

## **Short-Term Residential Adolescent Program**

Admissions Information/Packing List

### What Parents Should Bring:

- Proof of residence (copy of current lease agreement, electric bill, gas bill, or cable bill).
- Proof of income (check stub for all employed household members or Unemployment Verification Form if not employed).
- Proof of Supplement Security Income (SSI) or Social Security Disability Insurance, SNAP food benefits (food stamps), housing or Medicaid benefits, child support, alimony (if applicable).
- Psychiatric/psychological evaluation/assessment (for adolescent)
- Photo/identification Card or driver license (if adolescent has one).
- Insurance card.

### What Adolescents Should Bring:

- Medication(s) must be in prescription bottle with adolescent's and prescribing physician's name on the bottle)
- Birth certificate
- Immunization records (current)
- School records (transcript, report card, or withdrawal form)
- Conditions of probation, court order, CPS documentation, other legal paperwork
- Hygiene items:
  - Body wash/soap
  - o Shampoo & conditioner (recommend 2 in 1)
  - Deodorant
  - Toothbrush/toothpaste
  - o Comb/hair brush
  - Disposable razors
- Shoes Shoes must closed at the toe, sides and heel. Closed toe shoes must be worn in all common areas.
  - 2 pairs (black and/or white).
  - 1 pair Slippers, flips-flops and/or shower shoes are permitted only in the dorms
- Clothing: Clothing should fit appropriately nothing too large or tight. Clothing must be free of holes, rips and tears. Pants must not "sag" and must cover undergarments at all times.

- o 5 White shirts (Ex. Fruit of the Loom, Haines, Gildan) no logos of any kind
- 5 Pants blue jean or Khaki (no bedazzled pockets, no rips, no holes, and no intricate pocket)
- 3 pairs of appropriate shorts (outdoor activity)
- o 1 Workout shorts black or white or gray pants
- 2 Pajama bottoms pants or shorts, no red or blue colors; no inappropriate designs
- o 2 Sleeping shirts no blue, red, gray, or black; no inappropriate designs
- 7 Underwear no specific color; no inappropriate designs (must be worn at all times)
- o 7 Bras tan or white (must be worn at all times)
- 7 Socks/pairs no specific color; no inappropriate designs
- o 1 Sweater/Jacket (no strings or hoodies) black, white, or gray
- o 1 Belt black or brown for pants

# Clothing/Items NOT Permitted:

- Clothing/accessories advertising, advocating or displaying:
  - Alcohol
  - o Drugs
  - o Gambling
  - Tobacco
  - o Affiliation with a gang
  - Political messages
  - Obscenities
  - Profanity
  - Racist, sexist and/or sexually suggestive slogans, symbols and/or pictures, halter/tank/tube tops, tops with no straps or spaghetti straps, midriff-length tops, shirts that are too tight or reveal too much chest, cleavage or back.
- Pants with logos across the backside
- Hats are not permitted, except for outdoor activities or when required for religious purposes or cultural tradition (subject to pre-approval by facility manager)
- Jewelry or watches
- Mouth jewelry/"grills" and/or excessive facial piercings must be removed prior to admit
- Piercings, gauges, belly button rings, etc.

#### What NOT to bring:

- Cell phones
- Electronic/vapor cigarettes
- Electronics, radios, MP3 players, Ipad, or Ipod
- Electric razors, curling irons, flat irons, hot rollers, hair dryer
- Hair color/dye, hair extensions
- Hygiene Items:
  - Products with alcohol

- o Perfume/cologne or aerosol spray (including hair spray), mousse, aftershave
- o Fingernail polish, remover, or fingernail clippers
- o Make-up
- Tweezers
- Powder products
- Food, gum, candy, or breath mints.
- Over the counter (OTC) medication.
- Towels, blankets, or pillows; these items supplied by the facility.
- Books, Bibles or other reading material (there is a library at the facility Bibles and recovery related material will be provided).

\*If you need to reschedule, please do so 24 hours before your scheduled appointment time.