

Short-Term Residential Adolescent Program

Admissions Information/Packing List

If you need to reschedule, you must do so 24 hours before your scheduled appointment time

What Parents Should Bring: (MUST HAVE ALL DOCUMENTS, NO EXCEPTIONS)

- Proof of residence (copy of current lease agreement, electric bill, gas bill, or cable bill, notarized residency statement)
- Proof of income (check stub, last year's tax return, or notarized statement of support for all employed household members of Unemployment Verification Form if not employed)
- Photo/identification card or driver's license (if adolescent has one)
- Birth Certificate AND Social Security Card (copies are accepted)
- Immunization records
- Proof of Insurance

What Adolescents Should Bring:

- Medication(s) must be in prescription bottle with adolescent's and prescribing physician's name on the bottle, bring a 30-day supply
- School records (transcript, report card, or withdrawal form)
- Conditions or probation, court order, CPS documentation, other legal paperwork (if applicable)
- Hygiene items:
 - Body wash/soap
 - o Shampoo & conditioner (recommend 2 in 1)
 - Deodorant
 - Toothbrush/toothpaste
 - o Comb/hair brush
 - Note: No hygiene products with alcohol are allowed

- Shoes must be closed at the toe, sides, and heel. Closed toe shoes must be worn in all common areas
 - 2 pair (black and/or white)
 - 1 pair slipper, flip-flops, and/or shower shoes are permitted only in the dorms
- Clothing should fit appropriately, nothing too large or tight. Clothing must be free from holes, rips, and tears. Pants must not "sag" and must cover undergarments at all times
 - o 5 t-shirts (white shirts for males, black shirts for females)
 - o 2 plain colored t-shirts
 - o 5 khaki pants (for males only)
 - 5 black pants (for females only)
 - o 2 blue jeans
 - o 2 pajama bottoms
 - 2 sleeping shirts
 - o 2 sets of workout/outdoor activity clothing
 - o 7 pairs of underwear (no thongs for females)
 - o 7 bras (must be worn at all times for females)
 - o 7 pairs of socks
 - 1 sweater/jacket (plain color with a zip in front)
 - o 1 brown or black belt

What NOT to Bring:

- No hygiene products with alcohol
- No razors
- No piercings
- No cell phones
- No vape/THC pens
- No over the counter medication
- No towels, blankets, or pillows (these are provided by Odyssey House)
- Books, Bibles, or other reading material (there is a library at Odyssey House and recovery related reading material will be provided)