



**Intensive Residential Program
Admissions Information/Packing List**

What to Bring:

- **30-day supply of bottled prescribed medications**
- **Photo Identification Card**
- **Social Security Card**
- **Proof of income for the last year or proof of unemployment**
- **Proof of insurance**
- **Money for vending machine (one dollar bills and quarters only)**
- **Stamps, envelopes and writing/art materials**
- **Books (limit 3) (ex. faith-based, recovery-based, positive non-fiction, etc.)**
- **Cigarettes (locked at the Nurse/BHT Station. Issued at facility discretion)**
- **Hygiene items:**
 - **Body wash**
 - **Alcohol-free shampoo & conditioner (6th ingredient or lower)**
 - **Toothbrush**
 - **Toothpaste**
- **Shoes (must be closed at the toe, sides and heel.)**
- **Slippers/flips-flops/shower shoes (permitted only in the shower/rooms)**
- **One weeks' worth of clothing:**
 - **Must have jeans or pants to wear during the day, no tank tops.**
 - **Workout clothes are only allowed outside and at the recreation center.**
 - **Sweater, jacket or hoodie**
 - **Undergarments, socks, belts, undershirts:**
 - **Undergarments are required at all times, and women must wear a bra.**
 - **Clothing should fit appropriately—nothing too large or tight. Clothing must be free of holes, rips and tears.**

Clothing NOT permitted:

- **Clothing/accessories advertising, advocating or displaying:**
 - **Alcohol**
 - **Drugs**

- **Gambling**
- **Tobacco**
- **Affiliation with a gang**
- **Political messages**
- **Obscenities**
- **Profanity**
 - **Racist, sexist and/or sexually suggestive slogans, symbols and/or pictures**
- **Halter/tank/tube tops, tops with no straps or spaghetti straps, midriff-length tops, shirts that are too tight or reveal too much chest, cleavage, waist or back.**
- **Pants with logos/words across the backside**
- **High/medium heels/Sandals /“Crocs” (any shoe that do not enclose the entire foot)**
- **Large or expensive jewelry**
- **Mouth jewelry/“grills” and/or excessive facial piercings must be removed prior to admission.**

What NOT to bring:

- **Cell phones**
- **Contraband of any kind**
- **Sharp objects including but not limited to:**
 - **Knives**
 - **Sewing needles**
 - **Knitting hooks**
- **Electronic cigarettes**
- **Radios or MP3 players**
- **Tablets/Laptops**
- **Hygiene Items:**
 - **Bar soap**
 - **Products with alcohol**
 - **Perfume/cologne or aerosol spray**
 - **Fingernail polish, remover, or fingernail clippers**
 - **Tweezers**
- **Food, gum, or candy, or breath mints**
- **Over the counter (OTC) medication**
- **Towels, blankets, or pillows; these items supplied by the facility**
- **Large amounts of cash**

Visitation:

- **Visitation schedules and free times for phone calls vary by facility.**

Client Dress Code

- **Jean or pants/Capri pants—must be free of holes, rips and tears. Pants must not “sag” and must cover undergarments at all times.**
- **Men must wear shirts tucked-in and pants must be worn with a belt.**
- **Dresses (permitted only when required for religious purposes or cultural tradition. Subject to pre-approval by Facility Director).**
- **Robe and/or appropriate sleepwear. “Pajama pants” are permitted only for bedtime and may not be worn outside the dorms.**
- **If issued, name tags are to be worn at all times. They will be worn on the outside layer of clothing and on the upper, left chest.**

***If you need to reschedule, then please do so 24 hours before your scheduled appointment time.**