graduates of the program between July 1, 2014 to June 30, 2017.



ADOLESCENT RESIDENTIAL TREATMENT

Data from graduates of the program between July 1, 2016 to June 30, 2017.



ADULT & ADOLESCENT OUTPATIENT SERVICES

Data from graduates of the program between July 1, 2016 to June 30, 2017.



FINANCIAL INFORMATION

IN THE PAST FIVE YEARS, CENIKOR HAS HAD A 48% INCREASE IN REVENUE AND 56% INCREASE IN EXPENDITURES.

STATEMENT OF ACTIVITIES

FISCAL YEAR 2018

REVENUE

Program Revenues	\$20,246,039
Philanthropy	\$2,475,033
Government Funding	\$1,029,813
Other	\$350,819

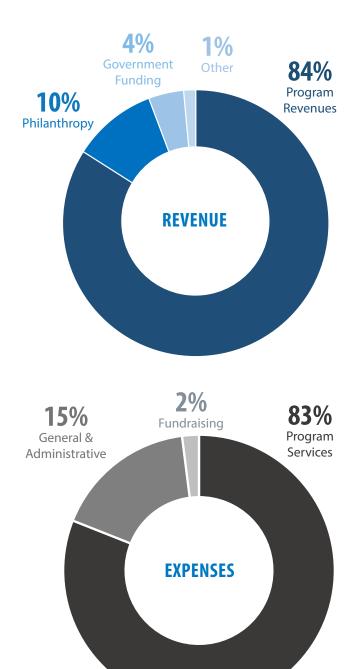
\$24,101,704

EXPENSES

\$18,785,790
\$4,015,350
\$504,262

TOTAL EXPENSES	\$23,305,402

Total Change in Net Assets	\$796,302
Net Assets, Beginning of Year	\$17,405,468
NET ASSETS, END OF YEAR	\$18,201,770



SUPPORTERS

Abel and Halston Reyna

Aetna

AIG

Albemarle Foundation Albert & Ethel Herzstein -

Foundation

Alden and Margaret Laborde -

Foundation

Alex and Paulette Howard

Amal Jermaine Davis

Amon G. Carter Foundation

AmWins Brokerage of Texas

AOS Engineering

Austin J. Powers

Bantley and Kyttie Sanford

Baylor Scott & White Health -

Hillcrest

Ben and Maytee Fisch

Ben E. Keith

Bennetta Knox

Beth Alford

Biggz Tree Service

Bill and Mary Lee Dixon -

Foundation

Bill and Michelle Bailey

Bob and Bea Lytle

BrandWood Wireless

Brian Citro

Caldwell Companies

Central Texas Food Bank

Charles Lamar Foundation

Cheetah Transportation

CHUBB



City of Deer Park

City of Lockhart

City of Tyler

CKS Packaging

Community Bank & Trust

Constance Cormier

Cooper Foundation

Cynthia Louise Forster

David Clem

David McDonald

David and Joslyn Paris

Deer Park Rotary

Denver Elaine Dykes

Derrick Lott

Distribution Now

Dona Fazarro

Don and Teresa Goad

Dr. David Lee

Dr. Don & Dr. Marianne Marcus

Dr. Kelty Baker

Duane Gaither

Dugan Foundation

Dwayne Parr

East Texas Food Bank

Ed Brandon, in memoriam

Ellis Tudzin

Emily Godsey

Eric R. Jeter

Estelle Abner

Eugene Hall Jr.

Evelyn Hall Foundation

Frost Bank

Gabe and Sakora Perkins

General Plastics

Gracie Elaine Parnell

Greater Baton Rouge Food Bank

Greater Houston Community -

Foundation

Gwyn Jeter Horn

Hamill Foundation

Hartford Foundation

HCIS

Healing Place Church

Hern Family

Hollis Hill

Houston Food Bank

Houston Livestock Show & Rodeo

Houston Methodist

Huey & Angelina Wilson -

Foundation

Huntsman Corporation

Independent Bank

Industrial Piping

Irwin Siegel Agency

Island Famous Inc.

James Head

Jeff Hunter Toyota

Jeffrey Ball

Jefferson United

Jeryl Schultz & Lawrence Schreve

- Family Trust

Jessica Ann Martinez

Joe O. Higgins

John and Kathy Collado

John P. McGovern Foundation

Judge Glenn H Davis

Justin Magnuson

Kimberly Carabet

Kimberly Clark Corporation

Kimberly Reaves

Kimberly Sue Adams

Kiwanis Foundation of Houston

Kroger Burrus Nelson Law Firm

KWS Manufacturing Company

Larry and Stacy Hobbs

Law Office of Cody Cleveland

Larry Johnson

Leo Abel

Linda Rodriguez

Locke Lord

Lockheed Martin Aero Club

Lockwood

Lorena Luna

Louis Hall

Mac Haik

Marquita Hackett

Martha Elizenda Solis

Martin and Mary Svendson

Mary Angela Casanova

Mary Haferkamp

Mary Vanesta Bell

Matthew Kuhlman Melissa Mavo

Mensor Cares

Metro National Michael Collin Barbee Mike & Virginia Viator Miles Williams Milton T Thomas Nick Vaché P.A. Inc Pannell Kerr Forster of Texas Pasadena Skid & Pallet Paul Randolph Stanford **PJC Investments** Regions Bank Rick Grinnan **Robert Sutter** Ron & Kellee Webb Ronnie McGlothin Rosie Busby **Ross Taylor Ryan Foundation** SA Psychological Samaritan's Purse San Marcos Lions Club Sandra Thomas Senator Willie L. Mount **Sharese Morton** Shelton Plumbing St. Lukes Foundation St. Marks Episcopal Church Stacie M. Woodall Steven M. and Francine C. Palm Suanna Kennemer Suemi Leticia Suarez Superior Health Plan Sysco Food Services Tanglewood Wealth -Management **Tarrant County Food Bank** Taylor & Taylor Construction Teresa Lowry Quisenberry Terrell Williams Texas First Bank Texas Gulf Bank

The Brown Foundation

The Ellwood Foundation The Financial Advisory Group

The Rogers Foundation

The Coffey Firm

Tioga Pipe Tracy Escobar Travelers Insurance Trustmark **United Way of Central Texas** United Way of Greater Fort -**Hood Area** United Way of Hays County **USI Southwest UT Health Northeast** Vern and Martie Sauter Valerie Holcomb **Vista Proppants and Logistics** Wald Relocation Wendal Pardue William & Dee Murray William Ferguson

And many more donors, friends and Cenikor employees



CONTRIBUTIONS FROM SUPPORTERS ENABLE CENIKOR TO PREPARE AND ASSIST **CLIENTS TO BECOME** RESPONSIBLE CITIZENS ERFE FROM A SUBSTANCE USE DISORDER. THANK YOU!



COMMUNITIES MAKE A DIFFERENCE



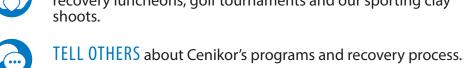
Become a BUSINESS PARTNER and employ our clients and graduates. 88 percent of long-term graduates are hired by our business partners.



DONATE MONEY, personal hygiene products, clothing, paper goods or office supplies.



VOLUNTEER OR REGISTER FOR OUR ANNUAL EVENTS including recovery luncheons, golf tournaments and our sporting clay



YOUR SUPPORT IS VITAL TO OUR MISSION. THE DONATIONS AND INVOLVEMENT FROM INDIVIDUALS, WORSHIP CENTERS, BUSINESS AND FOUNDATIONS HELPS CHANGE LIVES.

PURSUING EXCELLENCE

This past year, Cenikor was repeatedly recognized for excellence:

- 4-star rating for the seventh consecutive year Charity Navigator
- 3-year renewal accreditation by the Commission of Accreditation of Rehabilitation Facilities — CARF
- Awarded Bronze level GuideStar
- Members of the Better Business Bureau in Houston, Texas
- United Way in Central Texas, Greater Fort Hood Area and Hays County

THE HIGHEST **ACCOLADES** WE RECEIVE ARE FROM **OUR CLIENTS** — THE TESTIMONIALS YOU'VE READ IN THIS REPORT — AND HUNDREDS OF OTHERS BRING US THE GREATEST SENSE OF ACCOMPLISHMENT.











WELCOME CHARLIE'S PLACE

We are very excited to announce that Charlie's Place Recovery Center (CPRC) has joined the Cenikor Foundation family to expand services in Corpus Christi and Rio Grand Valley, that include: detoxification, inpatient treatment, outpatient treatment, and recovery support. More to come.

AUSTIN

2410 Howard Lane Austin, TX 78728

FORT WORTH

2209 South Main Street Fort Worth, Texas 76110

HOUSTON

Deer Park Residential

4525 Glenwood Avenue Deer Park, Texas 77536

Odyssey House - Adolescent Residential

5629 Grapevine Street Houston, Texas 77085

KILLEEN

4520 E. Central TX Expwy., Ste 102 Killeen, Texas 76543

SAN MARCOS

1901 Dutton Drive, Suite E San Marcos, TX 78666

TEMPLE

416A N. 3rd St. Temple, Texas 76501

TYLER

Detox/Short-term Residential

1827 W. Gentry Parkway Tyler, Texas 75702

Outpatient Services

1530 S SW Loop 323, Ste 125 Tyler, Texas 75701

WAC0

Detox/Short-term Residential

3015 Herring Avenue Waco, Texas 76708 **Outpatient Services**

3416 Hillcrest Drive Waco, Texas 76708

BATON ROUGE

Baton Rouge Residential

2414 Bunker Hill Drive Baton Rouge, Louisiana 70808

CORPUS CHRISTI-CHARLIE'S PLACE

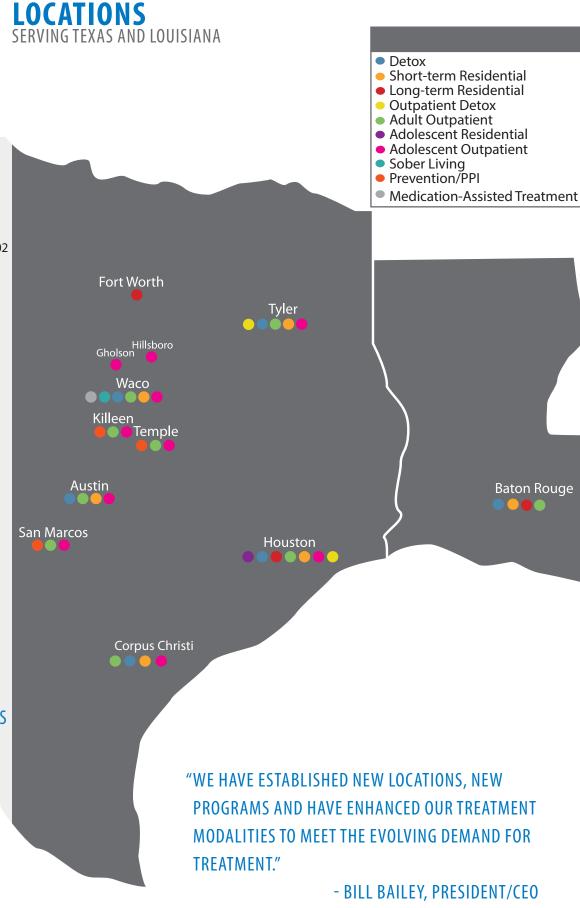
5501 IH 37 Corpus Christi, Texas

SATELLITE LOCATIONS **Adolescent Outpatient**

Katy ISD

CORPORATE OFFICE

11931 Wickchester Lane, Suite 300 Houston, TX 77043 713.266.9944



THE FOUNDATION OF OUR SUCCESS IS BUILT ON OUR STAFF

Estelle Abner | Kimberly Adams | Joseph Agaranna | Crystal Aguilar | Theresa Aikens | Safyah Alam | Tracy Aleman | Janelle Allen | Angie Alvarado | Jacqueline Alvear | Stephanie Alzate | Allison Anderson | Desiree Anderson | Patricia Anderson | Edia Antoine | Enchantress Anyadiegwu | Anna Argeanton | Jeanette Arizmendez | Shannon Austin | Alyssa Autrey | Justine Avila I Paul Avila | Kyle Baca | Selicia Bailey | Bill Bailey | Jeffrey Ball | Myles Ball | Angela Banks | Elizabeth Banks | Anthony Basco l Dietri Batts I Mark Beach I Mary Bell I Eloise Beltran I Jasmine Belyeu I Jennifer Bennett I Virginia Berry- Green I Katherine Bishop | Rose Blanton | Megan Blocker | Nicole Blohm | Alexander Bonen | Anthony Borja | Sunshinne Bowser | Wakayla Bradford | Monty Brecheen | Ross Brooks | Debra Broussard | Karla Brown | Rosie Busby | Rebecca Buzek | Betty Byrd | Shawn Byrwa | Rosa Calderon | Frank Cantu | Wendell Carey | Tina Carter | Mary Casanova | Cristina Castro | Priscilla Cavil | 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