



Intensive Residential Program
Admissions Information/Packing List

What to Bring:

- 30-day supply of bottled prescribed medications
- Photo Identification Card
- Social Security Card
- Proof of income for the last year or proof of unemployment
- Money for vending machine (one dollar bills and quarters only)
- Stamps, envelopes and writing/art materials
- Books (limit 3) (ex. faith-based, recovery-based, positive non-fiction, etc.)
- Cigarettes (locked at the Nurse/BHT Station. Issued at facility discretion)
- Hygiene items:
 - Body wash
 - Alcohol-free shampoo & conditioner (6th ingredient or lower)
 - Toothbrush
 - Toothpaste
- Shoes (must be closed at the toe, sides and heel.)
- Slippers/flips-flops/shower shoes (permitted only in the shower/rooms)
- One weeks' worth of clothing:
 - Must have jeans or pants to wear during the day, no tank tops.
 - Workout clothes are only allowed outside and at the recreation center.
 - Sweater, jacket or hoodie
 - Undergarments, socks, belts, undershirts:
 - Undergarments are required at all times, and women must wear a bra.
 - Clothing should fit appropriately—nothing too large or tight. Clothing must be free of holes,rips and tears.

Clothing NOT permitted:

- Clothing/accessories advertising, advocating or displaying:
 - Alcohol
 - Drugs
 - Gambling
 - Tobacco
 - Affiliation with a gang
 - Political messages
 - Obscenities
 - Profanity
 - Racist, sexist and/or sexually suggestive slogans, symbols and/or pictures
- Halter/tank/tube tops, tops with no straps or spaghetti straps, midriff-length tops, shirts that are too tight or reveal too much chest, cleavage, waist or back.
- Pants with logos/words across the backside
- High/medium heels/Sandals /"Crocs" (any shoe that do not enclose the entire foot)
- Large or expensive jewelry

- Mouth jewelry/"grills" and/or excessive facial piercings must be removed prior to admission.

What NOT to bring:

- Cell phones
- Contraband of any kind
- Sharp objects including but not limited to:
 - Knives
 - Sewing needles
 - Knitting hooks
- Electronic cigarettes
- Radios or MP3 players
- Tablets/Laptops
- Hygiene Items:
 - Bar soap
 - Products with alcohol
 - Perfume/cologne or aerosol spray
 - Fingernail polish, remover, or fingernail clippers
 - Tweezers
- Food, gum, or candy, or breath mints
- Over the counter (OTC) medication
- Towels, blankets, or pillows; these items supplied by the facility
- Large amounts of cash

Visitation:

- Visitation schedules and free times for phone calls vary by facility.

Client Dress Code

- Jean or pants/Capri pants—must be free of holes, rips and tears. Pants must not "sag" and must cover undergarments at all times.
- Men must wear shirts tucked-in and pants must be worn with a belt.
- Dresses (permitted only when required for religious purposes or cultural tradition. Subject to pre-approval by Facility Director).
- Robe and/or appropriate sleepwear. "Pajama pants" are permitted only for bedtime and may not be worn outside the dorms.
- If issued, name tags are to be worn at all times. They will be worn on the outside layer of clothing and on the upper, left chest.

***If you need to reschedule, then please do so 24 hours before your scheduled appointment time.**