

CENIKOR

WELL BEYOND RECOVERY

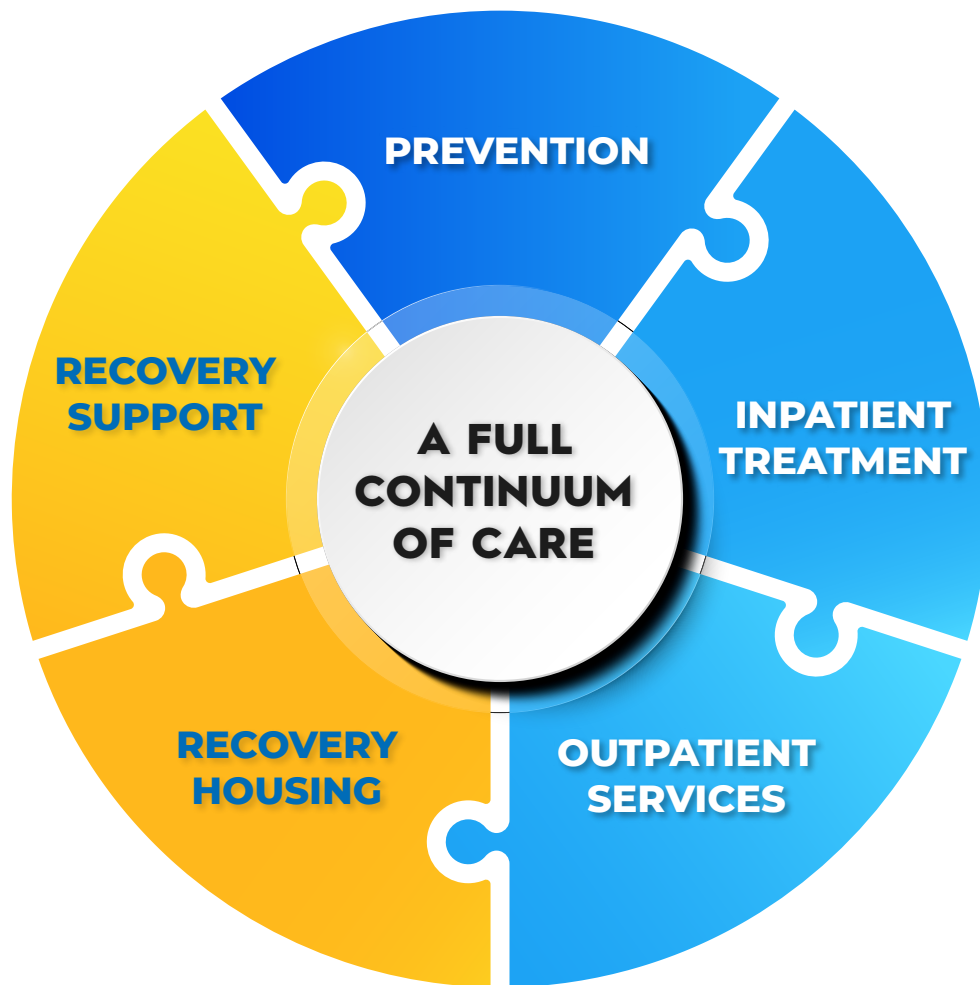


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MISSION

Cenikor. A Place for Change.
Providing a Foundation for
Better Health and Better Lives.

VISION

Cenikor will be a leader in
providing quality substance
abuse and behavioral health
services in the communities
we serve through a contin-
uum of care for adults and
adolescents.

CORE VALUES

- Health
- Wellness
- Faith
- Work
- Recovery
- Respect
- Accountability
- Education

LETTER FROM THE PRESIDENT



During 2022, Cenikor has experienced significant challenge and profound success. Our achievements are due to the resolute focus of our dedicated staff at each of the treatment facilities across Texas and New Mexico that comprise Cenikor.

The resilience and focus of Cenikor are unquestionable. According to the National Center on Charitable Statistics, approximately 30 percent of nonprofits fail to exist after 10 years. The fact that Cenikor has flourished over the past 55 years of operation is a notable accomplishment. All levels of our leadership and front-line staff contribute to our strategic growth, so I must extend my gratitude to their selfless commitment to Cenikor, our mission, and our clients.

The national drug and alcohol addiction statistics in the nation, are astounding, and the number of US citizens suffering from substance use disorder has increased year-over-year for the past several decades. Substance use is apparent, especially in Texas. We see it across all of our facilities. Last year, we saw an 8.8% increase of opioid users coming to our facilities. This has increased the stress of our system, but we've risen to the challenge.

Cenikor strives to stay abreast of changes in drug culture, and drug treatment methodologies. This is critical, because the drugs used have evolved ... they are more sophisticated in their chemical makeup, and are far more addictive than we saw in the earlier 2000's. Yet, Cenikor has continued to serve the needs of this ever-changing population. And we are more successful in our treatment methodologies than most other treatment facilities in the United States, with a track record covering more than half a century, and treating more than 300,000 clients.

Entering this next year, we shall do so with a more pronounced focus on the mental health of our clients, because it is estimated that more than 17 million adults in this country have a co-occurring disorder. We are addressing this with additional counselors and leadership staff who bring profound mental wellness experience with them.

As we face changes in the drug treatment industry, we are also facing changes in our economy. As staffing has become more of a challenge, and costs for everything from food, to energy, and other aspects of providing care to our clients, I must also thank our funding sources. Without our donors, there would be no treatment provided to the thousands of individuals who sought treatment from us, and are alive today, in large part, because of the programs offered by Cenikor. Whether from a grant, a major donation, or a ticket to one of our events, our donors are of paramount importance to us, so I want to thank each and every one of those who contributed to our success.

Of course, I would be remiss if I did not speak to the leaders who comprise our Board of Directors. The diversity of experience offered by our Board helps with every aspect of our mission. Their leadership during these recent times of change has been inspirational to our leaders and our staff. The Board has been focused at a strategic level on guiding Cenikor to success, growth, and excellence in our compliance.

As we enter our 55th year of operation, we remain focused on improving the lives of our clients well beyond recovery.

A handwritten signature in black ink that reads "Bill Bailey". The signature is fluid and cursive, with a long, sweeping tail on the last letter.

Bill Bailey, President/CEO

EXECUTIVE LEADERSHIP

Bill Bailey
President/CEO

Matt Kuhlman, CPA
Vice President/CFO

Kellee Webb, SPHR
Vice President/CHRO

Angel Hull,
PhD, MSSW, MBA, PMP
Vice President, Clinical Services

Dan Reynolds
Senior Regional Director

Danielle Craig, MS, LCDC
Senior Regional Director

Dr. Sabih Faraz, MBA (HM)
Senior Regional Director

Brian Reeves
Senior Director, Marketing

CORPORATE MANAGEMENT

Cenikor's 55-year legacy is built on positive actions and growth fueled by continual improvement. We take great pride in the accomplishments, accolades, and awards we have earned since our founding. Whether it is an accolade from a former U.S. president or a success story from a Cenikor client, we appreciate the recognition we have received, and we renew our commitment to excellence year after year.

Cenikor's senior leadership team has a total of nearly 90 years of professional experience with the company, as well as extensive experience from a variety of other sectors of our economy before joining Cenikor. That experience is uncommon, and quite literally differentiates Cenikor from other treatment programs. More notable is our leadership's irrepressible willingness to contribute "hands-on" at all aspects of corporate operations. This unstoppable "can-do" attitude is infectious, and permeates throughout the organization.

FACILITY LEADERSHIP

We're dedicated to finding the right program for each person as they work to rebuild lives and relationships damaged by addiction. We help nearly 10,000 people per year on their individual roads to recovery – and to a better, healthier life.

Our therapeutic treatment programs have evolved to include supportive prevention services, outpatient substance use disorder treatment, withdrawal management services, mental health treatment for co-occurring disorders, residential therapeutic treatment services, and recovery housing. Each facility in the Cenikor network of

treatment centers has a significant degree of operational autonomy, to reflect the differences in the various communities we serve. The managerial experience of our facilities reflects the same level of operational experience exemplified by our senior leadership team. With the support of federal, state, and local legislators, as well as other government referral partners, Cenikor facilities are dedicated to serving the unique and ever-evolving needs of the communities we serve.

LETTER FROM THE CHAIR



It is an honor to serve as Board Chair of Cenikor. My 42-year corporate architectural career aligns closely with Cenikor: Values-driven and focused on success and growth.

As the Chairman and CEO of HKS, I led the firm through a profound economic growth period. Values-based principles guided our company's market sectors – healthcare, sports, education, residential, hospitality, education, commercial, and government – leading to both geographic and financial expansion. We developed a clear, focused purpose: Client service, and specifically understanding their business models were key to our growth, change, and success. We cross-trained our staff

so each professional understood all market sectors. We researched and published to raise the public's awareness of our firm and became thought leaders in the industry.

When I recently began my second tenure on Cenikor's Board, I saw many of the same principles at work. This is a high-performing Board and leadership team. Healthcare is one of the most heavily regulated environments, yet through visionary foresight and leadership, Cenikor moves with great adaptability and agility to the ongoing changes in needs and government regulations.

Cenikor isn't alone in facing challenges within the behavioral health industry, but we have the capabilities to meet these demands. Our clients also experience change with newly emerging drugs, as well as alcohol. Many of them have issues with unhealthy behaviors beyond substance use. They have environmental, family, financial, and mental challenges as well. Cenikor assists them in getting to the root causes of their problems and helps them build a tool box to make changes and deal with life without returning to drugs or alcohol. Cenikor profoundly affects their abilities to develop the skill set to survive and thrive.

I quickly realized the transformation in clients' lives resulting from the lasting impact of Cenikor.

Once again, as a Board member, and now chair, I find myself among an industry's thought leaders. We have a model that works. I want to continue our success by replicating our model in other communities. The work we do, the changes we facilitate, not only bring peace to individuals, it transforms entire communities by returning our clients to productive citizens.

Cenikor has a wonderfully trained staff. We will continue to support each of these caregivers, focusing on their training and productivity. We will measure statistics and ask the hard questions: How well are we doing? How do we compare to other treatment centers? And we'll continue to invigorate the Board and leadership team.

I look forward to the coming year. By applying our principles and values, we can be assured of continued growth and success.

A handwritten signature in black ink that reads "H. Paul Howard".

BOARD OF DIRECTORS

Ralph Hawkins
Chairman of the Board

Patrick Dugan
Secretary

Alex Howard
Treasurer

Bill Bailey
Dr. Kelty Baker

Geoff Crabtree

Rick Fountain

Rick Grinnan

Larry Hobbs

Scott Jones

Bruce LaBoon, Emeritus

John Marmaduke

Willie Mount

Chris Nicosia

Abelino "Abel" Reyna

Bentley Sanford

Dr. Joy Schmitz

Michael D. Viator

My Near Death Experience

“It’s a miracle I’m still alive...”

We hear this refrain from many Cenikor clients. This gentleman's life was actually saved by the actions of quick-thinking, well-trained, caring staff. Other lives are changed because of their own readiness and determination, and also because our clinical, medical, and support staff see them as individuals and help them begin the long, thoughtful process of recovery.

My accident and almost made it. I started doing better shortly after and had completely given up to years later I decided I didn't want to live this kind of life anymore so I decided to go to Austin, TX. I realized I didn't want to live in a halfway dealing with probation so I had the extra motivation to go. Due to my being abusive over the years my sister had gotten really bad, so when I came I was dealing with a really bad and I didn't want to rely on her to help. So instead I got what I thought was a good idea. Admittedly I would have taken a lot of time to adjust to the new environment, but for

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I'm 25 years old and have been addicted to opiates since I was 10 years old. I started off by taking 10mg hydrocodone pills. I took these everyday for about 7 or 8 years. Around 18 or 17 years old I had successfully quit with the help of my best friend of 10 years and my current girlfriend at the time. One day when I was 19 I got a call saying she got in a car accident and didn't make it. I started doing heroin shortly after and had completely given up. 6 years later I decided I didn't want to live this kind of life anymore so I decided to go to Austin, TX Cenikor Rehab, not to mention I'm currently dealing with probation so I had the extra motivation to go.

Due to my drug abuse over the years my teeth have gotten really bad, so before I came I was dealing with extreme tooth pain and I didn't want to rely on heroin to help. So instead I got what I thought were oxycodone pills. Normally I would have taken 8 or 10 of them to attempt to get some euphoric feeling from them, but for some reason something told me not to take any more than 3. I took 3 of the Oxy's at 8am that morning on my way to treatment. At about 8:30am I OD'd in the back of my grandmother's car off the 3 pills I had taken. I later found out they were not Oxy's, but Fentanyl pressed pills. We arrived at Cenikor around 12pm. That's when my grandmother realized I wasn't asleep but I had OD'd. She quickly ran into the building and called for help "I had later heard".

The nurses on staff pulled me from the car and Narcan'd me then started CPR because I wasn't responding. When the EMT got there, they pulled me in the ambulance and Narcan'd me again. When I first woke up I had no idea who I was or where I was, I just knew I was in excruciating pain. Once I got to the hospital after about 3 hours I was coherent again and the pain finally subsided. That's when they informed me I had actually taken Fentanyl and not Oxycodone. After having experienced all that and not being able to deny it's a miracle I'm still alive I learned that you never know what you're getting when you buy drugs off the street and thankfully for the first time in a long time I have no desire to use again and I pray God will allow me to remain in that mindset and guide my path.

EDUCATION: PASSPORT TO THE FUTURE

Cenikor's deep commitment to education runs through every aspect of its existence – from a dedication to helping clients become job-ready, to providing tuition reimbursement for employees who want to advance in their careers, to university students moving toward degrees and professional careers.

That commitment begins with President and CEO Bill Bailey. “Early in my career, I had the opportunity to work with two universities and develop a great appreciation for the benefits of higher education. At Cenikor, we have developed programs to help our staff achieve bachelor level and advanced degrees as well as clinical licensure through tuition reimbursement and the Leadership Development program.

“With this foundation, we have built strong relationships with a number of colleges and universities for two reasons: We provide a service to the schools by helping to train and educate their students about substance use disorders, and we are able to recruit talented individuals who are dedicated to our mission. It's an investment that enhances clinical services and workforce development.”

Universities Rely on Cenikor

University students depend on Cenikor to enhance their knowledge and expertise in treating patients who have substance use disorders.

Cenikor's Corpus Christi Facility has enjoyed a relationship with Texas A&M Corpus Christi for more than six years. Master-level psych students who are preparing to become licensed professional counselors complete a one- or two-semester practicum at Cenikor. Treated like all new-hires, they attend orientation and myriad training programs before engaging in manualized therapy overseen by Grace Welply, the facility's Clinical Manager.



“The program allows us to educate the students about recovery as well as job opportunities within Cenikor,” says Facility Director Crystal Aguilar, LCDC. “The practicum offers unique insights because hands-on therapy can be very different from textbook learning.”

Wannigar Ratanavivan, Ph.D., LPC, NCC, Clinical Assistant Professor and Clinical Coordinator for the Department of Counseling and Educational Psychology at Texas A&M University-Corpus Christi, says, “We truly appreciate our long-time partnership with the Cenikor. Our practicum and internship students have gained valuable experience learning from experts and leaders in the substance abuse and mental health field. Through their training, our students have had the opportunity to serve clients and become an agent of change in the community. We look forward to a continued partnership with Cenikor for many years to come.”



In Amarillo, it's nursing students who train at Cenikor.

Valerie Kiper, DNP, MSN, RN, NEA-BC, Regional Dean-Amarillo/Associate Professor, Texas Tech University Health Science Center-School of Nursing, is happy to discuss the benefits of the partnership.

"It is vital that nursing students are exposed to a variety of clinical areas during their time in nursing school, allowing them to gain real world experiences and apply theory to practice. Clinical experience comes in a variety of forms and is the beginning of a learning process that will extend throughout the education of a nursing student – and well into their nursing career. Having clinical sites and affiliation agreements with our community healthcare partners provides that well-rounded experience for our students.

"At Texas Tech University Health Science Center School of Nursing in Amarillo, we are fortunate to have a clinical affiliation agreement with Cenikor, which allows the nursing students to better understand and care for clients who are dealing with addiction and recovery."

In Lubbock, Texas Tech University nursing students begin a similar program in the Fall 2022 semester.

Kyle Johnson PhD, RN, CHSE, Associate Professor/Clinical & Simulation Director, of Texas Tech University Health Sciences Center School of Nursing, says, "TTUHSC School of Nursing is excited to have our students at Cenikor. Partnerships like this with Cenikor will expose students to an area of health care that nursing students do not always get to witness in their training. Cenikor's focus on recovery treatment with adults and youth will provide a meaningful experience to our students as they learn to provide care for clients on a recovery journey."



Also in Lubbock, Zach Sneed, Ph.D., CRC, LCDC, BC-TMH, Director, Master of Science in Addiction Counseling, and Assistant Dean for Outcomes and Assessment, says, "The Master of Science in Addiction Counseling, at Texas Tech University Health Sciences Center, deeply values relationships we've established with industry leaders. It is important that our students are able to gain clinical experiences applying their studies at a variety of facilities across the state – and Cenikor has made that possible."

In Tyler, TX, medical students rotate through Cenikor. The psychiatry residency training program is in its fourth year of one-month rotations for substance use disorder. Arunditi Xantus, M.D., Residency Training Director, Psychiatry, from the University of Texas at Tyler Health Science Center, says, "We get tremendous feedback from our residents. It increases their understanding of a person's struggles and the difference treatment makes. They have the advantage of seeing both inpatient and outpatient care.

"Cenikor's treatment is a strong, well-led program that holds its clients accountable and stops at nothing to help individuals. It continuously updates its services, and its after-care plans are unparalleled.

"Two years ago, we were honored to be recognized as a Partner of the Year. We choose to stay with Cenikor because of the all-around holistic care, providing a safety-net and community resources – that's important for our residents to see."

Dr. Xantus says other University of Texas at Tyler Health Science Center medical programs also enjoy rotations at Cenikor, including internal medicine, family medicine, and, new this year, general preventive medicine.



A Symbiotic Relationship with UWF

Rick Fountain, Cenikor Board member and Dean of the University of West Florida (UWF) College of Business, in Pensacola, FL, invited Bill to serve on the College Advisory Council, along with other business leaders. “We ask these leaders for feedback: Are we giving industries the skills they are looking for in our graduates? Are our graduates prepared? We promise our students certain skills. We want to know if our degrees are relevant.”

Kellee Webb, Vice President and Chief Human Resources Officer, is the first among Cenikor’s staff to seek an MBA through UWF’s College of Business online program. She has completed the first year of the two-year program, and it is already paying off. “The insight I’ve gained is beneficial to my job duties and has broadened my perspective,” she says.

“Working on an advanced degree, working on projects with other students, sharpens interpersonal, critical thinking, and decision-making skills,” Rick explains. “It adds value to an employee’s role.”

That is true for Kellee. “Not only have I brought back initiatives that help the company, I contribute to the leadership team at a different level. Throughout my career, I’ve stayed current in HR issues – an MBA rounds out all areas.

“Around the time I began working on my advanced degree, Cenikor partnered with Capella University, another strong online program. We negotiated discounted tuition as well as grants and scholarships for our employees and their family members. Pursuing advanced education is a lot of work, but I can honestly encourage our staff to do it. It’s possible to balance a career and school and make it work.”

Special Curriculum Benefits BHTs

Cenikor has partnered with Houston’s San Jacinto College to create a curriculum for Behavioral Health Technicians. BHTs across Texas attend the online program at Cenikor’s expense, with all tuition and book expenses paid as well as a monthly stipend. Students who complete the program can take just two more courses to earn an associate degree.

“We want to help our frontline employees grow in their jobs, then advance further,” Kellee says. “We are looking for a similar opportunity for BHTs in New Mexico.”



Education Translates to Care

From Behavioral Health Technicians to Vice Presidents, employees grow in their careers. Counselors, nurses, and physicians grow in their compassion and knowledge of people who are reaching past their substance use to grab a second chance for a better life.

Cenikor is making this happen so that each of our clients has the best care possible – and the opportunity to be Well Beyond Recovery.

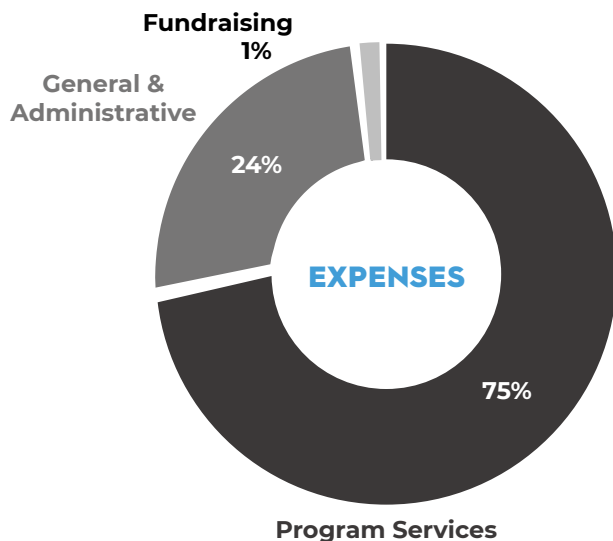
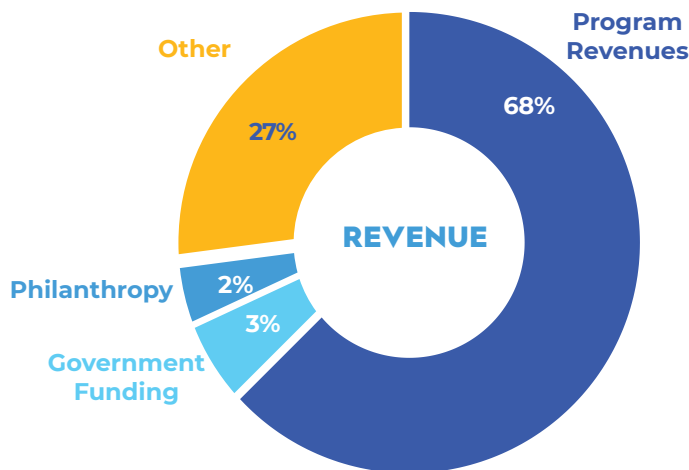
CENIKOR

WELL BEYOND RECOVERY

STATEMENT OF ACTIVITIES

Fiscal Year 2022 (unaudited)

In the past 5 years, Cenikor has had a **51% increase** in revenue and **40% increase** in expenditures.



REVENUE

Program Revenues	\$24,877,986
Philanthropy	\$684,155
Government Funding	\$1,194,089
Other	\$9,769,401

TOTAL REVENUE **\$36,489,631**

EXPENSES

Program Services	\$24,027,801
General & Administrative	\$7,876,733
Fundraising	\$397,133

TOTAL EXPENSES **\$32,301,667**

Total Change in Net Assets \$4,187,964

Net Assets, Beginning of Year \$31,449,446

NET ASSETS, END OF YEAR \$35,637,410

CENIKOR: CELEBRATING 55 YEARS

The First Fifty Years

The men who first gathered in the **1960s** to discuss their issues with drugs and alcohol – and who later formed a residential group in nearby Lakewood, Colorado – would hardly recognize Cenikor today. Still, they would be in awe of our family of services, from medical detox to recovery housing, and they would feel at home in the environment of men and women who support each other in their recovery and sobriety.

“Cenikor had humble beginnings and a storied history,” says President and CEO Bill Bailey, “but its transformation into a large regional program is the true story. Our program has evolved significantly from 55 years ago, or even five years ago. In every way, clinically, with a stronger medical focus, and a greater focus on mental health, and fiscally, it’s a healthier program. I stand on the shoulder of those who led before me.”

In the **1970s**, Cenikor residents supported the program with small industries, participated in unbridled group therapy sessions, and followed three cardinal rules: No threat of physical violence, no drugs, and no “I-don’t-care” attitude. The program expanded to Houston. The Fort Worth Facility opened in the **1980s**, and for the first time, staff members moved out of the facilities and received salaries. Management shifted to an elected board of directors.

More paid staff and 12-step programs heralded the **1990s**. A third facility opened in Baton Rouge.

In the **2000s**, changes began at what seems like warp-speed. Bill Bailey was named President/CEO – the first who was not a Cenikor graduate. Seeing addiction, not as “a catastrophic event, but as a chronic illness,” he introduced a holistic approach to recovery. Education and job skills were emphasized. Services grew to include a full continuum of care: prevention programs, inpatient and outpatient detox, short- and long-term inpatient treatment, outpatient programs, and sober living.

Cenikor prepared its professional staff for more changes in the **2010s**: a central call center, electronic medical records (the first in the industry), adolescent care at Odyssey House, and a facility in Waco, to name a few. Determined to meet community needs, Cenikor filled the gaps when state-funded programs ceased operations. We also established contracts with TRICARE and the VA Community Care Network to provide treatment for the men and women who serve our country.

The **2020s** began with the nation shutting down for COVID-19. But not Cenikor. Our doors remained open, and admissions continued. Technology strengthened programs with enhanced internal communication, telehealth counseling, and virtual outpatient services. In a year of racial strife, Cenikor stressed to employees and clients: Addiction has no color, and neither does recovery.

Cenikor kept its doors open.

That one sentence is a success story, but it doesn’t stop there. In a time of social distancing, intensified cleaning routines, and strict health protocols, Cenikor transformed.



On the face of things were a fresh logo, a new tagline – Well Beyond Recovery – and a more user-friendly website. The changes went deeper. Facilities received face lifts. Education expanded from teaching school prevention programs to training university students. The program gave way to recovery housing for those new to sobriety.

With resources limited because of the pandemic, Cenikor became more creative in providing services. One example is the creation of a remote team of counselors, case managers, RNs, and nurse practitioners that supports all facilities via telehealth. With the help of this team, admissions – even on weekends – never faltered.

The Last Five Years

One of Cenikor's strengths is meeting our clients where they are, whether that means providing care to Native American communities in New Mexico or counseling students during school hours. It also means pivoting care to address the nation's latest drug challenge.

"Over the last few years, we have allocated more resources to co-occurring diagnoses of substance use and mental health," Bill explains. "We added more master-degreed mental health counselors, and healthcare professionals continue to rapidly expand our medication assisted treatment to support this care."

"Our clients, from adolescents to veterans, are presenting with more complex medical and behavioral health issues," says Vice President of Clinical Services Angel Hull, Ph.D., MSSW, MBA, PMP. "Many have multiple diagnoses with substance use disorder. They need more community resources."

Senior Regional Director Dr. Sabih Faraz sees this phenomenon at Odyssey House, Cenikor's residential program for adolescents. "At one time," Sabih explains, "up to 75 percent of our adolescent population had problems with marijuana. Now opioid use has increased, and we're seeing more teens whose underlying causes of substance use are mental health issues and trauma – human trafficking, for example."



Medication-Assisted Treatment (MAT)

More often, clients are presenting unaware they have fentanyl in their system. While fentanyl may currently be pushing opioids out of the headlines, the medical and behavioral health communities are dealing with both. Withdrawal issues have made medical assisted treatment (Medication-Assisted Treatment) key to successful recovery.

FDA-approved medication, prescribed for six months to one year, combined with psychosocial therapy, helps clients get past the physical and psychological symptoms of opioid withdrawal. A medical director and nurse practitioner in each facility oversee this clinical and medical model. A registered nurse coordinates the corporate-wide program.

In addition to a patient-centered treatment plan and admission to Cenikor's residential services, if needed, clients have access to telehealth services, referral to community resources, and family support systems.

"This is just one example of the need to stay timely and relevant," Angel says. "We make data-driven decisions based on community needs. If we're not serving our clients, we're not doing any good."

Employee Engagement

Responding to our clients' needs begins with a caring, engaged, and qualified workforce. Cenikor employees have never had more opportunities for growth and success. You'll read about educational opportunities elsewhere in this annual report.

Kellee Webb, SPHR, Vice President and Chief Human Resources Officer, recently attended a meeting of her professional organization where she was gratified to learn Cenikor's employee engagement programs set an example. "Our programs are more robust than most nonprofits and many private corporations. I continue to be proud that Cenikor values its employees."

The LEAD program, which started in the last decade, has expanded to engage employees in the first 90 days when they initiate Career Path Planning. In a meeting with their hiring manager and an HR representative, new employees look at their current role, short- and long-term career goals, skills that need to be learned or sharpened, and ways Cenikor can support their development.

Newly hired or promoted managers and directors receive specific guidance and training for topics ranging from budgeting to process improvement.

Full-time employees can apply to the LEAD program and take advantage of weekly mentoring, additional tuition reimbursement, and training based on career goals. Mentorship is an employee favorite because the new knowledge and insight impart perspective.

Newest for employees is the Big 5. Annual reviews are a thing of the past. Every 60 days, team members meet with their supervisors to determine their five most significant accomplishments, set five top priorities, document development, and request assistance. This is an opportunity for managers to coach and align priorities. Employees are drivers of the process, while managers stay better informed. Reviewing a sixty-day, rather than twelve-month period, increases engagement and accountability.



Prevention Services

Cenikor's prevention programs in Amarillo, San Marcos and Tyler, Texas, reach people across the life span, helping them recognize and meet challenges caused by societal and mental health issues, from isolation to trauma. By talking with students, as well as parent and community groups, Prevention Specialists address self-image and coping skills; peer and media pressure; tobacco, alcohol, and drug education; social and emotional regulation skills; and overall health and wellness.

"Each age group has struggles," says Prevention and Youth Recovery Community Director Carla Merritt, LMSW, CPS. "People want to make good decisions. We give them information, tools, and resources that are positive and helpful."

Several years ago, we partnered with Katy Independent School District to place a counselor in its alternative school to help with substance use disorder and behavioral health issues. The convenience of participation during school hours increased engagement for students and parents. The program has recently expanded to Clear Creek, Aldine, and Midway ISDs.

In the last three years, the prevention program added a Youth Recovery Program on college campuses. Peer specialists meet with students one-on-one and sponsor sober activities.

Recovery Housing

Perhaps the most sweeping change over the last five years, is the transition to Recovery Housing. This residential program offers a safe environment for clients, with 30 days of sobriety, to concentrate on their recovery while they prepare to re-enter their community. Whether they have a job or are preparing for one, with staff guidance, clients learn important life skills such as budgeting, foster a recovery network, and gain tools to maintain long-term recovery.

Structured staff and peer support prepares residents for long-term recovery and independent living. Each phase of the program is clearly defined with attainable goals before moving to the next phase. Long-term success is the goal, rather than a prescribed length of stay.



Expansion into New Mexico

Cenikor's newest facility in Farmington, New Mexico, added in May 2022, brought unique issues and a new culture to the conference table. The 43-bed facility sits on the border of Navajo Nation. "We are pleased to welcome Farmington to the family, where 70 percent of the facility's staff and 60 percent of its clients are Native American," Bill says.

"Alcohol is the primary abused substance in this area," explains Facility Director Jolene Schneider, LADAC. "Alcohol can be fatal both from overdose and withdrawal. Twenty-four-hour nursing care is vital."

Cenikor Farmington is the only residential program in a 200-mile radius, and its contract with U.S. Probation draws from all over the state.

"We have served this community since 1978," Jolene says. "We have a dedicated staff well-versed in the community's culture and excellent relationships with our community resources and other providers. With Cenikor, we will do more for our community and, in the end, save more lives."

The staff looks forward to its long-term plans, including more medication assisted treatment, intensive outpatient services, and other programs that will connect clients with services for a longer timeframe, increasing chances of long-term sobriety. Also, in support of Native American spiritual beliefs, the Facility will build a sweat lodge and provide access to spiritual healers.

Fiscal Health

In a year when the organization was transitioning to Recovery Housing and expanding services to meet its clients' needs, Cenikor finished the fiscal year with a strong financial position. Vice President and CFO Matt Kuhlman, CPA, adds, "Strong client census and services with a good payer mix in the latter half of the year, along with our expansion into New Mexico, strengthened our overall financial health."

Bill says, "We have worked to go beyond state-funded programs to increase third party payers to provide high quality care to all clients. The ability to manage our resources through some challenging years has given us the ability to continue to grow and be successful. The first year of the pandemic, we saw a four percent drop in the number of clients served. This year, we saw a 13 percent increase. At a recent state-wide meeting, I learned Cenikor is the only recovery organization to see an increase over pre-pandemic numbers."

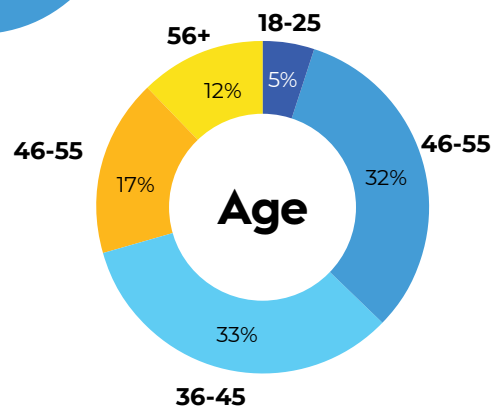
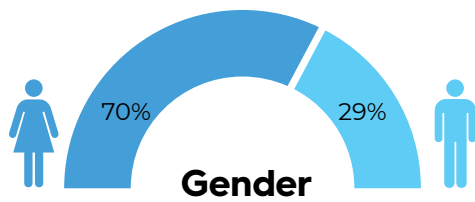
"I must thank the staff for such dedication during challenging times. Our increase is due to their dedication and their focus on good stewardship. They set us up to weather financial challenges and continue to grow. They have prepared us for future growth."

If past is prologue, Cenikor's future is in good hands.

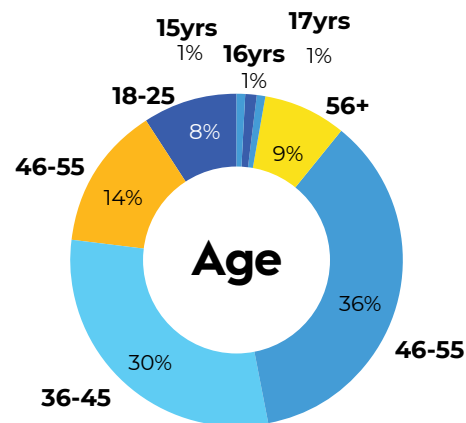
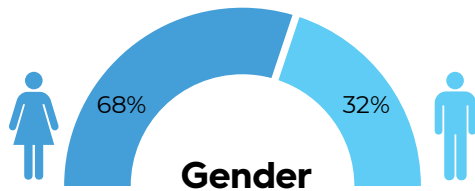


PROGRAM DEMOGRAPHICS

Detox/Withdrawal
3881 Clients Served



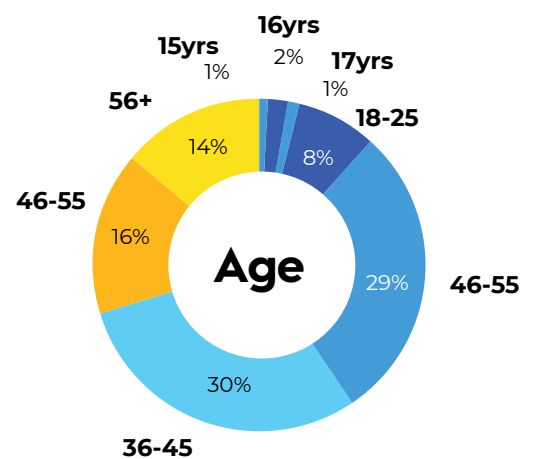
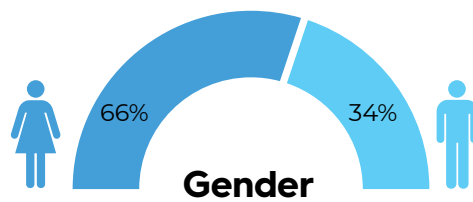
Intensive Outpatient /Outpatient
943 Clients Served





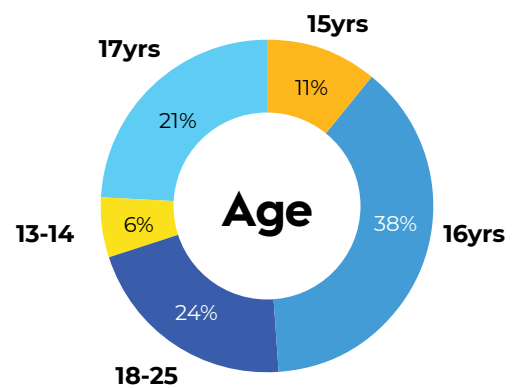
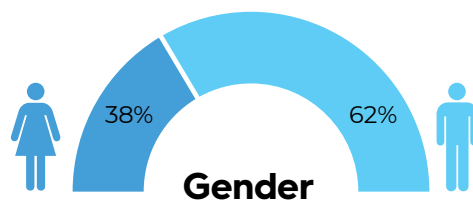
Short-Term Residential

3031 Clients Served

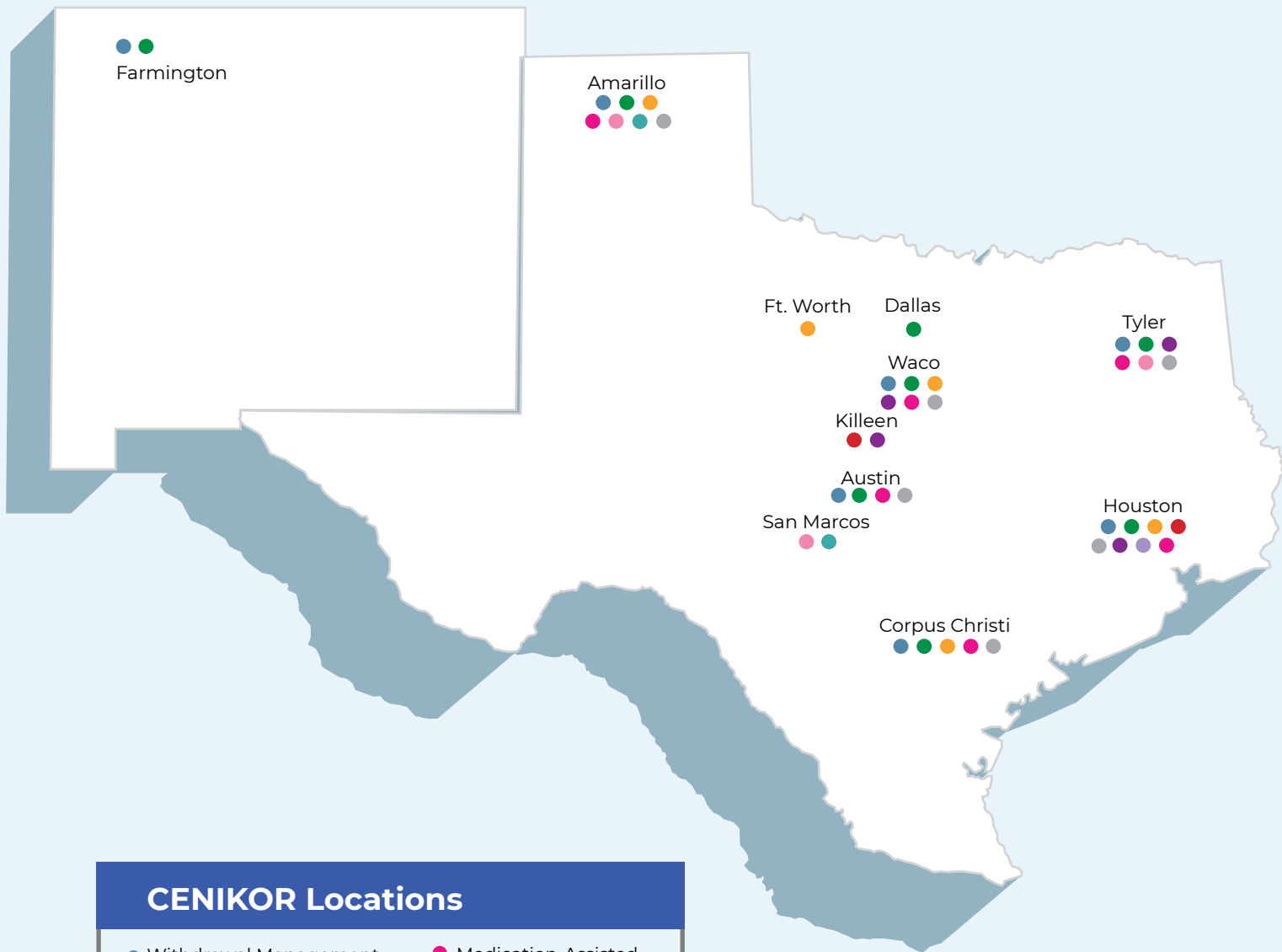


Odyssey House

160 Clients Served



LOCATIONS



CENIKOR Locations

- | | |
|--------------------------|---------------------------------------|
| ● Withdrawal Management | ● Medication-Assisted Treatment (MAT) |
| ● Adult Residential | ● Prevention |
| ● Recovery Housing | ● Youth Recovery Community |
| ● Adolescent Outpatient | ● Recovery Support Services (RSS) |
| ● Outpatient Services | |
| ● Adolescent Residential | |

CONTINUUM OF CARE

Withdrawal Management

Withdrawal symptoms are a major hurdle on the road to recovery. This is a critical period in an individual's recovery journey. At Cenikor, we understand the importance of individualized medical support. We provide around the clock withdrawal management in an inpatient, residential care environment.

[This program is available at our facilities: Amarillo, Austin, Corpus Christi, Farmington, NM, Houston, Tyler, Waco](#)

Adult Residential

Sometimes a person needs continuous support to start recovery. At Cenikor, our short-term inpatient programs provide non-emergency care and treatment in a structured, safe environment.

[This program is available at our facilities: Amarillo, Austin, Corpus Christi, Dallas, Farmington, NM, Houston, Tyler, Waco](#)

Recovery Housing

At Cenikor, we know a stable living environment can mean the difference between recovery and relapse. Our Recovery Housing program, currently for male residents only, provides a safe, structured, and supportive environment where residents can focus on recovery while reintegrating into the community.

[This program is available at our facilities: Amarillo, Corpus Christi, Houston, Ft. Worth, Waco](#)

Adolescent Outpatient

Some adolescents are best served with high-quality, intensive outpatient recovery treatment options. At Cenikor, we developed our Adolescent Outpatient Services program to meet those needs. Our outpatient programs are staffed by licensed clinical counselors who provide evidence-based group counseling programs. Our outpatient satellite model makes it easier for families in under-served communities to participate in and benefit from recovery and behavioral health services.

[This program is available at our facilities: Killeen, Houston](#)

Outpatient Services

The right outpatient recovery program helps individuals get back on track and create healthier, happier lifestyles. At Cenikor, we've developed comprehensive outpatient recovery programs for individuals, groups, and families.

[This program is available at our facilities: Killeen, Houston, Tyler, Waco](#)

Adolescent Residential

At Cenikor, we developed a comprehensive inpatient residential substance treatment program in Houston for young people aged 13-17. Our licensed clinical staff have been trained to help adolescents create healthy lifestyles they can continue into adulthood.

[This program is available at our facilities: Houston](#)

Medication-Assisted Treatment (MAT)

Cenikor's Medication-Assisted Treatment program provides medically supported detoxification and stabilization for adult clients going through active withdrawal symptoms associated with a recent substance use disorder. Behavioral health treatment is used in conjunction with all drug therapies for opioid use disorder.

[This program is available at our facilities: Amarillo, Austin, Corpus Christi, Houston, Tyler, Waco](#)

Prevention

Many substance abuse issues begin in adolescence. We developed the Prevention Services program to educate and assist young people in understanding how to make healthy life choices. Using age appropriate, evidence-based curriculum, students of all ages are taught the skills to build good self-esteem, resist peer and media pressure, and explore activities that support their health and wellness.

[This program is available at our facilities: Amarillo, San Marcos](#)

Youth Recovery Community

At Cenikor, we know young people face unique challenges on the recovery path. Our Youth Recovery Community (YRC) helps young people ages 13-21 navigate their recovery from substance use. This free program supports the entire family as they navigate the recovery process together, giving participants an opportunity to practice teamwork and social skills through community outreach events and leadership opportunities.

[This program is available at our facilities: Amarillo, San Marcos, Tyler](#)

Recovery Support Services (RSS)

Relapse is a common occurrence in the recovery journey. It is critical to get professional support when relapse occurs. Our Recovery Support Services (RSS) work one-on-one with residents to empower them as they work toward a life of sobriety.

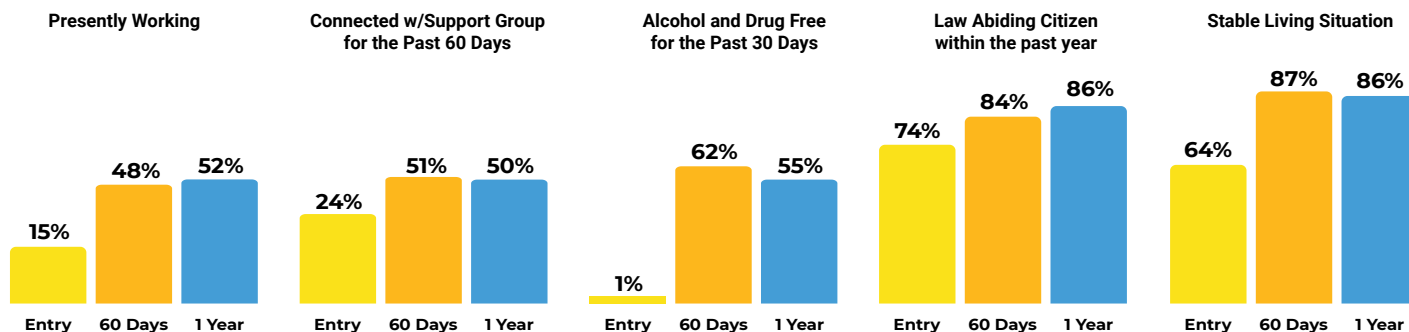
[This program is available at our facilities: Amarillo, Austin, Corpus Christi, Houston, Tyler, Waco](#)

PROGRAM OUTCOMES

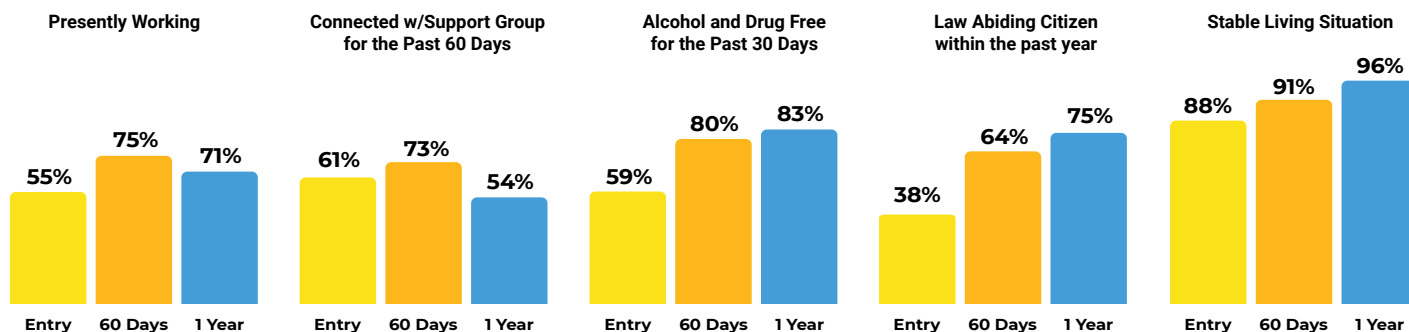
Data based on graduates of the program between July 1, 2021 to June 30, 2022.
As well as responses taken in that timeframe from graduates the year prior.

Adult Program Outcomes

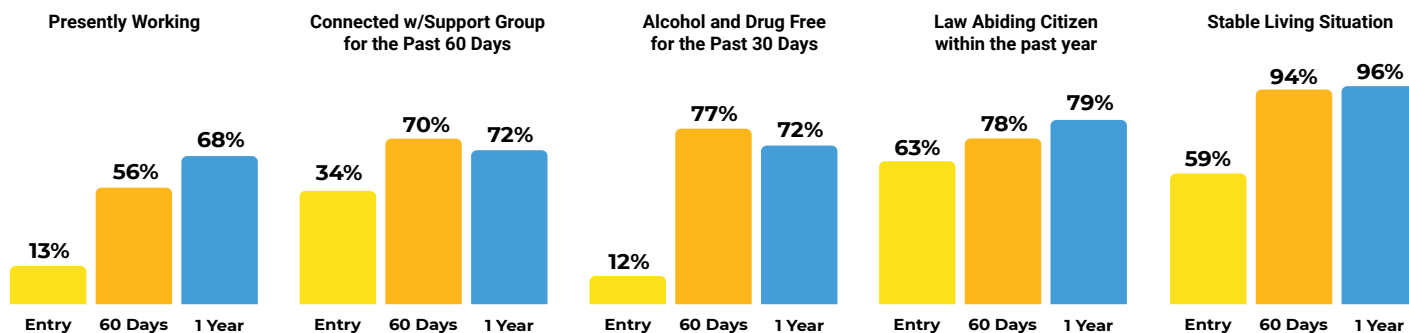
Detoxification Program



Outpatient Program (IOP/OP)



Short-Term Residential

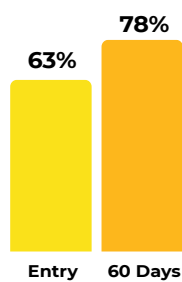




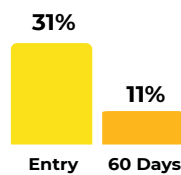
Adolescent Program Outcomes

Short-Term Residential

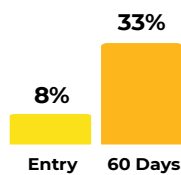
Attending School



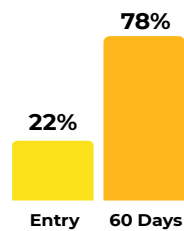
Connected w/Support Group for the Past 90 Days



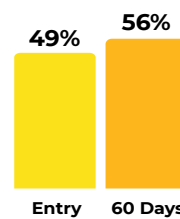
Alcohol and Drug Free for the Past 30 Days



Law Abiding Citizen within the past year



Stable Living Situation



THANK YOU TO OUR GENEROUS SUPPORTERS

Amazon Smile	Jackie Conners	Don Goad
America's Charities	Frank Cromwell	Gold Dust Cosmetic Tattooing
Ayrie Anderson	EB Crook	Cameron Gomez
Josephine Anderson Charitable Trust	Alisa Dabney	Goodwill Industries
Michelle & Bill Bailey	Paula Davis	Amy Granberry
Dr. Kelty Baker	Schenetta Davis	David Gregory
Robert Barben	Pattilou Dawkins	Rick Grinnin
Jessica Bardollar	Chelsea Desormeaux	Eugene Hall
Don Barnhill	Michael Dougherty	Mark Hall
Benevity Community Impact Fund	Patrick Dowling	George and Mary Josephine Hamman Foundation
Steve Blackwell	Duck Brothers Real Estate	Anne Harder
Lilliam Bloom	Dugan Foundation	David Harrell
BNSF Railway Foundation	Diana Duncan	Harrington Cancer and Health Foundation
Bowen, Miclette, & Britt	E&S Construction	Ralph Hawkins
BrandWood Wireless	Elmwood Foundation	HCA Healthcare Foundation
Family of Ed Brandon, in memory	Enterprise Holdings Foundation	Leron Hicks
Bridge Reality	Facebook Followers	High Plains Christian Ministries
Steven Brown	Faith City Mission	Michelle Hinds
Sandra Butts	Jason Faulk	Larry & Stacy Hobbs
Joel and Kim Byers	Johnella Felders	Holmes, Murphy & Associates
Stephanie Campbell	Fidelity Chartitable	Houston Community College
John Cates	The Financial Advisory Group	Houston Inner City Councils and Youth
Chambers County Museum	First United Methodist Church	Houston Methodist
CITGO Petroleum	Fisch Foundation	Angel Hull
Jackye Clayton	Frost Bank	Michael Jenkins
Coastal Bend Day of Giving	James Galbraith	Eric Jeter
Colliers International	Ben Gibson	Sherri Johnson
Communities Foundation of Texas	Perry Gilmore	Kaitlyn Kates
	The Giving Foundation	

THANK YOU TO OUR GENEROUS SUPPORTERS

The Kayser Foundation	Susanne Nemmer	Ron Swanson
Rachelle Kemp	Network For Good	TAM International
Kimble Foundation	North Dallas Air Conditioning & Heating	Andrea Taylor
Kleberg Foundation	Bruce Norvell	Steven Taylor
Matt Kuhlman	Nueces County	Janet Thomas
Sheli Kniveton	Rene Oliver	Tyson Partners Program
Brittany Koehn	Olivia Ortiz	Todd Unger
Kristine Koehn	Jinal Patel	United Way Corpus Christi
Rick Kohen	Paz De Corazon	United Way of Hay County
Randy Kura	Sawntae Peterson	United Way of Greater Philadelphia
Bruce LaBoon	Prosper Waco	The University of Texas Health Science Center at Tyler
Charles W. Lamar Foundation	Deanna Putnam	Eric Upton
Jeanne Larson	Manuel Quiteque	Valero
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Lions Club	Kimberly Reaves	Ware Foundation
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Locke Lord LLP	Karen Reeves	Susan Washburn
Glen Loth	Dr. Kent Roberts and Ilene Roberts Balliett Foundation	Watson Commercial Construction
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Alexia Maness	Bentley Sanford	Welligent
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Monica Martinez	Steve Shelton	Brayn White
David McDonald	Michael Sorge	Amy Wildt
John P. McGovern Foundation	Thomas Spiriti	James Wiswall
Jan Miller	Heather Stephens	Annamarie Woodall
Steve Miller	Lisa Stewart	Stacie Woodall
Chelsea Moore	Stiba Wealth Management	Jennifer Yepma
Willie Mount	Strike Marketing	John Young
Tami Mullranin	Stacy Sustaire	

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Ian Adair	Samantha Brieze	Derrick Dowell	Margaret Hall	Debra King
Gwendolyn Admire	Tynisha Brooks	Kalon Dudley	Kourtney Hamlin	Karlen Kinnebrew
Albany Aldape	Debra Broussard	Pamela Duhart	Cydney Hardeman	Samuel Kirkpatrick
Lisa Allen	Freda Brown	Bridgette Dunn	Monique Hardin	Kristin Klacik
Rhonda Allen	Tikka Brown	Tommy Duplantis	LaCinda Hardy-Constant	Bennetta Knox
Victoria Allen	Catherine Bryant	Amanda Dyer	Porsche Hargrove	Amish Kordia
Demetrio Alva	Will Burns	Kimberly Edwards	Gary Harmon	Kellen Kruk
Robert Alvarado	Kesha Byrd	Carrie Etheridge	Jeanette Harmon	Nicole Kugler
Jacqueline Alvear	Kristine Byrd	Jason Falk	Ashton Harrison	Matt Kuhlman
Stephanie Alzate	Veronica Caldera	Sabih Faraz	Julie Harvell	Tony Lamson
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Lynn Anderson	Lusena Campa	Paula Fields	Laura Hawkins	Erica Lawrence
Tamika Anderson	Tanya Canto	Angelica Flores	Demetrious Hazen	Sandra Laws
Edia Antoine	Morgan Carmichael	Kristy Flores	Melissa Hernandez	Mary Layton-Hall
Sue Argabright	Emma Caro	Teresa Flores	Stacie Hernandez	Tiffany Lease
Kimberly Armenta	Kristal Castillo	Genna Foster	Kenneth Hicks	Jacqueline Lee
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Courtney Austin	Agustin Cervantes	Jarrett Fox	Javier Hinojosa	Amy Lento
Coye Austin	Jennifer Chacon	Chelsi Fredman	Lilan Hinton	Michelle Leonard
Siavash Ayrom	Keith Chapman	Dana Fuller	Susan Hodgman	Candace Lester
Bill Bailey	Monica Charles	Jennifer Gadek	Jennifer Hoff	Zelda Lewis
Shelia Baker	Trashena Chatman	Jessica Gainey	Dakota Hollingsworth	Lillian Limones
Archie Balay	Jeff Cherian	Josefina Galindo	Janelle Holloway	Loretta Linn
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Xanthia Baptiste	Cassidy Clark	Crystal Garcia	Ocie Houston	Samantha Loeza
Jasper Barber	DiShanna Clark	Brenda Garza	Joshua Howard	Heather Lopez
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Michael Blodgett	Devin Daniels	Anica Greathouse	Stephanie Jones	Lorraine Marquez
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Stacie Boccia	Brandi Davis	Daniel Green	Pamela Karnes	Pamela Martin
Brandy Bogue	Carrie Davis	Roger Green	Amy Keen	Veronica Martin
Eileen Bohannon	Steven Dean	Anna Grijalva	Caitlin Kell	Amber Martinez
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Joshua Brandl	Stephen Dickerson	Kayla Guerra	Adam Kenyon	Rose Martinez
Willie Brantley	Savannah Dobson	Connie Guilbeau	Sitora Khakimova	Stephanie Martinez
Kathryn Braunsdorf	Mike Dougherty	Glen Halbison		Natalie Massey
	Sara Douglas			Roy Mathis

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Julie Mayo
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JayIn McBride
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Chelsee McCoy
Lillie McElroy
Anela McIntosh
Allison McLemore
Jason McLemore
Shai'anne Mcadoo
Gerardo Mena
Lizen Merino
Carla Merritt
Larrissa Mexican
Lenora Mitchell
Pamela Mitchell
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Alvin Sinclair
Brittany Singleton
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LaToya Smith
Lindsay Smith
Pamela Smith

Regina Smith
Shay Smith
Vera Smith
Tabatha Snow
Joshua Soehnge
Martha Solis
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