



*An adolescent program  
of Cenikor Foundation*

**Short-term Residential Adolescent Program**  
Admissions Information/Packing List

**What to bring (Parent):**

- Proof of residence (copy of current lease agreement, electric bill, gas bill, or cable bill).
- Proof of income (check stub for all employed household members or Unemployment Verification Form if not employed).
- Proof of Supplement Security Income (SSI) or Social Security Disability Insurance, SNAP food benefits. (food stamps), housing or Medicaid benefits, child support, alimony (if applicable).
- Psychiatric/psychological evaluation/assessment (for adolescent)
- Photo/identification Card, or driver license (if adolescent has one).
- Insurance card.

**What to bring (Adolescent):**

- Medication(s) – must be in prescription bottle with adolescent’s and prescribing physician’s name on the bottle)
- Birth certificate
- Immunization records (current)
- School records (transcript, report card, or withdrawal form)
- Conditions of probation, court order, CPS documentation, other legal paperwork
- **Hygiene items:**
  - body wash/soap
  - shampoo & conditioner (recommend 2 in 1)
  - deodorant
  - toothbrush/toothpaste
  - comb/hair brush
  - disposable razors
- **Shoes** – *Shoes must closed at the toe, sides and heel. Closed toe shoes must be worn in all common areas.*
  - 1 pair (black and/or white).
  - 1 Slippers, flips-flops and/or shower shoes are permitted only in the dorms
- **Clothing:** *Clothing should fit appropriately – nothing too large or tight. Clothing must be free of holes, rips and tears. Pants must not “sag” and must cover undergarments at all times.*
  - 5 White shirts ( Ex Fruit of the Loom, Haines, Gildan) – no logos of any kind
  - 5 Pants – blue jean or Khaki (no bedazzled pockets, no rips, no holes, and no intricate pocket)
  - 1 Workout shorts – black or white or gray pants
  - 2 Pajama bottoms – pants or shorts, no red or blue colors; no inappropriate designs
  - 2 Sleeping shirts - no blue, red, gray, or black; no inappropriate designs
  - 7 Underwear – no specific color; no inappropriate designs (must be worn at all times)
  - 7 Bras – tan or white (must be worn at all times)
  - 7 Socks/pairs – no specific color; no inappropriate designs
  - 1 Sweater/Jacket (no strings or hoodies) – black, white, or gray
  - 1 Belt – black or brown for pants

Clothing/items not permitted:

- clothing/accessories advertising, advocating or displaying:
  - alcohol
  - drugs
  - gambling
  - tobacco
  - affiliation with a gang
  - political messages
  - obscenities
  - profanity
  - racist, sexist and/or sexually suggestive slogans, symbols and/or pictures, halter/tank/tube tops, tops with no straps or spaghetti straps, midriff-length tops, shirts that are too tight or reveal too much chest, cleavage or back
- pants with logos across the backside
- hats are not permitted, except for outdoor activities or when required for religious purposes or cultural tradition (subject to pre-approval by facility manager)
- jewelry or watches
- mouth jewelry/"grills" and/or excessive facial piercings must be removed prior to admit
- Piercings, gauges, belly button rings, etc.

**What not to bring:**

- Cell phones
- Electronic/vapor cigarettes
- Electronics, radios, MP3 players, Ipad, or Ipod
- Electric razors, curling irons, flat irons, hot rollers, hair dryer
- Hair color/dye, hair extensions
- Hygiene Items:
  - products with alcohol
  - perfume/cologne or aerosol spray (including hair spray), mousse, aftershave
  - fingernail polish, remover, or fingernail clippers
  - make-up
  - tweezers
  - powder products
- Food, gum, or candy, or breath mints.
- Over the counter (OTC) medication.
- Towels, blankets, or pillows; these items supplied by the facility.
- Books, Bibles or other reading material (there is a library at the facility – Bibles and recovery related material will be provided).

**\*If you need to reschedule, please do so 24 hours before your scheduled appointment time.**